

PEAPOD SOLUTIONS LTD.

288a

Please complete in typescript,  
or in bold black capitals.

APPOINTMENT of director or secretary (NOT for  
resignation (use form 288b) or change of particulars  
(use form 288c))

Company Number

3333951

Company Name in full

BRITISH ASSOCIATION OF  
NUTRITIONAL THERAPISTS



\* F288AF70\*

Date of appointment Day Month Year  
20 | 3 | 97

Date of Birth Day Month Year  
22 | 10 | 1934

Appointment  
form

Appointment as director



as secretary



Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes.

NAME

\* Style / Title

MRS.

\* Honours etc

Notes for completion  
appear on reverse.

Forename(s)

VERONICA ANN

Surname

GIBSON

Previous  
Forename(s)

Previous  
Surname(s)

CLAXTON

Usual residential  
address

20 CHURCH STREET

Post town

MALDON

Postcode

CM9 5HP

County / Region

ESSEX

Country

BRITAIN.

† Nationality

BRITISH

† Business occupation

TEACHER/NUTRITIONIST

\* Voluntary details.

† Directors only.

Other directorships  
(additional space overleaf)

Consent signature

I consent to act as \*\* director / secretary of the above named company

*Veronica Gibson*

Date

MAR 21, 1997

A director, secretary etc must sign the form below.

Signed

*Linda Lazarides*

Date

25/3/97

\*\* Please delete as appropriate

(\*\* a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available, a  
DX number and Exchange of the  
person Companies House should  
contact if there is any query.

Linda Lazarides, 2 Hampden Lodge,

Hailsham Rd, Heathfield, E. Sussex

TN21 8AE Tel 01825 872914

DX number

DX exchange



A18 \*AW6HBUHF\* 514  
COMPANIES HOUSE 01/04/97

Form revised March 1995

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh

**Company Number**

† Directors only.

† Other directorships

## NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

## Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.