



SECRETARIAT

Please complete in typescript,  
or in bold black capitals

288a

**APPOINTMENT of director or secretary**  
**(NOT for resignation (use Form 288b) or change**  
**of particulars (use Form 288c))**

CHFP029

Company Number 3261722

Company Name in full Sainsbury's Supermarkets Ltd

**Appointment  
form**

Date of appointment Day Month Year  
0 2 0 9 2 0 0 2

†Date of Birth Day Month Year  
0 6 0 1 1 9 5 9

Appointment as director

X

as secretary

Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

## NAME

\*Style / Title

MR

\*Honours etc

Notes on completion  
appear on reverse.

Forename(s)

ADAM PETER

Surname

FOWLE

Previous  
Forename(s)Previous  
Surname(s)Usual residential  
address

PRIORY PLACE, LANGAR LANE

Post town

LANGAR

Postcode

NG13 9HB

County / Region

NOTTINGHAM

Country

ENGLAND

†Nationality

BRITISH

†Business occupation

RETAIL DIRECTOR

†Other directorships  
(additional space overleaf)

SEE CONTINUATION PAGE

I consent to act as \*\* director / secretary of the above named company

Consent signature

Date

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

(\*\* a director / secretary / administrator / administrative receiver / receiver-manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

MR W HAMILTON, 33 HOLBORN, LONDON, EC1N 2HT

Tel 020 7695 6379

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

A04  
COMPANIES HOUSE0513  
05/09/02

Form revised July 1998

**Company Number** 3261722

† Directors only.

† Other directorships

LANDMARK LEISURE LTD (02/09/2002)

MILTON KEYNES LEISURE LTD (02/09/2002)

SIX CONTINENTS ENTERTAINMENTS LTD (02/09/2002)

SIX CONTINENTS RETAIL LTD (02/09/2002)

## NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:  
- for a married woman, the name by which she was known before marriage need not be given.

- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

## Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant

- a parent company which wholly owned the company making the return, or

- another wholly owned subsidiary of the same parent company.