



BLUEPRINT
Company Secretary

Please complete in typescript,
or in bold black capitals.

CHFP055

H5BC 022082 790x6

363a

Annual Return

Company Number **3326152**

Company Name in full **Care First At Home Ltd**

Date of this return (See note 1)

The information in this return is made up to

Day	Month	Year
28	02	2000

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year
28	02	2001

Registered Office (See note 3)

Show here the address at the date of this return.

Any change of registered office must be notified on form 287.

Post town

County / Region

Postcode

Bridge House

Outwood Lane

Horsforth

Leeds

LS18 4UP

Principal business activities

(See note 4)

Show trade classification code number(s) for the principal activity or activities.

8514

If the code number cannot be determined, give a brief description of principal activity.



A41
COMPANIES HOUSE

0611
03/03/00

le

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Register of members (See note 5)

If the register of members is not kept at the registered office, state here where it is kept.

Post town

County / Region

Bridge House

Outwood Lane

Horsforth

Leeds

Postcode LS18 4UP

Register of Debenture holders

(See note 6)

If there is a register of debenture holders and it is not kept at the registered office, state here where it is kept.

Post town

County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please mark the appropriate box

Company Secretary (See notes 8)

(Please photocopy this area to provide details of joint secretaries).

Name

* Style / Title

Forename(s)

Surname

* Voluntary details.

Previous forename(s)

Previous surname(s)

Address

Details of a new company secretary must be notified on form 288a

* Honours etc

Arthur David

Walford

94 London Road

Post town Stanmore

County / Region

Middlesex

Postcode

HA7 4NS

Country

England

Usual residential

address must be given. In the case of a corporation, give the registered or principal office address.

Directors (See notes 8)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title			Day	Month	Year
	* Honours etc			Date of birth	1	3
					0	2
					1	9
					5	6
Forename(s)	Julian Peter					
Surname	Davies					
Previous forename(s)						
Previous surname(s)						
Address	Timberlea					
	South Newton					
Post town	Salisbury					
County / Region	Wiltshire			Postcode	SP2 0QW	
Country	England			Nationality	British	
Business occupation	Director - Corporate Finance					
Other directorships	(See continuation sheet).					

* Voluntary details.

Name	* Style / Title			Day	Month	Year
	* Honours etc			Date of birth	1	0
					0	8
					1	9
					6	1
Forename(s)	Mark					
Surname	Ellerby					
Previous forename(s)						
Previous surname(s)						
Address	Burton Grange					
	Burton Leonard					
Post town	Harrogate					
County / Region	North Yorkshire			Postcode	HG3 3SU	
Country	England			Nationality	British	
Business occupation	Managing Director					
Other directorships	(See continuation sheet).					

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Issued share capital (See note 9)

Enter details of all the shares in issue at the date of this return.

Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share)
Ordinary Shares	2	£2.00
Totals	2	£2.00

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper

in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐
Elective resolutions

(Private companies only)

(see note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

☒

If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☒
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

A. D. Wayford

Date

02/03/2000

† Please delete as appropriate.

† a director / secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to Companies House.

This return includes

24

continuation sheets.

(enter number)

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

J P Sanders Esq
Legal Department, BUPA
BUPA House
15-19 Bloomsbury Way
London, WC1A 2BA
Tel : 0171 656 2302

Directors (Continued)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year
	* Honours etc				Date of birth	0	8
						0	5
						1	9
						5	0
Forename(s)	Graham						
Surname	Smith						
Previous forename(s)							
Previous surname(s)							
Address	Briarfield						
	Moor Lane						
Post town	Burley In Wharfedale						
County / Region	West Yorkshire				Postcode	LS29 7AF	
Country					Nationality	British	
Business occupation	MD - BUPA Care Services						
Other directorships	(See continuation sheet).						

* Voluntary details.

Name	* Style / Title	Mr			Day	Month	Year
	* Honours etc				Date of birth	1	7
						0	2
						1	9
						6	0
Forename(s)	Neil Robert						
Surname	Taylor						
Previous forename(s)							
Previous surname(s)							
Address	Highfield						
	Church Street						
Post town	Goldsborough						
County / Region	Knaresborough				Postcode	HG5 8NR	
Country	England				Nationality	British	
Business occupation	Finance Director						
Other directorships	(See continuation sheet).						

Directors (Continued)

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a.

Name	* Style / Title			
		Day	Month	Year
* Honours etc		Date of birth	0 1	0 9 1 9 4 5
Forename(s)	Arthur David			
Surname	Walford			
Previous forename(s)				
Previous surname(s)				
Address	94 London Road			
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town	Stanmore		
	County / Region	Postcode	HA7 4NS	
	Country	Nationality	British	
	Business occupation	Solicitor		
	Other directorships	(See continuation sheet).		

* Voluntary details.

Name	* Style / Title			
		Day	Month	Year
* Honours etc		Date of birth		
Forename(s)				
Surname				
Previous forename(s)				
Previous surname(s)				
Address				
Usual residential address must be given. In the case of a corporation, give the registered or principal office address.	Post town			
	County / Region	Postcode		
	Country	Nationality		
	Business occupation			
	Other directorships			

Company Number 3326152

Company Name in full Care First At Home Ltd

Current directorships for Julian Peter Davies

Anzac Nursing Service Limited

Anzlond Employment Business Ltd. (dissolved 25/1/00)

Anzlond Nursing Services & Co. Ltd. (dissolved 25/1/00)

Barbara Anne Keene Limited

Barbican Healthcare Plc

Barbican Sportcare Limited

BHL Hospitals Limited

BHL Properties Limited

BHS Leasing (1992) Limited

BHS Leasing (1993) Limited

BHS Leasing (1994) Limited

BHSL Properties Limited

Blackrock Clinic Limited (Republic of Ireland)

Blackrock Group Services Limited (Republic of Ireland)

Blackrock Hospital Limited (Republic of Ireland)

BM Leasing (1992) Limited

BM Leasing (1994) Limited

BMSL Limited

BUPA Administrative Systems Limited

BUPA Building Services Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

BUPA Care Services Limited

BUPA Carefinder Network Limited

BUPA Childcare Limited

BUPA Claims Administration Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

BUPA Clare Park Clinic Properties Limited

BUPA Construction Services Limited

BUPA DentalCover Limited

BUPA Developments Limited

BUPA Dunedin Hospital Limited

BUPA Europe Limited

BUPA Finance No.1 Limited

BUPA Finance No.2 Limited

BUPA Finance PLC

BUPA Financial Securities (1992) Limited

BUPA Financial Securities Limited

BUPA Gatwick Park Hospital Limited

BUPA Gatwick Park Properties Limited

BUPA Holdings (Guernsey) Limited

BUPA Holdings (Jersey) Limited

BUPA Hospital Edinburgh Limited

BUPA Hospital Properties Limited

BUPA Hospitals Limited

BUPA Investments Limited

BUPA Investments Overseas Limited

BUPA IT Services Limited

BUPA Leasing (Dublin) Limited

BUPA Marketing Services Limited

BUPA Media Purchasing Limited

BUPA Medical Centre (1996) Limited

BUPA Medical Centre Croydon Limited

BUPA Medical Centres Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

BUPA Medical Supplies Limited
BUPA Mobile Screening Limited
BUPA Nursing Homes (1997) Limited
BUPA Nursing Homes Limited
BUPA Nursing Homes Properties Limited
BUPA Nursing Limited
BUPA Occupational Health Limited
BUPA Operational Services Limited
BUPA Power & Leasing Limited
BUPA Properties (1994) Limited
BUPA Properties (1995) Limited
BUPA Purchasing Limited
BUPA Re.
BUPA Roding Hospital Limited
BUPA Services Limited
BUPA Travel Services Limited
BUPA Treasury Limited
BUPA Trustees Limited
BUPA Wellbeing Limited
BUPA Worldwide Media Services Limited
Caldaire Independent Hospital Ltd.
Cardiff Medical Services Limited
Charmmedia Limited
CHG Homes Plc
CHP Limited
City Healthcare Limited
Community Care (Cleveland) Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

Community Hospital Partnership Limited

Company Kids Limited

Country House Homes Limited

Country House Limited - Dissolved 7 April 1998

Country House Management Services Limited

Country House Nursing Homes Limited

Crown Nursing Agency Limited

Datahealth Limited

Design Crown & Bridge Limited

Dolphyn Court Properties Limited

Essex Street Investments Limited

FGPH Limited (dissolved 25/1/00)

Flexible Care Services Limited

Flowstack Limited (dissolved 25/1/00)

Fylde Coast Hospital Limited (struck off 24/8/99)

Goldsborough Community Care Services Limited

Goldsborough Developments Limited

Goldsborough East Surrey Limited

Goldsborough Estates Limited

Goldsborough Homecare & Nursing Services Limited

Goldsborough Limited

Goldsborough Property Ltd

Goldsborough Property Services Ltd

Health Care Online Limited

Helping Hands Care Limited

Heronacre Limited

Hospital Finance Investments Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

Hospital Finance Limited

Independent Healthcare Limited

Infocypher Limited (dissolved 25/1/00)

K B Jackson & Son (Developments) Limited

Keemoor Limited

M. Spencer Swaine Limited

Marander Limited

Mariamark Limited

Mercia Health Benefits Services Limited

Mercia Investment Advisers Limited

Montpellier Health Care Limited

Morriscrest Limited

Oakcrest Nursing Home (Harrogate) Limited

Oakcrest Nursing Home (Huddersfield) Ltd

Oakcrest Nursing Home Ilkley Limited

Occupational Health Care Limited

Orchard Nursing Homes Limited

Palladius Limited

Pharmaceutical Care Services Limited

Primrose Care Ltd

Professional Healthcare Services Limited

Professional Locum Services Limited

Professional Management Services Limited

Regency (Macclesfield) Limited

Regency Nannies Limited

Research Outcomes Limited

Select Care Homes (Marketing) Limited (dissolved 18/1/00)

Company Number 3326152

Company Name in full Care First At Home Ltd

Select Care Homes Limited (dissolved 25/1/00)

Selectoption Limited

Silstock Limited (dissolved 25/1/00)

The Helping Hands (UK) Limited

The Regency Hospital Limited

The Yale Hospital Limited

Thorncrest Limited (dissolved 25/1/00)

Timer Estates Limited

Trendclose Limited

Tunbridge Wells Independent Hospital Limited

Vellum Medical Management Services Limited

Past directorships for Julian Peter Davies

BUPA Ireland Limited (Ireland) (16-Jul-1996)

Healthcode Limited (17-Jan-2000)

Current directorships for Mark Ellerby

Anzac Nursing Service Limited

Anzlond Employment Business Ltd. (dissolved 25/1/00)

Anzlond Nursing Services & Co. Ltd. (dissolved 25/1/00)

Barbara Anne Keene Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

BUPA Care Services Limited

BUPA Medical Supplies Limited

BUPA Nursing Homes (1997) Limited

BUPA Nursing Homes Limited

BUPA Nursing Homes Properties Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

BUPA Nursing Limited

Caldaire Independent Hospital Ltd.

Community Care (Cleveland) Limited

Country House Homes Limited

Country House Limited - Dissolved 7 April 1998

Country House Management Services Limited

Country House Nursing Homes Limited

Crown Nursing Agency Limited

FGPH Limited (dissolved 25/1/00)

Flexible Care Services Limited

Flowstack Limited (dissolved 25/1/00)

Fulford Grange Medical Centre Limited

Goldsborough Community Care Services Limited

Goldsborough Developments Limited

Goldsborough Estates Limited

Goldsborough Homecare & Nursing Services Limited

Goldsborough Limited

Goldsborough Property Ltd

Goldsborough Property Services Ltd

Helping Hands Care Limited

Heronacre Limited

Infocypher Limited (dissolved 25/1/00)

Mariamark Limited

Montpellier Health Care Limited

Morriscrest Limited

Oakcrest Nursing Home (Harrogate) Limited

Oakcrest Nursing Home (Huddersfield) Ltd

Company Number 3326152

Company Name in full Care First At Home Ltd

Oakcrest Nursing Home Ilkley Limited

Orchard Nursing Homes Limited

Palladius Limited

Pharmaceutical Care Services Limited

Primrose Care Ltd

Professional Healthcare Services Limited

Professional Locum Services Limited

Professional Management Services Limited

Regency (Macclesfield) Limited

Regency Nannies Limited

Select Care Homes (Marketing) Limited (dissolved 18/1/00)

Select Care Homes Limited (dissolved 25/1/00)

Selectoption Limited

Silstock Limited (dissolved 25/1/00)

The Helping Hands (UK) Limited

The Regency Hospital Limited

The Yale Hospital Limited

Thorncrest Limited (dissolved 25/1/00)

Timer Estates Limited

Trendclose Limited

Vellum Medical Management Services Limited

Past directorships for Mark Ellerby

Actagent Limited (04-Feb-1999)

BHL Hospitals Limited (27-Mar-1998)

BHL Properties Limited (27-Mar-1998)

BHS Leasing (1992) Limited (27-Mar-1998)

BHS Leasing (1993) Limited (27-Mar-1998)

Company Number 3326152

Company Name in full Care First At Home Ltd

BHS Leasing (1994) Limited (27-Mar-1998)
 BHSL Properties Limited (27-Mar-1998)
 BM Leasing (1992) Limited (27-Mar-1998)
 BM Leasing (1994) Limited (27-Mar-1998)
 BMSL Limited (27-Mar-1998)
 BUPA Administrative Systems Limited (27-Mar-1998)
 BUPA Building Services Limited (27-Mar-1998)
 BUPA Carefinder Network Limited (27-Mar-1998)
 BUPA Childcare Limited (27-Mar-1998)
 BUPA Claims Administration Limited (27-Mar-1998)
 BUPA Clare Park Clinic Properties Limited (27-Mar-1998)
 BUPA Construction Services Limited (27-Mar-1998)
 BUPA DentalCover Limited (27-Mar-1998)
 BUPA Developments Limited (27-Mar-1998)
 BUPA Dunedin Hospital Limited (27-Mar-1998)
 BUPA Europe Limited (27-Mar-1998)
 BUPA Finance PLC (20-Apr-1999)
 BUPA Financial Securities (1992) Limited (27-Mar-1998)
 BUPA Financial Securities Limited (27-Mar-1998)
 BUPA Gatwick Park Hospital Limited (27-Mar-1998)
 BUPA Gatwick Park Properties Limited (27-Mar-1998)
 BUPA Health Assurance Limited (04-Feb-1999)
 BUPA Holdings (Guernsey) Limited (03-Apr-1998)
 BUPA Hospital Edinburgh Limited (27-Mar-1998)
 BUPA Hospital Properties Limited (27-Mar-1998)
 BUPA Hospitals Limited (27-Mar-1998)
 BUPA Investments Limited (04-Feb-1999)

Company Number 3326152

Company Name in full Care First At Home Ltd

BUPA Investments Overseas Limited (27-Mar-1998)

BUPA Ireland Limited (Ireland) (16-Jul-1996)

BUPA IT Services Limited (27-Mar-1998)

BUPA Leasing (Dublin) Limited (11-May-1995)

BUPA Marketing Services Limited (27-Mar-1998)

BUPA Media Purchasing Limited (27-Mar-1998)

BUPA Medical Centre (1996) Limited (27-Mar-1998)

BUPA Medical Centre Croydon Limited (27-Mar-1998)

BUPA Medical Centres Limited (27-Mar-1998)

BUPA Mobile Screening Limited (27-Mar-1998)

BUPA Occupational Health Limited (27-Mar-1998)

BUPA Operational Services Limited (27-Mar-1998)

BUPA Power & Leasing Limited (27-Mar-1998)

BUPA Properties (1994) Limited (27-Mar-1998)

BUPA Properties (1995) Limited (27-Mar-1998)

BUPA Purchasing Limited (27-Mar-1998)

BUPA Re. (22-Sep-1998)

BUPA Roding Hospital Limited (27-Mar-1998)

BUPA Services Limited (27-Mar-1998)

BUPA Travel Services Limited (27-Mar-1998)

BUPA Treasury Limited (27-Mar-1998)

BUPA Trustees Limited (27-Mar-1998)

BUPA Wellbeing Limited (27-Mar-1998)

BUPA Worldwide Media Services Limited (27-Mar-1998)

BUPA Worldwide Media Services Limited (12-Jun-1996)

Cardiff Medical Services Limited (27-Mar-1998)

Datahealth Limited (27-Mar-1998)

Company Number 3326152

Company Name in full Care First At Home Ltd

Dolphyn Court Properties Limited (27-Mar-1998)
 Essex Street Investments Limited (27-Mar-1998)
 Goldsbrough East Surrey Limited (04-Feb-1999)
 Health Care Online Limited (27-Mar-1998)
 Hospital Finance Investments Limited (27-Mar-1998)
 Hospital Finance Limited (27-Mar-1998)
 K B Jackson & Son (Developments) Limited (27-Mar-1998)
 Marander Limited (27-Mar-1998)
 Occupational Health Care Limited (27-Mar-1998)
 Primrose Care Ltd (27-Mar-1998)
 Research Outcomes Limited (27-Mar-1998)
 Tunbridge Wells Independent Hospital Limited (04-Feb-1999)

Current directorships for Graham Smith

Anzac Nursing Service Limited
 Anzlond Employment Business Ltd. (dissolved 25/1/00)
 Anzlond Nursing Services & Co. Ltd. (dissolved 25/1/00)
 Barbara Anne Keene Limited
 Bramhope Properties Limited
 BUPA Care Homes Group Limited
 BUPA Care Homes Limited
 BUPA Care Services Limited
 BUPA Medical Supplies Limited
 BUPA Nursing Homes (1997) Limited
 BUPA Nursing Homes Limited
 BUPA Nursing Homes Properties Limited
 BUPA Nursing Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

Caldaire Independent Hospital Ltd.
Community Care (Cleveland) Limited
Country House Homes Limited
Country House Management Services Limited
Country House Nursing Homes Limited
Crown Nursing Agency Limited
FGPH Limited (dissolved 25/1/00)
Flexible Care Services Limited
Flowstack Limited (dissolved 25/1/00)
Fulford Grange Medical Centre Limited
Goldsborough Community Care Services Limited
Goldsborough Developments Limited
Goldsborough Estates Limited
Goldsborough Homecare & Nursing Services Limited
Goldsborough Limited
Goldsborough Property Ltd
Goldsborough Property Services Ltd
Helping Hands Care Limited
Heronacre Limited
Infocypher Limited (dissolved 25/1/00)
Leeds TEC Limited
Mariamark Limited
Montpellier Health Care Limited
Morriscrest Limited
Oakcrest Nursing Home (Harrogate) Limited
Oakcrest Nursing Home (Huddersfield) Ltd
Oakcrest Nursing Home Ilkley Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

Palladius Limited

Pharmaceutical Care Services Limited

Primrose Care Ltd

Professional Healthcare Services Limited

Professional Locum Services Limited

Professional Management Services Limited

Regency (Macclesfield) Limited

Regency Nannies Limited

Select Care Homes (Marketing) Limited (dissolved 18/1/00)

Select Care Homes Limited (dissolved 25/1/00)

Selectoption Limited

Silstock Limited (dissolved 25/1/00)

The Helping Hands (UK) Limited

The Regency Hospital Limited

The Yale Hospital Limited

Thorncrest Limited (dissolved 25/1/00)

Timer Estates Limited

Vellum Medical Management Services Limited

Past directorships for Graham Smith

Goldsborough Assured Properties Plc (09-May-1996)

Goldsborough East Surrey Limited (04-Feb-1999)

Tunbridge Wells Independent Hospital Limited (04-Feb-1999)

Current directorships for Mr Neil Robert Taylor

Anzac Nursing Service Limited

Anzlond Employment Business Ltd. (dissolved 25/1/00)

Anzlond Nursing Services & Co. Ltd. (dissolved 25/1/00)

Company Number 3326152

Company Name in full Care First At Home Ltd

Barbara Anne Keene Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

BUPA Care Services Limited

BUPA Medical Supplies Limited

BUPA Nursing Homes (1997) Limited

BUPA Nursing Homes Limited

BUPA Nursing Homes Properties Limited

BUPA Nursing Limited

Caldaire Independent Hospital Ltd.

Community Care (Cleveland) Limited

Country House Homes Limited

Country House Management Services Limited

Country House Nursing Homes Limited

Crown Nursing Agency Limited

FGPH Limited (dissolved 25/1/00)

Flexible Care Services Limited

Flowstack Limited (dissolved 25/1/00)

Goldsborough Community Care Services Limited

Goldsborough Developments Limited

Goldsborough Estates Limited

Goldsborough Homecare & Nursing Services Limited

Goldsborough Limited

Goldsborough Property Ltd

Goldsborough Property Services Ltd

Helping Hands Care Limited

Heronacre Limited

Company Number 3326152**Company Name in full** Care First At Home Ltd

Infocypher Limited (dissolved 25/1/00)

Mariamark Limited

Montpellier Health Care Limited

Morriscrest Limited

Oakcrest Nursing Home (Harrogate) Limited

Oakcrest Nursing Home (Huddersfield) Ltd

Oakcrest Nursing Home Ilkley Limited

Palladius Limited

Pharmaceutical Care Services Limited

Primrose Care Ltd

Professional Healthcare Services Limited

Professional Locum Services Limited

Professional Management Services Limited

Regency (Macclesfield) Limited

Regency Nannies Limited

Select Care Homes (Marketing) Limited (dissolved 18/1/00)

Select Care Homes Limited (dissolved 25/1/00)

Selectoption Limited

Silstock Limited (dissolved 25/1/00)

The Helping Hands (UK) Limited

The Regency Hospital Limited

The Yale Hospital Limited

Thorncrest Limited (dissolved 25/1/00)

Timer Estates Limited

Trendclose Limited

Vellum Medical Management Services Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

Current directorships for Arthur David Walford

Actagent Limited

Anzac Nursing Service Limited

Anzlond Employment Business Ltd. (dissolved 25/1/00)

Anzlond Nursing Services & Co. Ltd. (dissolved 25/1/00)

Barbara Anne Keene Limited

Barbican Healthcare Plc

Barbican Sportcare Limited

BHL Hospitals Limited

BHL Properties Limited

BHS Leasing (1992) Limited

BHS Leasing (1993) Limited

BHS Leasing (1994) Limited

BHSL Properties Limited

Blackrock Clinic Limited (Republic of Ireland)

Blackrock Hospital Limited (Republic of Ireland)

BM Leasing (1992) Limited

BM Leasing (1994) Limited

BMSL Limited

BUPA Administrative Systems Limited

BUPA Building Services Limited

BUPA Care Homes Group Limited

BUPA Care Homes Limited

BUPA Care Services Limited

BUPA Carefinder Network Limited

BUPA Childcare Limited

BUPA Claims Administration Limited

Company Number 3326152**Company Name in full** Care First At Home Ltd

BUPA Clare Park Clinic Properties Limited

BUPA Construction Services Limited

BUPA DentalCover Limited

BUPA Developments Limited

BUPA Dunedin Hospital Limited

BUPA Europe Limited

BUPA Finance No.1 Limited

BUPA Finance No.2 Limited

BUPA Finance PLC

BUPA Financial Securities (1992) Limited

BUPA Financial Securities Limited

BUPA Gatwick Park Hospital Limited

BUPA Gatwick Park Properties Limited

BUPA Health Assurance Limited

BUPA Holdings (Jersey) Limited

BUPA Hospital Edinburgh Limited

BUPA Hospital Properties Limited

BUPA Hospitals Limited

BUPA Investments Limited

BUPA Investments Overseas Limited

BUPA IT Services Limited

BUPA Marketing Services Limited

BUPA Medical Centre (1996) Limited

BUPA Medical Centre Croydon Limited

BUPA Medical Centres Limited

BUPA Medical Supplies Limited

BUPA Mobile Screening Limited

Company Number 3326152**Company Name in full** Care First At Home Ltd

BUPA Nursing Homes (1997) Limited

BUPA Nursing Homes Limited

BUPA Nursing Homes Properties Limited

BUPA Nursing Limited

BUPA Occupational Health Limited

BUPA Operational Services Limited

BUPA Power & Leasing Limited

BUPA Properties (1994) Limited

BUPA Properties (1995) Limited

BUPA Purchasing Limited

BUPA Roding Hospital Limited

BUPA Services Limited

BUPA Travel Services Limited

BUPA Treasury Limited

BUPA Trustees Limited

BUPA Wellbeing Limited

Caldaire Independent Hospital Ltd.

Cardiff Medical Services Limited

Charmmedia Limited

CHG Homes Plc

CHP Limited

City Healthcare Limited

Community Care (Cleveland) Limited

Community Hospital Partnership Limited

Company Kids Limited

Country House Homes Limited

Country House Limited - Dissolved 7 April 1998

Company Number 3326152

Company Name in full Care First At Home Ltd

Country House Management Services Limited

Country House Nursing Homes Limited

Crown Nursing Agency Limited

Datahealth Limited

Design Crown & Bridge Limited

Dolphyn Court Properties Limited

Essex Street Investments Limited

FGPH Limited (dissolved 25/1/00)

Flexible Care Services Limited

Flowstack Limited (dissolved 25/1/00)

Fylde Coast Hospital Limited (struck off 24/8/99)

Goldsborough Community Care Services Limited

Goldsborough Developments Limited

Goldsborough East Surrey Limited

Goldsborough Estates Limited

Goldsborough Homecare & Nursing Services Limited

Goldsborough Limited

Goldsborough Property Ltd

Goldsborough Property Services Ltd

Health Care Online Limited

Helping Hands Care Limited

Heronacre Limited

Hospital Finance Investments Limited

Hospital Finance Limited

Independent Healthcare Limited

Infocypher Limited (dissolved 25/1/00)

K B Jackson & Son (Developments) Limited

Company Number 3326152

Company Name in full Care First At Home Ltd

Marander Limited

Mariamark Limited

Mercia Health Benefits Services Limited

Mercia Investment Advisers Limited

Minihelp Limited

Montpellier Health Care Limited

Morriscrest Limited

Oakcrest Nursing Home (Harrogate) Limited

Oakcrest Nursing Home (Huddersfield) Ltd

Oakcrest Nursing Home Ilkley Limited

Occupational Health Care Limited

Orchard Nursing Homes Limited

Palladius Limited

Pharmaceutical Care Services Limited

Primrose Care Ltd

Professional Healthcare Services Limited

Professional Locum Services Limited

Professional Management Services Limited

Regency (Macclesfield) Limited

Regency Nannies Limited

Research Outcomes Limited

Select Care Homes (Marketing) Limited (dissolved 18/1/00)

Select Care Homes Limited (dissolved 25/1/00)

Selectchip Limited

Selectoption Limited

Silstock Limited (dissolved 25/1/00)

The Coventry & Warwickshire Hospital Saturday Fund

Company Number 3326152

Company Name in full Care First At Home Ltd

The Helping Hands (UK) Limited

The Regency Hospital Limited

The Yale Hospital Limited

Thorncrest Limited (dissolved 25/1/00)

Timer Estates Limited

Trendclose Limited

Tunbridge Wells Independent Hospital Limited

Vellum Medical Management Services Limited

Past directorships for Arthur David Walford

BUPA Construction Services Limited (24-Aug-1995)

BUPA Worldwide Media Services Limited (12-Jun-1996)

Healthcode Limited (17-Jan-2000)

Marander Limited (05-Dec-1996)

The British United Provident Association Limited (01-May-1999)

Please complete in typescript,
or in bold black capitals.

List of past and present members Schedule to form 363a and 363b

CHFP055

Company Number **3326152**

Company Name in full **Care First At Home Ltd**

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred since
the date of the last return (or in the case of the
first return, since the incorporation of the
company) by
(a) persons who are still members, and
(b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
Care First Group plc				
Bridge House, Outwood Lane, Horsforth, Leeds, LS18 4UP, England.				
Ordinary Shares	2			