

PEAPOD SOLUTIONS LTD.

288a

Please complete in typescript,
or in bold black capitals.

APPOINTMENT of director or secretary (NOT for
resignation (use form 288b) or change of particulars
(use form 288c))

Company Number

3333951

Company Name in full

BRITISH ASSOCIATION OF
NUTRITIONAL THERAPISTS



* F 2 8 8 A F 7 0 *

Date of appointment Day Month Year
20 3 97

Date of Birth Day Month Year
26 2 33

Appointment
form

Appointment as director



as secretary



Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

* Style / Title

MRS

* Honours etc

Notes for completion
appear on reverse.

Forename(s)

JOAN MARY

Surname

LINDLEY

Previous
Forename(s)

Previous
Surname(s)

MC GILL

Usual residential
address

61 SANTA CROZ DRIVE, SOVEREIGN HARBOUR

Post town

EASTBOURNE

Postcode

BN23 5TA

County / Region

EAST SUSSEX

Country

ENGLAND

† Nationality

BRITISH

† Business occupation

HEAD OF POST-GRAD. STUDIES
INSTITUTE FOR OPTIMUM NUTRITION

* Voluntary details.

Other directorships
(additional space overleaf)

† Directors only.

Consent signature

I consent to act as ** director / secretary of the above named company

Joan E Lindley

Date

25.3.97

A director, secretary etc must sign the form below.

Signed

Linda Lazarides

Date

25/3/97

** Please delete as appropriate

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available, a
DX number and Exchange of the
person Companies House should
contact if there is any query.

Linda Lazarides, 2 Hampden Lodge

Hailsham Rd, Heathfield, E. Sussex

TN21 8AE

Tel 01825 872914

DX number

DX exchange



A18 *AW6H9UHD* 512
COMPANIES HOUSE 01/04/97

Form revised March 1995

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.