



Companies House

— for the record —

363a_(ef)

Annual Return

Company Name: **ABF OVERSEAS LIMITED**

Company Number: **03313345**



XCV3ZI7V

Received for filing in Electronic Format on the: **05/02/2003**

Company Details

Period Ending: **05/02/2003**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principle Business Activities:

SIC Codes

7415

7484

*Registered Office:
Address:*

**WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON
SW1X 7LQ**

*Register of
Members Address:*

**GROUND FLOOR
50/51 RUSSELL SQUARE
LONDON
WC1B 4JA**

*Register of Debenture
Holders Address:*

Not Applicable

Details of Officers of the Company

Company Secretary:

Name: **ROSALYN SHARON
MENDELSON**

Address: **45 OAKLEIGH PARK SOUTH
LONDON
ENGLAND N20 9JR**

Director 1:

Name: **HARVEY JOHN DAVENPORT**

Address: **CLOVERCROFT
MAIN STREET
GLAPTHORN
PETERBOROUGH
CAMBRIDGESHIRE PE8 5BE**

Date of Birth: **29/09/1949**

Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

Director 2:

Name: **JOHN GEORGE BASON** *Address:* **15 STRAWBERRY HILL ROAD**
Date of Birth: **24/04/1957** **TWICKENHAM**
Nationality: **BRITISH** **MIDDLESEX TW1 4QB**
Occupation: **COMPANY DIRECTOR**

Director 3:

Name: **PETER ANDREW RUSSELL** *Address:* **27 VALLEY ROAD**
Date of Birth: **12/09/1957** **RICKMANSWORTH**
Nationality: **BRITISH** **HERTFORDSHIRE WD3 4DT**
Occupation: **FINANCIAL CONTROLLER**

Director 4:

Name: **ROSALYN SHARON** *Address:* **45 OAKLEIGH PARK SOUTH**
MENDELSON **LONDON**
Date of Birth: **18/09/1956** **ENGLAND N20 9JR**
Nationality: **BRITISH**
Occupation: **SOLICITOR**

Share Capital

Issued Share Capital Details:

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
ORDINARY	25000040	GBP25000040.00
TOTALS	25000040	GBP25000040.00

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/02/2003, or that had ceased to be shareholders since the made up date of the previous Annual Return.

Shareholding 1:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **ABF GRANDSLAM LIMITED**

Address: **WESTON CENTRE**
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ

Shareholding 2:

25000040 ORDINARY Shares held as at 05/02/2003

Name: **ABF INVESTMENTS PLC**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 3:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **ABF PRIMARY FOODS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 4:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **AB INGREDIENTS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 5:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **ABR CHEMICALS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 6:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **CEREAL INDUSTRIES LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 7:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **THE CITY BAKERIES LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 8:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **THE COUNTRY MAID BAKERIES LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 9:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **COUNTRY TABLE LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 10:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **DAIRY TOPS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 11:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **E. COOKSON & SONS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 12:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **GOLDEN CRUMPETS COMPANY LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 13:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **GOLDEN GIFT TRADING COMPANY LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 14:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **GOLDEN HARVEST BISCUITS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 15:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **JEFFERY'S (CORNISH ICE CREAM) LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 16:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **LIGHT BITE LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 17:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **QUALITY BAKERS OF BRITAIN LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 18:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **RICHARD SHARROCK & SONS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 19:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **THE SUNBLEST CRUMPET CO. LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 20:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **TOOKS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Shareholding 21:

0 ORDINARY Shares held as at 05/02/2003

2 Disposed of in period on 28/01/2003

Name: **VITBE FLOUR MILLS LIMITED**

Address: **WESTON CENTRE
BOWATER HOUSE
68 KNIGHTSBRIDGE
LONDON SW1X 7LQ**

Authorisation

Authoriser Designation: **SECRETARY** *Date Authorised:* **05/02/2003** *Authenticated:* **Yes (E/W)**