

Please complete in typescript,  
or in bold black capitals.

## RESIGNATION of director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

3319706

Company Name in full

ADAMS HEALTHCARE LIMITED



\* F 2 8 8 B C 7 0 \*

### Resignation form

Date of resignation

Day Month Year

23 03 00

Resignation as director



as secretary



Please mark the appropriate box. If resignation  
is as a director and secretary mark both boxes.

NAME

\*Style / Title

MR.

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

J F JOHN F.

Surname

ADEY.

†Date of Birth

Day Month Year

12 05 41

If cessation is other than  
resignation, please state reason

A serving director, secretary etc must sign the form below.

Signed

*John F. Adey*

Date

7 APRIL 2000

\* Voluntary details.  
† Directors only.

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh



A39  
COMPANIES HOUSE

0201  
28/04/00