Package: 'Laserform' by Laserform International Ltd.

Please complete in typescript, or in bold black capitals.	(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))
Company Number	3319706
Company Name in full	ADAMS HEALTHCARE LIMITED
Date of appointment Appointment Appointment as director	Day Month Year 0 4 0 5 2 0 0 0 X as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.
form	is as a unector and secretary mank bottl boxes.
Notes on completion appear on reverse. Forename(s)	CHARLES ALEXANDER
Surname	GREEN
Previous Forename(s)	Previous Surname(s)
Usual residential address	Y HOME FARM, GAULTBY
Post town	YMARKET RAJEN POSTCODE LN8 SJP
County / Region	*LINCOLNSHIRE Country
†Nationality	*BRITISH TBusiness occupation * DIRECTOR
†Other directorship (additional space overlea ್ಷ	- \
Voluntary details. † Directors only.	Date 10 5 200%
**Please delete as appropriate	A director, secretary etc must sign the form below.
Signed	Dr KHAdaim Date is is izour.
	(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)
Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.	Hammond Suddards Edge 2 Park Lane Leeds LS3 1ES



When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales

Tel 0113 284 7000

DX exchange LEEDS

DX number DX 26441

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh

	Company Number	
Directors only.	†Other directorships	MEDICAL SOLUTIONS PLC
		KINGSBRIDGE (FINANCIAL) CTD

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was - dormant

- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.