PEAPOD SOLUTIONS LTD.

Please complete in typescript, or in bold black capitals.

288b

RESIGNATION OF DIRECTOR OR SECRETARY (NOT for appointment (use form 288a) or change of particulars (use form 288c))

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh

Company Number	3333951
Company Name in full F288BF70 *	British Association of Nutritional Therapists
Resignation form	Day Month Year
Date of resignation	18 10 97
Resignation as director	as secretary Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.
NAME * Style / Title	M S * Honours etc
Please insert Forename(s)	LINDA ANN
details as previously Surname notified to Companies House.	LAZARIDES Day Month Year
If cessation is other than resignation, please state reason.	17 10 54
	A serving director, secretary etc must sign the form below.
* Voluntary details. † Directors only.	Rinda Rajardes Date 22/10/97
Please give the name, address, telephone number and, if available,	(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver MRS DEBORAH BESWICK, 94 SHELL ROAD
a DX number and Exchange of the person Companies House should	LEWISHAM, LONDON SEI3 7DF
contact if there is any query.	Tel 0181 692 4666
	DX number DX exchange
A14 *ARSE90L1* 675	When you have completed and signed the form please send it to the Registrar of Companies at: Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2ER

Form revised March 1995