

COMPANIES HOUSE 15/10/97

Form revised March 1995

288a

Please complete in typescript, or in bold black capitals.

Appointment of director or secretary

	Company Numbe	3326152					
Co	mpany Name in ful	CARE FIRST AT HOME LIMITED					
*F2887	- - · ·	Date of Day Month Year Day Month Year Day Month Year Day Month Year That of Birth 1 09 48					
	Appointment as directo						
form Notes on completion	NAME *Style / Title						
appear on reverse.	Forename(s)	ANTHONY GEORGE					
	Surname	HEYWOOD					
	Previous Forename(s)	Previous Surname(s)					
	Usual residential address	190000111111111111111111111111111111111					
	Post town	Nr HEATHFIELD Postcode TN21 0TP					
	County / Region	EAST SUSSEX Country					
†Nationality †Other directorships (additional space overleaf)		BRITISH †Business occupation DIRECTOR					
		SEE ATTACHED					
Voluntary details. Directors only.	Consent signature	Date 29.9.97.					
Directors only.		A director, secretary etc must sign the form below.					
* Please delete as appro	Signed	Date 39.9.94					
Please give the elephone number an	name, address, and, if available, d Exchange of	(**a director/secretary/administrator/administrative receiver/receiver manager/receiver) MR E WOODHEAD CARE FIRST G-ROUP PLC CARE FIRST HOUSE WHITECHAPEL WAY PRIORSLEE					
<u> [88]611 1811 8 2181 2186 1111614 11 891101 88491 1 891</u>		TELFORD TF2 9SP ^{Tel} 01952-292392 DX number DX exchange					
		When you have completed and signed the form please send it to the Registrar of Companies at: Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff					

for companies registered in England and Wales

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

	Company Number			, *
† Directors only.	†Other directorships		 -	

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

DIRECTORSHIPS

A G HEYWOOD

Care First Group plc	
Alphen Limited	1969735
Cavendish Hyde Limited	1356788
Court Cavendish (Beckton) Limited	2767951
Court Cavendish Capital Limited	3073455
Court Cavendish Care Homes Limited	2216337
Court Cavendish Group Plc	2006738
Court Cavendish Health Care Limited	2321862
Court Cavendish Limited	2216429
Court Cavendish Properties Limited	2213365
Gable House Retirement Homes Limited	2216437
Gable Retirement Homes Limited	1382214
Gainsborough Homes Limited	1336409
Greenacre Group Plc	1654529
Greenacre Residential Retirement	1124015
Homes Limited	
Greenacre UK Limited	093713
Southampton Homebrews Limited	2450969
TCC Group Limited	1539847
Tyro Limited	3223794
Takare Homes Limited	1628942
Takare Developments Limited	2741070
Takare Special Projects Limited	1436235
Architectural Project Design Limited	1661703
Health Limited T/A Health Unlimited	2293942
Kramer Cavendish Limited	
Marrior Cavandish Filmited	