

Please complete in typescript, or in bold black capitals.

288a

Appointment of director or secretary

	Company Numb	er 3326152			
Company Name in ful		I CARE FIRST AT HOME LIMITED			
F288A018		Day Month Year Day Month Year			
		pintment 29 09 97 Date of Birth 23 03 56			
Appointment form	Appointment as directed	as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.			
Notes on completion	NAME *Style / Titl	e MR *Honours etc			
appear on reverse.	Forename(s	RONALD JAMES			
	Surname				
	Previous Forename(s	Surname(s)			
	Usual residentia address				
	Post town	ACKLETON Postcode WV6 7JL			
	County / Region	WEST MIDLANDS Country			
	[†] Nationality	BRITISH TBusiness occupation DIRECTOR			
†Other directorships (additional space overleaf) * Consent signature * Voluntary details. † Directors only.		ARENA APACHEDA			
		I consent to act as ** director / secretary of the above named company			
		NAME 29.9-91.			
•		A director, secretary etc must sign the form below.			
** Diagon delet	Signed	Total Strain Str			
** Please delete as appro		("a director / secretary / administrator / administrative receiver / receiver manager / receiver)			
Please give the name, address, telephone number and, if available, a DX number and Exchange of		MR E WOODHEAD CARE FIRST GROUP PLC CARE FIRST HOUSE			
the person Compani	es House should	PRIORSLEE -			
contact if there is any query.		TELFORD TF2 9SPTel 01952-292392			
		DX number DX exchange When you have completed and signed the form please send it to the			
		registral of Companies at:			
COMPANIES HO	U0BQ* 133 USE 15/10/97	Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales or			

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

Form revised March 1995

	Company Number		
Directors only.	[†] Other directorships		
		-	

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

36- 40.