Company Number: 3258939

Charity Number: 1058545

# THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY

# TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 1997





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#### **Legal and Administrative Information**

**Company Number** 3258939

**Charity Number** 1058545

**Registered Office** 167-169 Great Portland Street

> London W1N 5FB

#### **Governing Board Trustees**

Officers:

Chair **Honorary Secretary** 

Treasurer Vice Chair

**Under Training Standards Officer** 

**Ethics Officer** 

Chair, Registration Board

**Professional Development Officer** 

**Digby Tantam** Janet Boakes Jean Carr Ann Casement Gill Gorell Barnes Mia Beaumont Helen Tarsh **Geoff Mothersole** 

Georgia Lepper

John Dinwoodie

Chris Williams

Jane Ridley

Joan Evans

Section Representatives:

Analytical Psychology

Behavioural & Cognitive Psychotherapy **Experiential Constructivist Therapies** 

Family, Couple, Sexual and Systemic Therapy

Humanistic & Integrative Psychotherapy

Hypno-Psychotherapy

Psychoanalytically-based Therapy with Children

Sue Washington Psychoanalytic & Psychodynamic Psychotherapy Lesley Murdin Mia Beaumont

**Institutional Members:** 

Association of University Teachers of Psychiatry

**Tavistock Clinic** 

Universities Psychotherapy Association

Mark Aveline Gill Gorell Barnes Emmy van Deurzen

**Special Members:** 

**British Psychological Society** 

Royal College of Psychiatrists

**Ordinary Members:** 

Tom Chamberlain

Jenny Corrigall

**Christine Lister-Ford** 

Alice Stevenson

Lesley Parkinson Michael Crowe

#### Legal and Administrative Information (continued)

**Company Secretary** 

Janet Boakes

**Auditors** 

Lakin Rose Enterprise House Vision Park Histon Cambridge CB4 4ZR

Principal bankers

Barclays Bank plc PO Box 2764 London NW3 6JD

**Charities Aid Foundation** 

Kings Hill West Malling Kent ME19 4TA

**Solicitors** 

Hewitson Becke & Shaw Shakespeare House 42 Newmarket Road

Cambridge CB5 8EP

Bookers and Bolton 24 West Street Alresford SO24 9AT

# TRUSTEES' ANNUAL REPORT (REPORT OF THE DIRECTORS) For the year ended 30 September 1997

The trustees and directors present their annual report and the financial statements for the year ended 30 September 1997.

#### Organisation and structure

The United Kingdom Council for Psychotherapy (UKCP) became a company limited by guarantee without a share capital (registered company number 3258939) on 30 September 1996. All assets and liabilities of the previous charity (registered charity number 801936) were transferred to the new company on 1 October 1996. UKCP is governed by its Memorandum and Articles of Association and an elected Governing Board. It is a registered charity (registered number 1058545).

As an incorporated company UKCP is required to comply with the Companies Act 1985 as well as the Charities Act 1993. This has necessitated some changes in the format and disclosure in the financial statements to comply with current statutory requirements and the requirements of the company's memorandum and articles of association.

#### **Principal activities**

The charity's principal activities continue to be:

- i) to promote the art and science of psychotherapy for the public benefit;
- ii) to promote research and education in psychotherapy and to disseminate the results of any such research; and
- to promote (or assist in the promotion, preservation and protection of public health by encouraging) high standards of training and practice in psychotherapy and the wider provision of psychotherapy for the public.

There have been no material changes in these activities in the last year.

The charity's assets are available and adequate to fulfil its obligations, continue to be applied to the stated objects and their value is as shown in the notes to the accounts.

#### Review of the year

UKCP has continued the process of mapping the profession of psychotherapy through its central role in the Advice, Guidance, Counselling and Psychotherapy Lead Body. The first set of draft psychotherapy standards has now been published, the result of the work of many senior practitioners, coordinated by the Lead Body sub-committee, with the Training Standards Committee.

UKCP has been much involved in the European Association of Psychotherapy (EAP), especially with developing the new European Certificate of Psychotherapy (ECP). Regulations for the European Certificate were agreed at the last AGM of the EAP and the existence of the ECP has already been mentioned in the European Parliament.

We have set up Special Interest Groups and Working Parties to look at particular aspects of UKCP. The roles of the Registration Board and the Governing Board have been under review. The AGM has also been examined in a bid to make it more democratically representative of the number of registrants each delegate represents.

For the first time the chair of the Ethics Committee was elected to the Executive and Finance Committee, and the committee's main work this year has been to develop a unified Appeals Procedure.

Our third professional conference "Development through Diversity: the Therapist's Use of Self" was held in Cambridge this year and was attended by over 200 of our registrants. The second Routledge register was published in November 1996 and the next edition will be published in November 1997 and will include new section flag statements, an improved layout of the geographical breakdown of practitioners, and a list of practitioners who practise in languages other than English. The information department of the office has been expanded and we now have a range of information leaflets available to the public, and a comprehensive Directory of Member Organisations providing training information.

# TRUSTEES' ANNUAL REPORT (REPORT OF THE DIRECTORS) For the year ended 30 September 1997

#### Financial review

UKCP's financial base has continued to grow significantly. Our incoming resources have increased by 24% on last year and are now over £300,000 per year. This is twice what it was two years ago. Both income and expenditure have risen faster than budgeted, income by the greater proportion leading to a surplus on the year's business of £20,923 (shown as the net income in the Statement of Financial Activities on page 5). Together with the increase in value of our investments of £8,182 this has allowed us to turn our negative reserves of last year into positive reserves of £26,757. This figure represents our net worth and is shown at the bottom of the Balance Sheet on page 8.

It is important that we continue to build up our reserves (our long term aim is to have at least 30% of our turnover in reserves). We have begun to put some of our reserves aside into a designated property fund and have committed £2,000 a month for this purpose up to a total of £12,000 at the year end.

Furthermore our auditors are currently in negotiation with HM Customs and Excise about our potential liability to pay substantial VAT back payments on subscription and registration fees and it is essential that we are prepared for an unfavourable outcome.

The vast majority of our income is from individual registration fees. The number of registrants at the end of the year stood at 3,930 which was slightly down on predicted growth. The future is uncertain as the full effects of some of our members having to leave the UKCP register will not be felt until subsequent years. However this year new registration procedures have ensured that all registrants were strictly required to pay their fees on time and no entry is now made to the register before a fee is received. This has helped budgeting and has maximised the interest we have received on our cash balances and investments which have been acquired in accordance with the powers available to trustees.

We would like to thank the member organisations for their hard work in collecting these fees, and Jon Edgell for his major contribution to maintaining and developing the accounts.

#### Statement of directors' responsibilities

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# TRUSTEES' ANNUAL REPORT (REPORT OF THE DIRECTORS) For the year ended 30 September 1997

#### **Trustees**

The trustees who served during the year are shown on the Legal and Administrative Information pages attached to this report. In addition Michael Pokorny served as a trustee until his resignation on 3 March 1997.

#### **Directors**

The directors of the company who served during the year were as follows:

Digby Tantam	(appointed 30 September 1996)
Janet Boakes	(appointed 30 September 1996)
Jean Carr	(appointed 12 January 1997)
Ann Casement	(appointed 30 September 1996)
Mia Beaumont	(appointed 12 January 1997)
Geoff Mothersole	(appointed 12 February 1997)
Georgia Lepper	(appointed 30 September 1996)
John Dinwoodie	(appointed 12 January 1997)
Jane Ridley	(appointed 12 January 1997)
Sue Washington	(appointed 12 January 1997)
Lesley Murdin	(appointed 12 January 1997)
Mark Aveline	(appointed 12 January 1997)
Emmy van Deurzen	(appointed 30 September 1996)
Michael Crowe	(appointed 12 January 1997)
Jenny Corrigall	(appointed 12 January 1997)
Christine Lister-Ford	(appointed 12 January 1997)
Anne Garland	(appointed 12 January 1997)
Michael Pokorny	(appointed 30 September 1996; resigned 3 March 1997)

#### **Directors' interests**

The company is limited by guarantee and consequently does not have any share capital.

#### **Auditors**

The auditors, Lakin Rose, will be proposed for reappointment in accordance with section 385 of the Companies Act 1985.

#### Small company exemptions

The report of the directors has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

This report was approved by the board on 29 - 11 - 97 and signed on its behalf.

Digby Tantam Chair

## AUDITORS' REPORT TO THE MEMBERS OF THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY

We have audited the financial statements on pages 5 to 14 which have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets and the accounting policies set out on page 9.

#### Respective responsibilities of trustees, directors and auditors

As described on page 2 the trustees and directors of The United Kingdom Council for Psychotherapy are responsible for the preparation of financial statements. It is our responsibility to form an independent opinion, based on our audit, on the financial statements and to report our opinion to you.

#### Basis of opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees and directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

#### Opinion

In our opinion, the financial statements give a true and fair view of the charitable company's state of affairs as at 30 September 1997 and of its incoming resources and application of resources, including its income and expenditure, in the year then ended and have been properly prepared in accordance with the provisions of the Companies Act 1985 applicable to small companies.

hakin Rose

Lakin Rose

Chartered Accountants Registered Auditor

Enterprise House Vision Park Histon Cambridge CB4 4ZR

Date: 2 December 1997

# STATEMENT OF FINANCIAL ACTIVITIES For the year ended 30 September 1997

	Note	General fund £	Designated fund £	Total 1997 £	Total 1996 ₤
INCOME AND EXPENDITURE					
INCOMING RESOURCES					
Individual registration fees add: income deferred from prior ye less: income deferred to next year	ar	221,965 139,800 (180,125)	- -	221,965 139,800 (180,125)	171,305 112,633 (139,800)
Organisational subscriptions Professional conference fees Sales of publications Interest receivable Other income		181,640 31,100 78,835 4,144 4,816 1,248	-	181,640 31,100 78,835 4,144 4,816 1,248	144,138 29,600 60,966 4,697 3,517 137
Total incoming resources	2	301,783	-	301,783	243,055
RESOURCES EXPENDED					
Direct charitable expenditure Management and administration	5 5	(219,024) (61,836)	:	(219,024) (61,836)	(232,514) (24,478)
Total resources expended	5	(280,860)	-	(280,860)	(256,992)
NET INCOMING/(OUTGOING) RESOUR BEFORE TRANSFERS	CES	20,923	-	20,923	(13,937)
Transfer to property fund	10	(12,000)	12,000		
NET INCOMING/(OUTGOING) RESOUR FOR THE YEAR	CES	8,923	12,000	20,923	(13,937)
OTHER RECOGNISED GAINS AND	LOSSES				
Realised gains on investments Unrealised gains on investments		8,182	-	8,182	1,170 2,724
NET MOVEMENT IN FUNDS		17,105	12,000	29,105	(10,043)
FUNDS BROUGHT FORWARD		(2,348)		(2,348)	7,695
FUNDS CARRIED FORWARD		£ 14,757	£ 12,000	£ 26,757 s	£ (2,348)

Income and net incoming/(outgoing) resources derive wholly from continuing operations.

The notes on pages 9 to 14 form part of these financial statements.

# INCOME AND EXPENDITURE ACCOUNT For the year ended 30 September 1997

	Note	Total 1997 £	Total 1996 £
INCOME			
Total income	2	296,967	239,538
EXPENDITURE			
Direct charitable expenditure  Management and administration	5 5	(219,024) (61,836)	(232,514) (24,478)
Total expenditure	5	(280,860)	(256,992)
OPERATING SURPLUS/(DEFICIT)	3	16,107	(17,454)
Interest receivable Realised gains on investments		4,816 -	3,517 1,170
NET INCOME/(EXPENDITURE) FOR THE YEAR	11	20,923	(12,767)
Transfer to property fund	10	(12,000)	
RETAINED SURPLUS/(DEFICIT) FOR THE YEAR		£ 8,923	(12,767)

Income and operating surplus/(deficit) derive wholly from continuing operations.

The notes on pages 9 to 14 form part of these financial statements.

## STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES For the year ended 30 September 1997

	Total	Total
	1997 £	1996 £
Net income/(expenditure) for the financial year	20,923	(12,767)
Unrealised change in valuation of investments	8,182	2,724
TOTAL GAINS AND LOSSES RELATING TO THE YEAR	£ 29,105 £	(10,043)

#### BALANCE SHEET As at 30 September 1997

	Note	£		1997 £	£	1996 £	
FIXED ASSETS							
Tangible assets Investments	6 7			14,963 62,347		19,25 24,16	
				77,310		43,4	15
CURRENT ASSETS	_						
Debtors Cash at bank and in hand	8	33,210 150,465			27,796 109,856		
	_	183,675			137,652		
CREDITORS: amounts falling due within one year	9	(234,228)			(183,415)		
NET CURRENT LIABILITIES	-			(50,553)		(45,76	63)
TOTAL ASSETS LESS CURRENT LIABILITIES	<b>i</b>		£	26,757		£ (2,34	— 48) —
UNRESTRICTED FUNDS							
Designated funds General reserves	10		_	12,000 14,757		(2,34	- 48) —
ACCUMULATED FUNDS	11		£	26,757		£ (2,34	48)

The financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the board on 29 - 11 - 97 and signed on its behalf

Jean Carr

Trustee

The notes on pages 9 to 14 form part of these financial statements.

#### NOTES TO THE FINANCIAL STATEMENTS For the year ended 30 September 1997

#### 1. ACCOUNTING POLICIES

#### 1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets referred to at 1.6 below, and in accordance with the Statement of Recommended Practice "Accounting by Charities", and include the results of the company's operations which are described in the Trustees' Report and all of which are continuing.

The comparative amounts for the year ended 30 September 1996 relate to the previous unincorporated charity (registered number 8019360).

The company has taken advantage of the exemption in Financial Reporting Standard No.1 from the requirement to produce a cash flow statement on the grounds that it is a small company.

#### 1.2 Incoming resources

Incoming resources comprises the invoiced value of goods and services supplied by the company, exclusive of Value Added Tax.

Individual registration fees are due for payment by 1 July each year in respect of the 12 month period 1 August to 31 July. The proportion of this income that relates to the future period is deferred to match against future expenditure.

#### 1.3 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Leasehold improvements - 18% straight line
Computers - 25% straight line
Office equipment - 25% reducing balance
Fixtures and fittings - 25% reducing balance

#### 1.4 Operating leases

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to profit and loss account as incurred.

#### 1.5 Resources expended

Those overhead costs which are not directly attributable to charitable activities are apportioned between direct charitable expenditure and management and administration costs on a suitable basis as determined by the Governing Board.

#### 1.6 Fixed asset investments

Investments held as fixed assets are stated at their quoted market values at the balance sheet date. Gains or losses on disposals of such investments are treated as realised. Gains or losses due to changes in the market value of investments are treated as unrealised. All gains and losses, whether realised or unrealised, are shown in the Statement of Financial Activities. Fixed asset investments are accounted for on a 'last in first out' basis.

#### 2. INCOMING RESOURCES

All of the company's incoming resources arose within the United Kingdom.

#### NOTES TO THE FINANCIAL STATEMENTS For the year ended 30 September 1997

#### 3. OPERATING SURPLUS/(DEFICIT)

The operating surplus/(deficit) is stated after charging:

Total	Total
1997	1996
£	£
6,215	6,971
2,000	2,000
794	1,883
3,903	823
19,317	9,434
	1997 £ 6,215 2,000 794 3,903

No trustee or director received any emoluments in the year (1996 - £Nil).

#### 4. EMPLOYEE INFORMATION

No employee earned £40,000 per annum or more.

The average number of employees (excluding trustees), analysed by function was :

The arelage number of employees (excluding fluck	1997 No.	1996 No.
Professional and other services Administration	3 2	3 1
	5	4
		<del></del>

## NOTES TO THE FINANCIAL STATEMENTS For the year ended 30 September 1997

Staff costs Staff salaries	£	£	1997 £		1996 £
Staff salaries					
	52,124	30,612	82,736		71,186
National insurance	5,362	3,149	8,511		7,192
Staff training	498	1,496	1,994		1,300
Staff recruitment	-	-	-		909
	57,984	35,257	93,241		80,587
Conferences and committees					
Professional conferences	74,446	-	74,446		59,188
Committees	20,249	-	20,249		14,958
Europe	4,855	-	4,855		<i>7,455</i>
Conferences	-	-	-		506
	99,550		99,550		82,107
Information				-	
Directory	2,542	-	2,542		1,757
Newsletter and leaflets	13,890	-	13,890		11,362
Register	-	-	-		625
Publicity and promotion	962		962	_	6,277
	17,394	-	17,394		20,021
Office costs and other expenditure					0.470
Moving costs		-	4 0 4 7		9,472 2,530
Computer consultancy	786	461	1,247		2,530 13,388
Printing and stationery	7,479	831 507	8,310 5,375		5,220
Postage	4,838	537 535	5,375 5,348		<i>4,372</i>
Telephone and fax	4,813		3,256		3,737
Legal and professional	-	3,256 2,000	2,000		2,000
Audit remuneration	-	2,000 794	794		1,883
Accountancy	-	716	716		709
Bank charges	1,543	906	2,449		1,994
Sundry administration expenses	3,513	390	3,903		823
Equipment leasing	5,593	622	6,215		6,971
Depreciation	9,659	9,658	19,317		9,434
Rent	3,245		6,490		7,293
Rates and service charges	456		912		368
Light and heat	991	992	1,983		1,810
Cleaning Insurances	577		1,154		1,432
Repairs and maintenance	603		1,206		841
	44,096	26,579	70,675		74,277
Total expenditure	£ 219,024	£ 61,836 §	280,860	£	256,992

## NOTES TO THE FINANCIAL STATEMENTS For the year ended 30 September 1997

6.

7.

TANGIBLE FIXED ASSETS	Short term leasehold land and buildings £	Fixtures, fittings and equipment £	Total £
Cost At 1 October 1996 Additions	7,299	26,607 1,928	33,906 1,928
At 30 September 1997	7,299	28,535	35,834
Depreciation At 1 October 1996 Charge for year	1,217 1,327	13,439 4,888	14,656 6,215
At 30 September 1997	2,544	18,327	20,871
Net Book Value			
At 30 September 1997	£ 4,755	£ 10,208	£ 14,963
At 30 September 1996	£ 6,082	£ 13,168	£ 19,250

All tangible fixed assets are held for continuing use in the charity's activities. The usage of these between direct charitable purposes and management and administration is approximately 90% to 10%.

FIXED ASSET INVESTMENTS	UK unlisted investments £
Cost or valuation At 1 October 1996 Additions Revaluations	24,165 30,000 8,182
At 30 September 1997	£ 62,347
Market Value At 30 September 1997	£ 62,347
At 30 September 1996	£ 24,165
Historical cost At 30 September 1997	£ 49,624
At 30 September 1996	£ 19,624

#### NOTES TO THE FINANCIAL STATEMENTS For the year ended 30 September 1997

8. D	EBTORS	1997 £	1996 £
T C	Due within one year Frade debtors - registration fees due Other debtors Prepayments and accrued income	12,875 13,339 6,996	16,645 3,531 7,620
		£ 33,210	£ 27,796

Included within other debtors is an amount of £4,829 (1996 - nil) in respect of a secured rent deposit due after more than one year.

#### 9. CREDITORS:

Amounts falling due within one year

	1997 £	1996 £
Trade creditors - conference expenses Other creditors Accruals and deferred income	42,685 11,418 180,125	33,067 10,548 139,800
	£ 234,228	£ 183,415

Included within other creditors is an amount of £1,325 (1996 - £1,200) relating to social security and other taxes.

#### 10. DESIGNATED FUNDS

**Property fund** 

	1997 £	1996 £
New designation	12,000	-
At 30 September 1997	£ 12,000	£

The property fund was established to enable the company to purchase office accommodation in the future. The fund is accumulating at a rate of £2,000 per month which is being held in a separate bank account.

#### 11. UNRESTRICTED FUNDS

Reconciliation of movements on funds

	1997 £	1996 £
Net income/(expenditure) for the year	20,923	(12,767)
Other recognised gains and losses during the year	8,182	2,724
Net increase/(decrease) in funds	29,105	(10,043)
Opening funds	(2,348)	7,695
Closing funds	£ 26,757	£ (2,348)

#### NOTES TO THE FINANCIAL STATEMENTS For the year ended 30 September 1997

#### 12. CONTINGENT LIABILITIES

The trustees are currently in discussion with HM Customs & Excise regarding registration for VAT. If the outcome is that the company should be registered for VAT then it may be liable to pay VAT on subscription and registration fees amounting to approximately £80,000. No provision has been made for this in the financial statements.

#### 13. OTHER COMMITMENTS

At 30 September 1997 the company had annual commitments under non-cancellable operating leases as follows:

	Land and buildings		Office equipment	
	1997	1996	1997	1996
	£	£	£	£
Expiry date:				
Between 2 and 5 years	19,317	19,317	4,183	4,183
In more than 5 years	-	-	710	710

#### 14. TRANSACTIONS WITH TRUSTEES

Expenses reimbursed to trustees for attending meetings during the year amounted to £8,993.