



COMPANIES HOUSE

Please complete in typescript,
or in bold black capitals.

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number 3319706

Company Name in full ADAMS HEALTHCARE LIMITED



Date of appointment Day 02 Month 01 Year 2002 †Date of Birth Day 31 Month 01 Year 1958

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

MRS

*Honours etc

B.A. A.C.A.

Notes on completion
appear on reverse.

Forename(s)

KAREN ESMÉ

Surname

EARNSHAW

Previous
Forename(s)Previous
Surname(s)

LOCKWOOD

Usual residential
address

TOP FARM, STOCKMOOR ROAD, MIDGLEY

Post town

WAKEFIELD

Postcode

WF4 4JQ

County / Region

WEST YORKSHIRE

Country

ENGLAND

†Nationality

BRITISH

†Business occupation

CHARTERED ACCOUNTANT

†Other directorships
(additional space overleaf)

ARBORLINE LIMITED

I consent to act as ** director / ~~secretary~~ of the above named company

Consent signature

K. E. Earnshaw.

Date

4/1/02.

* Voluntary details.

† Directors only.

A director, secretary etc must sign the form below.

Signed

Dr. R. H. Adams

Date

7-1-2002

** Please delete as appropriate

(**a director / ~~secretary~~ / administrator / ~~administrative receiver~~ / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

A08
COMPANIES HOUSE*ATZDA7EA*
0774
12/01/02

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh

Company Number 3319706

† Directors only.

† Other directorships

SILVER FOX EQUESTRIAN LIMITED (RESIGNED 2002)

CLIPDEAN LIMITED (DORMANT CO. -- RESIGNED 2001)

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.