



COMPANIES HOUSE

225

Please complete in typescript,
or in bold black capitals

Change of accounting reference date

Company Number

~~29136~~ 3319706

Company Name In Full

~~MEDICAL CENTRES~~
ADAMS HEALTHCARE LIMITED



NOTES

You may use this form to change the accounting date relating to either the current or the immediately previous accounting period.

- a. You **may not** change a period for which the accounts are already overdue.
- b. You **may not** extend a period beyond 18 months unless the company is subject to an administration order.
- c. You **may not** extend periods more than once in five years unless:
 - 1. the company is subject to an administration order, or
 - 2. you have the specific approval of the Secretary of State, (please enclose a copy), or
 - 3. you are extending the company's accounting reference period to align with that of a parent or subsidiary undertaking established in the European Economic Area.
 - 4. the form is being submitted by an overseas company.

Day Month Year		
The accounting reference period ending		
31	03	01
Day Month Year		
is shortened/extended† so as to end on		
31	12	00

Subsequent periods will end on the same day and month in future years.

If extending more than once in five years, please indicate in the box the number of the provision listed in note c. on which you are relying.

Signed

Andrew D. Longstaffe

Date

15/5/00

† Please delete as appropriate

† a director / secretary / administrator / administrative receiver / receiver and manager / receiver(Scotland) / person authorised on behalf of an overseas company

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query

A.D. LONGSTAFFE, ADAMS HEALTHCARE	
LOTHERTON, WAY, GARFORTH	
Tel 0113 2320066	
DX number 0113 2378304	DX exchange



A12
COMPANIES HOUSE
A50
COMPANIES HOUSE
0641
02/06/00
0155
17/05/00

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales
or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh