



Companies House

for the record

Please complete in typescript,
or in bold black capitals.

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3333951

Company Name in full

British Association for Applied Nutrition and Nutritional Therapy

Date of
appointment

Day Month Year

2 9 1 1 2 0 0 8

†Date of
Birth

Day Month Year

1 4 0 7 1 9 6 4

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

Notes on completion
appear on reverse.

NAME

*Style / Title

Ms

*Honours etc

Forename(s)

Catherine

Surname

Honeywell

Previous
Forename(s)

Previous
Surname(s)

†† Usual residential
address.

7 The Spinney

Post town

Ongar

Postcode

CM5 9HP

County / Region

Essex

Country

UK

†Nationality

British

†Business occupation

NUTRITIONAL
THERAPIST

†Other directorships
(additional space overleaf)

Consent signature

I consent to act as ** director / secretary of the above named company

C Honeywell

Date

3/2/09

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

11/12/08

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do it will help Companies House to



A42 26/03/2009 179
COMPANIES HOUSE

A36 06/02/2009 145
COMPANIES HOUSE

Form 10/03

BANT

27 Old Gloucester Street, London WC1N 3XX

Tel 0870 606 1284

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh 2

Company Number 3333951

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.