

Please complete in typescript, or in bold black capitals.

## 288a

DX 33050 Cardiff

DX 235 Edinburgh

## Appointment of director or secretary

| ·   | Company Number                                      | 3333 951  |  |  |
|---|---|---|--|--|
| Company Name in full  |   | BRITISH ASSOCIATION OF  |  |  |
|   |   | NUTRITIONAL THEKAPISTS  |  |  |
| ¥ F 2 8 8   | A018 × Dappoin                                      | Day Month Year Day Month Year ate of the IS 10 97 Date of Birth 17 05 35                                      |  |  |
| Appointme   | nt Appointment as director                          | as secretary  Please mark the appropriate box. If appointment is as a director and secretary mark both boxes. |  |  |
| form  | NAME *Style / Title                                 | MRS *Honours etc  |  |  |
| Notes on complet<br>appear on reverse                           |   | MONICA MARY   |  |  |
|   | Surname   | RICHARDSON  |  |  |
|   | Previous<br>Forename(s)                             | Previous<br>Surname(s) <sup>多さ</sup> けい   |  |  |
|   | Usual residential<br>address                        | 101, MALMAINS WAY   |  |  |
|   | Post town   | BECKENHAM Postcode BR3 6SF  |  |  |
|   | County / Region                                     | KENT Country ENGLAND  |  |  |
|   | †Nationality  | BRITISH †Business occupation  |  |  |
|   | †Other directorships<br>(additional space overleaf) | I consent to act as ** director / secretary of the above named company  |  |  |
| * Voluntary details.  | Consent signature                                   | murkuhardson Date 29/10/97  |  |  |
| † Directors only.   |   | A director, secretary etc must sign the form below.   |  |  |
|   | Signed  | Date 28. 10.97.   |  |  |
| ** Please delete as   | appropriate   | (**a director / secretary / administrator / administrative receiver / receiver manager./ receiver)            |  |  |
| Please give the name, address,                                  |   | Deborah Beswick, 94 SHKIL ROAD,   |  |  |
| telephone number and, if available, a DX number and Exchange of |   | LAWISHAM, LONDON, SEI3 7DF  |  |  |
| the person Companies House should co                            |   | Tel 0181 692 1398   |  |  |
|   |   | DX number DX exchange   |  |  |
|   |   | When you have completed and signed the form please send it to the   |  |  |

Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in England and Wales

for companies registered in Scotland

Form revised March 1995

A22 \*A1UBF13Z\* 258 COMPANIES HOUSE 12/11/97

COMPANIES HOUSE 30/10/97

|                   | Company Number                   | ,          |
|-------------------|----------------------------------|------------|
| † Directors only. | <sup>†</sup> Other directorships | ,~ * , , , |
|                   |                                  |            |
|                   |                                  |            |
|                   |                                  |            |
|                   |                                  |            |

## **NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

## Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was - dormant

- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.