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Annual Return



Received for filing in Electronic Format on the: 06/02/2009

Company Name: ABF OVERSEAS LIMITED

Company Number: 03313345

Company Details

Period Ending: 05/02/2009

Company Type: PRIVATE COMPANY LIMITED BY SHARES

Pricipal Business Activities:

SIC codes:

74157487

Registered Office

Address:

Register of

Members Address:

Register of Debenture Holders Address:

WESTON CENTRE 10 GROSVENOR STREET

LONDON W1K 4QY ASSOCIATED BRITISH

FOODS PLC GROUP SECRETARIAL

DEPARTMENT

GROUND FLOOR, 50/51

RUSSELL SQUARE LONDON

WC1B 4JA

Details of Officers of the Company

Compa	my Secretary 1:		
Name:	MRS ROSALYN SHARON MENDELSOHN		: 45 OAKLEIGH PARK SOUTH LONDON ENGLAND N20 9JR
Director			
Name:	MR JOHN GEORGE BASON	N Address:	15 STRAWBERRY HILL ROAD TWICKENHAM MIDDLESEX TW1 4QB
			Occupation: FINANCE DIRECTOR
Director	r 2 :		
Name:	MR HARVEY JOHN DAVENPORT	Address:	CLOVERCROFT MAIN STREET GLAPTHORN PETERBOROUGH CAMBRIDGESHIRE PE8 5BE
Date of E	Birth: 29/09/1949 Nationality:	British	Occupation: COMPANY DIRECTOR

Director 3:

Name: MRS ROSALYN SHARON

MENDELSOHN

Address: 45 OAKLEIGH PARK SOUTH

LONDON

ENGLAND N20 9JR

Date of Birth: 18/09/1956 Nationality: British Occupation: SOLICITOR

Director 4:

Name: MR PETER ANDREW

RUSSELL

Address: 27 VALLEY ROAD

RICKMANSWORTH HERTFORDSHIRE

UK

WD3 4DT

Date of Birth: 12/09/1957 Nationality: British Occupation: ACCOUNTANT

Share Capital

Issued Share Capital Details:

Class of Share Number of Aggregate Nominal value

Shares issued of issued Shares

ORDINARY 1218844161 GBP1218844161.00

PREFERENCE 500000000 USD500000000.00

TOTALS

1218844161 GBP1218844161.00

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/02/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:	1218844161 ORDINARY Shares held as at 05/02/2009
Name:	ABF INVESTMENTS PLC
Address:	
Shareholding 2:	500000000 PREFERENCE Shares held as at 05/02/2009
Name:	A.B.F. HOLDINGS LIMITED
Address:	
	Authorisation

Date Authorised: 06/02/2009

Authoriser Designation: director

Authenticated: Yes (E/W)