

Registered number: 3258939 Charity number: 1058545

#### THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY

(A company limited by guarantee)

# TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

TUESDAY



LD4 29/06/2010 COMPANIES HOUSE

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#### REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS

#### **UKCP Board of Trustees**

**Officers** 

Andrew Samuels, Chair Frank Rodrigues, Treasurer

Representatives of **Individual Members**  Steve Lewis Rory Worthington 1 vacant seat

Representatives of

Joseph Suart - co-opted Organisational Members Ofra Anker - co-opted

Representatives of the **Colleges and Faculties**  Janet Weisz Jenny McNamara

Lay Trustees

Ruth Wilkins Marjorie Wallace Andrew McCulloch Anny Brackx

Vice chairs

Tom Warnecke, Vice Chair Information and Member Services Philippa Whittick, Vice Chair Education, Training, Practice and Research

Company registered

number

3258939

Charity registered

number

1058545

Registered office

**Edward House** 2 Wakley Street London

EC1V 7LT

2nd Floor

**Company Secretary** 

David Pink

**Chief Executive** 

David Pink

#### REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS

Auditors Lakın Rose Limited

Chartered Accountants Registered Auditors Pioneer House Vision Park Histon Cambridge CB24 9NL

Bankers Barclays Bank plc

PO Box 2764 London NW3 6JD

CAF Bank Ltd Kings Hill West Mailing

Kent ME19 4TA

Solicitors Field Fisher Waterhouse

35 Vine Street London EC3N 2AA

### TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2009

The trustees (who are also directors of the charity for the purposes of the Companies Act) submit their annual report and the audited financial statements of The United Kingdom Council for Psychotherapy (the charity) for the year ended 30 September 2009. The trustees confirm that the annual report and financial statements of the charity comply with current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

#### Structure, governance and management

#### a Constitution

The United Kingdom Council for Psychotherapy (UKCP) is a company limited by guarantee without a share capital (registered company number 3258939) UKCP is governed by its Memorandum and Articles of Association and an elected Board of Trustees. It is a registered charity (registered number 1058545)

#### b. Method of appointment or election of Trustees

The management of the charity is the responsibility of the trustees who are elected, appointed and co-opted under the terms of the Articles of Association. The current trustees are shown on the Reference and Administrative Details pages attached to this report.

Changes in appointments at the General Meetings were as follows

Appointments with effect from Inaugural General Meeting 5th December 2009

Andrew Samuels

Frank Rodrigues

Steve Lewis

Rory Worthington

Janet Weisz

Jenny McNamara

Ruth Wilkinson

Marjorie Wallace

Andrew McCulloch

Anny Brackx

Joanna North

Resignations with effect from IGM 5th December 2009

James Antrican

Sally Forster

Shila Rashid

Elaine Iljon Foreman

**Brion Sweeney** 

Inger Gordon

**Heward Wilkinson** 

Shaun Brookhouse

Janet Weisz

Peter Lavender

Jale Punter

Dr Dennis Greenwood

Fran Renwick

Peter Haworth

Paul Atkinson

**David Mazure** 

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

Vice Chairs Adrian Rhodes Tom Warnecke

Other changes in appointments during the year and since were Simon Clarke resigned February 2009
Paul Atkinson appointed AGM 15th March 2009
David Mazure appointed AGM 15th March 2009
Mark Wherly resigned 31st December 2009
Joseph Suart co-opted 5th December 2009
Ofra Anker co-opted 5th December 2009
Joanna North resigned 16th February 2010

#### c. Policies adopted for the induction and training of Trustees

On appointment each trustee completes a register of interest, a skills audit and is asked to indentify their training needs. New trustees were given an induction in the role and responsibilities of being a trustee and were given the Charity Commission leaflets 'Responsibilities of Charity Trustees, How to be an Effective Trustee' and 'The Hallmarks of an Effective Charity'

#### d. Organisational structure and decision making

The Charity changed its constitution on December 5th 2009 and became a full membership organisation representing all different psychotherapies. It has 78 organisational members who deliver training in Psychotherapy or Psychotherapeutic Counselling and/or accredit and/or list individual psychotherapists or psychotherapeutic counsellors and nearly 7000 full individual members who are (or have been) themselves UKCP registered psychotherapists or psychotherapeutic counsellors, as well as members who are trainee therapists or students.

Full members both individual and organisational are also members of one of the ten colleges, which represent distinct philosophies of Psychotherapy including Psychotherapeutic Counselling. The Colleges hold the standards for education training and practice appropriate to the philosophy of the College and congruent with UKCP generic standards and are the gatekeepers for ongoing full membership of UKCP. All members may also choose to belong to one or more Faculties. Faculties are each responsible to the Board of Trustees for delivering a mission that is congruent with the UKCP charitable aims. The chairs of the Colleges and Faculties together make a Colleges and Faculties committee (CFC). The CFC is responsible for coordinating the work of the Colleges and Faculties.

Governance of the charity is the responsibility of the Board of Trustees. The Board delegate responsibility for overseeing the ongoing work of the charity and the delivering of policy determined by the Board of Trustees to a Coordinating Committee composed of the Chief Executive, Chair, Vice Chair (Membership and Information Services), Vice Chair (Education, Training and Practice) and Treasurer together with such others as agreed by the Chair and Chief Executive

The Chair and the two Vice Chairs are themselves full members of the charity and are elected by the membership of the charity by postal/electronic voting on the basis of one vote per member and by a simple majority of the votes cast

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

The Board of Trustees is composed of between 3 and 15 trustees

- The Chair
- 3 elected representatives of individual members
- 2 elected representatives of organisational members
- 2 representatives of Colleges and Faculties
- Lay Treasurer
- at a minimum 3 public representatives who shall not be UKCP members or staff and shall not be from the psychological professions

The 3 elected representatives of individual members are elected by the individual members on the basis of one vote per individual member

The 2 elected representatives of organisational members are elected by the organisational members on the basis of one vote per organisational member

#### e. Related party relationships

UKCP Media Ltd remained dormant during the financial year ending 30th September 2009

#### f Risk management

The trustees have undertaken a thorough assessment of the major risks facing the charity. The most significant risk and opportunity facing the charity is the decision by the government to implement statutory regulation of Counselling and Psychotherapy announced in the white paper of February 2007. The charity has worked for some time, and continues to work, to influence the shape of government regulation. We consider this as central to our charitable objectives. The associated risk is the potential loss in member numbers post statutory regulation while the potential opportunity is the freeing of creative energy to put more emphasis on our other charitable objectives. The charity's process of re-visioning and reorganisation is central to the management of this risk. Risk management is part of the annual planning process.

#### **Objectives and Activities**

#### a. Policies and objectives

The charity's principal objectives continue to be

- To promote the art and science of psychotherapy and psychotherapeutic counselling for the public benefit,
- To promote research and education in psychotherapy psychotherapeutic counselling and to disseminate the results of any such research,
- To promote high standards of education and training and practice in psychotherapy and psychotherapeutic counselling,
- To promote the wider provision of psychotherapy and psychotherapeutic counselling for all sections of the public

Promoting the wider provision of psychotherapy for the general public was added to the new Memorandum of Association adopted on 5th December 2009

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### b. Strategies for achieving objectives

The charity's strategies for achieving its objectives are

- Develop, inform and contribute to debate at all levels (Government, professional & lay) not only on all
  aspects of psychological therapy including access, standards, training, delivery, efficacy and regulation
  in the UK, Europe and the wider community but also on psychological considerations in the wider field,
  particularly on all aspects of health care delivery,
- Support research into all aspects of psychological therapy,
- Ensure that the UKCP is optimally structured to deliver effective self-regulation,
- Develop, maintain and publicise a public register of suitably trained and qualified practitioners,
- Disseminate information about different types of psychological therapy to the general public,
- Support and encourage education and debate within the profession

#### Achievements and performance

#### a. Review of activities

#### i. Representing Psychotherapy and Counselling in the public policy debate

Over the last year, we have engaged widely in the debates both on the wider provision of psychotherapy and counselling and on its regulation

Improving Access to Psychological Therapies (IAPT) has been one of the major areas in which we have contributed. The UKCP had representatives at the Program Reference Group, Workforce Reference Group, the Education and Training Subcommittee, 5 of the work streams of the New Ways of Working Group and also at the associated New Savoy Partnership, (NSP)

IAPT along with other Department of Health and government initiatives such as NICE Guidelines, NHS System Changes, New Horizons Initiative, Skills for Health and regulation each impact the present and future of the practice of psychotherapy and counselling in the UK

The representatives of the UKCP Child Psychotherapy and Psychotherapy with Children committee have been actively engaged with all of these initiatives to ensure that the particular needs of children and young people are recognised as well as the concomitant implications for standards of training, education and practice

The UKCP takes every opportunity to inform and critique these initiatives with the aim of developing psychotherapy and its provision for the benefit of the wider public

#### ii. Psychotherapy Occupational Standards

From June 2008 to March 2010 work has been undertaken to produce the UKCP Professional Occupational Standards for psychotherapy and psychotherapeutic counselling. These standards offer the first definitive mapping of the meta-competencies of the traditions and approaches recognised by UKCP colleges and faculties. They are aimed at commissioners and employers in the NHS and elsewhere, education and training institutes, employee assistance programmes and health insurance agencies. They are also of use to managers and practitioners in helping to create job descriptions and guidance for continuing professional development.

The intention is to build on this first publication in future by creating smaller suites UKCP POS that emerge from research undertaken by UKCP members and groups over time. This is understood to be on-going work for the organisation.

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### in. Europe

UKCP continues to be a key member of the European Association of Psychotherapy (EAP) and our representatives hold key posts there (Both the President of the European Association for Counselling and the Vice-President of the European Association of Psychotherapy are UKCP representatives to Europe) The EAP represents high training standards for a scientifically based profession and stands for the free and independent practice of psychotherapy At present the EAP is working to develop psychotherapy competencies to be the norm throughout Europe and beyond, and is working with the European Union to establish a common platform for high quality training and practice. This would allow the free movement of properly qualified psychotherapists across the EU

#### iv. Research

We see a positive use of research as central to making psychotherapy of even more benefit to the public. One of our aims is to help bodies that make or influence policy such as the Department of Health (DH) and NICE achieve a more realistic understanding of the implications of existing psychotherapy research. In addition we aim to ensure that research plays its full role in the continuing development of psychotherapies. Equally important however is to work towards a more widespread positive perception of research among practitioners themselves. We continue working to foster the development of Practitioner Research Networks (PRNs). Only by engaging ordinary individual psychotherapists in the work of research will research truly reflect the work that is done behind closed doors.

Individuals from the Research Committee have presented work at a number of conferences including Institute of Psychiatry February 2009, Tavistock Institute May 2009, Surrey & Borders NHS Trust, June 2009, Catholic University of Milan, July 2009, University of Bergamo September 2009, Association for Family Therapy, Cambridge, September 2009, Episteme Centro di Psicoterapia Sistemica, Turin October 2009, SMSP / Vorstandsmitglieder SAGP, Berne, November 2009 and Hesed House, Dublin, December 2009

The Research Committee is engaged in identifying the means by which the UKCP becomes a major contributor to the body of research that provides evidence not only for cost effective methods, but for methods that are safe and appropriate outside the NHS

We continue to support a research assistant at the UKCP Research Unit at Roehampton University. As part of our commitment to research we continue to be joint sponsors of the Savoy Conference - Psychological Therapies in the National Health Service - a conference examining the challenge and the opportunities of evidence based practice for the psychotherapy profession.

#### v. Conferences and Events

We have seen a number of very well received conferences and events over the past year, including Transforming Times, November 2008, Working with Gender and Sexual Minorities in partnership with Pink Therapy in May, Relational Dilemmas and Challenges in Supervision in June, a very moving and stimulating conference on the World of the Child in October, a discussion day on the current state of the Psychotherapy Profession with UKCP chairs, past and present in November and a combined Ethics and Diversity conference Do No Harm Challenges in engaging the ethics of diversity, also in November

We also held a number of successful regional consultation days in the autumn of 2009 (Bristol, Manchester & Edinburgh) and Belfast in February 2010 aimed at providing opportunities for regional networking as well as informing registrants about our constitutional development and bringing them up to date information on Statutory Regulation and other government initiatives and our engagement with them

We again co-sponsored the Psychological Therapies in the NHS Research conference with our allied partners and had a large number of representatives participating in the debate. We have established an advisory conference committee to support events to be held jointly with our Organisational Members and other external

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

organisations and we have a number of conferences being planed for 2010 including a Supervision Conference in June, Research conference in July and a Residential Conference. Self, Other and Society, in September and a Psychotherapy with Children and Young Peoples conference in the autumn

#### vi Publications

We continue to publish 'The Psychotherapist', our registrant newsletter and this has been augmented by a periodic single fold newsletter to deliver more timely news and now further augmented by an email bulletin. We continue to collaborate with Karnac in the production of the UKCP/Karnac Imprimatur. The venture was launched in July 2006. The series of books will be authored by UKCP registrants and published by Karnac. The series has so far attracted 79 proposals from UKCP registrants. Below is a list of those already published, or shortly to be published.

- Revolutionary Connections Psychotherapy and Neuroscience (2003) Editors Jenny Corrigall and Heward Wilkinson
- Research in Psychotherapy (2006) Del Loewenthal and David Winter
- Diversity, Discipline and Devotion in Psychoanalytic Psychotherapy Clinical, Training and Supervisory Perspective (2007) Gertrud Mander
- The Muse as Therapist a New Poetic Paradigm for Psychotherapy (2008) Heward Wilkinson
- Dialogued Desire a critique of Mikhail Bakhtin and the "linguistic turn" in psychotherapy (2008) Rachel Pollard Darwesh
- Not Just Talking Conversational Analysis, Harvey Sacks' Gift to Therapy (2008) Jean Pain
- Shakespeare on the Couch (2008) Michael Jacobs
- The Emergent Self an Existential-Gestalt Approach (2009) Peter Philippson
- Our Desire of Unrest Thinking about therapy (2009) Michael Jacobs
- Psychosis in the Family the journey of a Psychotherapist and Mother (2009) Janet Love
- Child-centred Attachment Therapy the CcAT programme (2009) Alaxandra Maeja Raicar
- HIDDEN TWINS What Adult Opposite Sex Twins Have To Teach Us (2009) Olivia Lousada
- The Use of Psychoanalytic Concepts in Therapy with Families (2010) Hilary Davies
- The 3-Point Therapist (2010) Hilary Davies

#### Due for publication in 2010

- Love, Bondage or Liberation Deirdre Johnson
- Therapy with children an existentialist perspective Chris Scalzo
- The Role of Brief Therapy in Attachment Disorders Lisa Wake
- Attachment and New Beginnings reflections on Psychoanalytic Therapy J R Pedder and edited and commentary by Gary Winship
- Why do therapists choose to be therapists? Practice based re-research Sofie Bager-Charleson

#### vii Regulation

Internally the development and streamlining of training, education and practice policies and standards across the UKCP has been a major focus. This has been for working with children, adults, psychotherapeutic counselling, supervision guidelines, candidates in training-practice protocols and training of trainers' guidelines in order to meet the coming challenges of statutory regulation.

The Membership Committee has performed eight quinquennial reviews of Membership Organisations this year and is processing membership applications from 4 new organisations

As we approach the probable introduction of Statutory Regulation we have put considerable effort into matching our processes and procedures to those we expect of a statutory scheme while still holding true to our own principles and values. We are poised with a three-track approach as we await the details of the government's proposal. The first track is the ongoing negotiation with the health professions council to continue

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

to inform them of our views on fitness to practice procedures, competencies, psychotherapeutic values and to continue to constructively critique the proposals that they put forward, the second track is to continue to explore the possibility of a different regulator, the third-track is the provision of a system of alternative professional accountability (APA) for those professionals who feel unable/unwilling to register with the statutory regulator on ethical grounds and would prefer to continue to practice under a non-registered title

It is likely that UKCP membership will involve higher levels of training and continuing professional development than those stipulated by a statutory regulator. We are therefore likely to maintain a role as voluntary-regulator even if/when a statutory register opens not only for groupings such as trainees and supervisors but also for registered practitioners and for non-registered practitioners working under non-protected titles (APA)

The Centralised Complaints Process (CCP) is established and under the stewardship of the UKCP Professional Conduct Officer. A number of organisational members have elected to have complaints against their members heard by the CCP and more are expected to follow. Individuals who maintain membership of UKCP without membership of an organisational member will automatically have any complaint against them heard by the CCP. The CCP will probably also be the most appropriate forum for hearing complaints against professionals who have elected Alternative Professional Accountability(APA).

#### viii The New Structure

On December 5th 2009 the Inaugural General Meeting ushered in the new constitution with individual membership for all registrants and continued organisational membership for our erstwhile members. The transformation of UKCP into a fully representative membership organisation, with direct links to our individual members, is seen as key to our continuing relevance after statutory regulation. The next step is to ensure that all our members feel real benefits from membership.

Individuals and organisations are members through one of 9 Colleges of UKCP Colleges represent different philosophies of psychotherapy, the majority of our pre-existing sections became colleges with the exception of the Family, Systemic, Couples and Sexual Relationship Therapies Section which divided to form the Systemic College and the College of Sexual and Relationship Therapy In addition the Institutional Member Universities Psychotherapy and Counselling Association became a member of the newly formed College of University based Trainings

Key roles for the UKCP Colleges include the development and support of their modality, the provision of public information relating to the modality and the monitoring of the standards of Education, Training and Practice that distinguish a UKCP practitioner as they apply within the modality

In addition to colleges, the new structure introduced Faculties, which provide a forum where individuals and organisations can engage across modality with a common purpose. There are currently two faculties – Research and Psychotherapy with Children and Young People although it is envisaged that these will expand in the near future to include Supervision, Group work and work with different client groups

#### b Investment policy and performance

Traditionally the charity has not aimed to increase its capital holding. As at 30th September 2009, the major part of the charity's working capital was held by the CAF Bank Ltd. the money raised from the College's Levy, together with the reserve fund and the excess of income over expenditure generated in the last two years has been held in a CAF Fixed rate selector account with Birmingham Midshires where interest rates had fallen to 1.41% at 30th September 2009, the operating funds are held in an account currently paying 0.02%. We hold listed investments comprising 74,732 units in the CAF UK Equity Growth Fund, valued at £95,620 on 30 September 2009 representing a significant recovery following the losses of the previous financial year as a consequence of the stock market adjustment. The investment was bought on the basis of independent financial advice as a medium term investment at an historical cost of £75,791.

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### c. Public benefit

The majority of our resources, both financial and volunteer have been directed towards the dual aims of the development and maintenance of high standards of training and education for Psychotherapists and Psychotherapeutic Counsellors and informing the public and particular stakeholders including the Government, the Department of Health and the Health Professions Council what that means We believe that this is fundamental to our public benefit commitment and is for the benefit of all mental health service users, their families and carers, in short for all members of the public

#### Reserves policy

The current charity reserves policy is to keep at least 3 months of operating expenditure to provide a buffer between the end of the financial year and the receipt of the new year's subscriptions and also against any unanticipated drop in registrant numbers. The trustees monitor the income and expenditure of the charity at each Board meeting and review the reserves policy annually

#### **Financial Review**

The Statement of Financial Activities covers the twelve months from 1st October 2008 to 30th September 2009. The results of the year's operations are set out in the attached financial statements. This year has seen the charity under-spend significantly for the third year in a row. This has put us in a healthy position for the next steps in the organisational development, to restructure the staff team and put more emphasis on communications and membership services. We are also committed to supporting the Centralised Complaints Process as a no-cost membership benefit until the end of September 2011.

In an organisation so heavily dependent on voluntary effort, any analysis of expenditure by activity gives a distorted picture of the charity's impact. Those activities associated with the higher levels of expenditure are those, of course, which are implemented by the paid staff. Whereas our contributions to the wider political debate are being carried out by very hard working volunteers. Without the long years of work on standards, registration, regulation and quality assurance by many unsung volunteers together with the paid staff, we would not now be in the position that we are where the charity is recognised as a major contributor to the current debates both on regulation and the various government initiatives as well as the wider conversation about the need for psychological mindedness across all public service.

#### **Principal funding**

The trustees recognise that the charity's reliance on a sole source of income, Registrants' fees and Member Organisations' subscriptions - makes the charity vulnerable to unforeseen fluctuations in registrations. It is intended that developing new income streams should become a priority in the coming years

#### Plans for the future

The new shape of UKCP should not only refresh the membership of the organisation, providing new energy and new volunteers but also give us the opportunity to focus our energy much more on delivering the values of psychotherapy to the public and practitioners by promoting the Art and Science of Psychotherapy, Psychotherapeutic Counselling and allied disciplines and modalities through education and research

#### Auditors

A resolution proposing that Lakin Rose Limited be re-appointed as auditors of the charity will be put to the Trustee Board

#### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### Statement of Trustees' responsibilities

The trustees (who are also directors of The United Kingdom Council for Psychotherapy for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP,
- make judgments and estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

#### Provision of information to auditors

So far as each of the trustees is aware at the time the report is approved

- there is no relevant audit information of which the charity's auditors are unaware, and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information

In preparing this report, the trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006 17/3/10

This report was approved by the trustees on

and signed on their behalf, by

~ 7/6/10

**Andrew Samuels** 

### INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY

We have audited the financial statements of The United Kingdom Council for Psychotherapy for the year ended 30 September 2009 set out on pages 14 to 25. These financial statements have been prepared under the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective April 2008)

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its members, as a body, for our audit work, for this report, or for the opinion we have formed

#### Respective responsibilities of trustees and auditors

The trustees' (who are also the directors of the company for the purposes of company law) responsibilities for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), and for being satisfied that the financial statements give a true and fair view, are set out in the Statement of trustees' responsibilities

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland)

We report to you our opinion as to whether the financial statements give a true and fair view, have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and have been prepared in accordance with the Companies Act 2006. We also report to you whether in our opinion the information given in the trustees' annual report is consistent with those financial statements.

In addition we report to you if, in our opinion, the charity has not kept adequate accounting records, if the charity's financial statements are not in agreement with these accounting records and returns, if we have not received all the information and explanations we require for our audit, or if certain disclosures of trustees' remuneration specified by law are not made

We read the trustees' annual report and consider the implications for our report if we become aware of any apparent misstatements within it

#### Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the trustees in the preparation of the financial statements and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error in forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements

### INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY

#### Opinion

#### In our opinion

- the financial statements give a true and fair view of the state of the charity's affairs as at 30 September 2009 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities,
- the financial statements have been prepared in accordance with the Companies Act 2006, and
- the information given in the trustees' annual report is consistent with the financial statements

Christopher Dougherty (Senior statutory auditor)

for and on behalf of

#### Lakın Rose Limited

Chartered Accountants Registered Auditors

Pioneer House Vision Park Histon Cambridge CB24 9NL

Date 10 June 2010

### STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 SEPTEMBER 2009

	Note	Restricted funds 2009 £	Unrestricted funds 2009 £	Total funds 2009 £	Total funds 2008 £
INCOMING RESOURCES					
Incoming resources from generated funds Investment income Incoming resources from charitable	2	5,328	30,918	36,246	55,645
activities	3	-	1,166,100	1,166,100	1,142,849
TOTAL INCOMING RESOURCES		5,328	1,197,018	1,202,346	1,198,494
RESOURCES EXPENDED					
Charitable activities	6	39,890	848,221	888,111	820,675
Governance costs	5	-	229,319	229,319	75,251
TOTAL RESOURCES EXPENDED		39,890	1,077,540	1,117,430	895,926
NET INCOMING RESOURCES / (RESOURCES EXPENDED) BEFORE REVALUATIONS		(34,562)	119,478	84,916	302,568
Gains and losses on revaluations of investment assets	11	-	11,617	11,617	(35,985)
NET MOVEMENT IN FUNDS FOR THE YEAR		(34,562)	131,095	96,533	266,583
Total funds at 1 October 2008		208,077	627,707	835,784	569,201
TOTAL FUNDS AT 30 SEPTEMBER 2009	ı	£ 173,515	£ 758,802	£ 932,317	£ 835,784

The notes on pages 16 to 25 form part of these financial statements

#### THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY

(A company limited by guarantee) REGISTERED NUMBER: 3258939

#### BALANCE SHEET AS AT 30 SEPTEMBER 2009

		20	09		20	800	
	Note	£		£	£		£
FIXED ASSETS							
Tangible fixed assets	10			59,131			74,242
Investments	11			95,621			80,046
				154,752		_	154,288
CURRENT ASSETS							
Debtors	12	444,680			437,206		
Cash at bank and in hand		1,357,042			1,115,373		
		1,801,722			1,552,579		
CREDITORS: amounts falling due within one year	13	(1,010,344)			(852,319)		
NET CURRENT ASSETS				791,378			700,260
TOTAL ASSETS LESS CURRENT LIABIL	ITIES		_	946,130		_	854,548
CREDITORS: amounts falling due after more than one year	14			(13,813)			(18,764
NET ASSETS			£	932,317		£	835,784
CHARITY FUNDS							
Restricted funds	15			173,515			208,077
Unrestricted funds	15			758,802			627,707
			£	932,317		£	835,784

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the trustees on their behalf, by

17/3/10

and signed on

**Andrew Samuels** 

The notes on pages 16 to 25 form part of these financial statements

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### 1. ACCOUNTING POLICIES

#### 1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in March 2005, applicable accounting standards and the Companies Act 2006

#### 1.2 Company status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

#### 1.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund

#### 1.4 Incoming resources

All incoming resources are included in the Statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy

Income from registration fees and subscriptions is recognised evenly over the registration year

#### 1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

#### 1.6 Cash flow

The financial statements do not include a Cash flow statement because the charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard for Smaller Entities (effective April 2008)

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### 1. ACCOUNTING POLICIES (continued)

#### 1.7 Investments

Investments are stated at market value at the balance sheet date. The Statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

- (i) Subsidiary undertakings Investments in subsidiaries are valued at cost less provision for impairment
- (ii) Other investments
  Investments held as fixed assets are shown at market value

#### 1.8 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is not charged on freehold land. Depreciation on other tangible fixed assets is provided at rates calculated to write off the cost of those assets, less their estimated residual value, over their expected useful lives on the following bases.

Short term leasehold property - 14 9% straight line
Fixtures and fittings - 25% reducing balance
Office equipment - 25% reducing balance
Computer equipment - 25% straight line

#### 19 Leasing and hire purchase

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible fixed assets. Assets acquired by finance lease are depreciated over the shorter of the lease term and their useful lives. Assets acquired by hire purchase are depreciated over their useful lives. Finance leases are those where substantially all of the benefits and risks of ownership are assumed by the charity. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the Statement of financial activities so as to produce a constant periodic rate of charge on the net obligation outstanding in each period.

#### 1.10 Operating leases

Rentals under operating leases are charged to the Statement of financial activities on a straight line basis over the lease term

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight line basis over the period until the date the rent is expected to be adjusted to the prevailing market rate

#### 1.11 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

2. INVESTMENT INCOL	

	Restricted funds 2009 £	Unrestricted funds 2009	Total funds 2009 £	Total funds 2008 £
Dividends receivable Interest receivable	- 5,328	3,958 26,960	3,958 32,288	4,093 51,552
	£5,328	£ 30,918	£ 36,246	£ 55,645

#### 3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Restricted funds 2009 £	Unrestricted funds 2009 £	Total funds 2009 £	Total funds 2008 £
Individual registration fees	-	973,105	973,105	921,858
Organisational subscriptions	-	105,700	105,700	107,217
Professional conference fees	•	50,965	50,965	62,245
Sales of publications	-	200	200	225
Other income	-	36,130	36,130	51,304
	£ -	£ 1,166,100	£ 1,166,100	£ 1,142,849

#### 4. EXPENDITURE BY CHARITABLE ACTIVITY

	Restricted funds 2009 £	Unrestricted funds 2009 £	Total funds 2009 £	Total funds 2008 £
Campaigning and public relations	-	97,997	97,997	69,689
Organisational and constitutional change	-	51,501	51,501	31,808
Complaints management	_	•	-	125,931
Registration, self-regulation, promotion and				
monitoring standards	-	370,922	370,922	263,396
Events, conferences and publications	-	327,801	327,801	97,305
Registrant services	-	-	-	145,277
Member services	-	-	-	56,880
Research	20,310	•	20,310	17,710
Colleges	19,580	-	19,580	12,679
	£ 39,890	£ 848,221	£ 888,111	£ 820,675

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### 4. EXPENDITURE BY CHARITABLE ACTIVITY (continued)

#### SUMMARY BY EXPENDITURE TYPE

	Staff costs 2009 £	Depreciation 2009 £	Other costs 2009 £	Total 2009 £	Total 2008 £
Campaigning and public					
relations	23,851	1,182	72, <del>9</del> 64	97,997	69,689
Organisational and					
constitutional change	19,264	954	31,283	51,501	31,808
Complaints management	-	-	-	-	125,931
Registration, self-regulation, promotion and monitoring					
standards	212,937	10,548	147,437	370,922	263,396
Events, conferences and					
publications	153,753	7,616	166,432	327,801	97,305
Registrant services	-	-	-	-	145,277
Member services	-	-	-	-	56,880
Research	•	-	20,310	20,310	17,710
Colleges	•	-	19,580	19,580	12,679
	£ 409,805	£ 20,300	£ 458,006	£ 888,111	£ 820,675

Handling concerns and complaints and advising Organisational Members on their procedures was accounted for separately last year to provide a comparison with the costs of the Independent Complaints Organisation in 2007. These costs are now accounted for under the umbrella category of Registration, self-regulation, promotion and monitoring of standards.

in recognition of the transition to a full membership organisation with both individual and organisational members, activities that were previously itemised separately as member and registrant services have been grouped together with Conferences and events under the heading Events, Conferences and Publications

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### 5. GOVERNANCE COSTS

	Restricted funds 2009 £	Unrestricted funds 2009 £	Total funds 2009 £	Total funds 2008 £
Audit remuneration	-	3,500	3,500	3,500
Accountancy	•	6,181	6,181	8,000
Trustees' remuneration	-	25,231	25,231	3,250
Committee expenses	-	83,741	83,741	11,530
Other expenses	•	34,456	34,456	40,216
Staff costs	-	72,613	72,613	8,091
Depreciation		3,597	3,597	664
	£	£ 229,319	£ 229,319	£ 75,251

The increase in governance costs are attributable to increased staff costs (Chief Executive Officer, his Personal Assistant and the Company Secretary), Trustee remuneration as agreed with the Charity Commission, and the new constitution

#### 6. ANALYSIS OF RESOURCES EXPENDED BY ACTIVITIES

	Activities undertaken directly 2009	Support costs 2009 £	Total 2009 £	Total 2008 £
Campaigning and public relations	6,094	91,903	97,997	69,689
Organisational and constitutional change	9,616	41,885	51,501	31,808
Complaints management	•	-	-	125,931
Registration, self-regulation, promotion and				
monitoring standards	14,101	356,821	370,922	263,396
Events, conferences and publications	84,982	242,819	327,801	97,305
Registrant services	-	-	-	145,277
Member services	-	-	-	56,880
Research	-	20,310	20,310	17,710
Colleges	7,187	12,393	19,580	12,679
Total	£ 121,980	£ 766,131	£ 888,111	£ 820,675

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

7.	NET INCOMING RESOURCES / (RESOURCES EXPENDE	ED)	
	This is stated after charging		
		2009	2008
		£	£
	Depreciation of tangible fixed assets	40 272	22,039
	<ul> <li>owned by the charity</li> <li>held under finance leases</li> </ul>	18,372 5,525	7,080
	Audit remuneration	3,500	3,500
	Pension costs	9,431	4,062
8.	STAFF COSTS		
	Staff costs were as follows		
		2009 £	2008 £
	Wages and salaries	454,229	350,789
	Social security costs	43,989 9,431	34,499 4,062
	Other pension costs		<del></del>
		£ 507,649	£ 389,350
	The average monthly number of employees during the year	r was as follows	
		No	No
	Professional and other services	11	10
	Administration	4	2
		15	12
	No employee received remuneration amounting to more that	an £60,000 in either year	
9.	TRUSTEES' REMUNERATION		
		2009 £	2008 £
	Aggregate emoluments	£ 25,231	£ 3,250
			<del></del>
	During the year, no trustees received any benefits in kind (2	2008 - £NIL)	
	11 trustees received reimbursement of expenses amounti	ing to £16,138 in the current ye	ear, (2008 - 16

trustees - £18,568)

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### 10. TANGIBLE FIXED ASSETS

	Land and buildings £	Other fixed assets £	Total £
Cost			
At 1 October 2008	25,601	142,927	168,528
Additions	-	8,786	8,786
At 30 September 2009	25,601	151,713	177,314
Depreciation			
At 1 October 2008	10,621	83,665	94,286
Charge for the year	3,293	20,604	23,897
At 30 September 2009	13,914	104,269	118,183
Net book value			
At 30 September 2009	£ 11,687	£ 47,444	£ 59,131
At 30 September 2008	£ 14,980	£ 59,262	£ 74,242
	<u></u>		

The net book value of assets held under finance leases or hire purchase contracts, included above, are as follows

		2009 £		2008 £	
Other fixed assets	£	16,576	£	22,102	

All tangible fixed assets are held for continuing use in the charity's activities The usage of these between direct charitable purposes and governance is approximately 90% to 10%

#### 11 INVESTMENTS

	Listed securities £	Unlisted securities £	Total £
Market value or cost			
At 1 October 2008	80,045	1	80,046
Additions	3,958	-	3,958
Revaluations	11,617		11,617
At 30 September 2009	£ 95,620	£ 1	£ 95,621
Historical cost	£ 75,791	£ 1	£ 75,792

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### 11. INVESTMENTS (continued)

#### Subsidiary undertakings

The following were subsidiary undertakings of the company

Name Holding
UKCP Media Limited 100%

The aggregate of the share capital and reserves as at 30 September 2009 and of the profit or loss for the year ended on that date for the subsidiary undertakings were as follows

	Name	Aggrega share cap reser\	ital and	Prof	it/(loss) £
	UKCP Media Limited		1	_	-
	Investments at market value or cost comprise:		2009 £		2008 £
	Listed Investments Group		95,620 1		80,045 1
	Total market value or cost	£	95,621	£	80,046
	All the fixed asset investments are held in the UK				
12.	DEBTORS				
		2	009 £		2008 £
	Trade debtors - fees and subscriptions due Other debtors Prepayments and accrued income		78,101 5,633 60,946		341,223 1,457 94,526
		£4	44,680	£	437,206

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

#### 13. CREDITORS:

Amounts falling due within one year

	2009 £	2008 £
Net obligations under finance leases and hire purchase contracts	5,061	4,605
Trade creditors	51,068	52,838
Social security and other taxes	14,677	9,337
Amounts owed to group undertakings	1	1
Accruals and deferred income	939,537	785,538
	£ 1,010,344	£ 852,319

Included with accruals and deferred income, is deferred income of £912,086, which represents subscription and other income relating to periods subsequent to 30 September 2009. Deferred income brought forward was released during the year amounting to £767,471.

#### 14. CREDITORS:

Amounts falling due after more than one year

		2009 £		2008 £
Net obligations under finance leases and hire purchase contracts	£_	13,813	£	18,764

#### 15. STATEMENT OF FUNDS

	Brought Forward £	Incoming resources £	Resources Expended £	Gains/ (Losses) £	Carried Forward £
UNRESTRICTED FUNDS					
General Funds	627,707	1,197,018	(1,077,540)	11,617	758,802 ———
RESTRICTED FUNDS					
Colleges Fund	208,077	5,328	(39,890)	-	173,515
Total of funds	£ 835,784	£ 1,202,346	£(1,117,430)	£ 11,617	£ 932,317

The Colleges Fund, collected from a registrant levy for the foundation of colleges, the balance of this fund is being held on deposit. In 2009 College funds were used to support Research and the work on Psychotherapy with Children both of which are pan modality.

Part of the charity's general funds are held in bank accounts controlled by Sections At the end of the year the extent of such funds was £53,326 (2008 - £53,170) The income and expenditure of Sections is included within the charity's financial statements, as required by paragraph 79 of the SORP

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2009

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	Brought	Incoming	Resources	Gains/	Carried
	Forward	resources	Expended	(Losses)	Forward
	£	£	£	£	£
General funds	627,707	1,197,018	(1,077,540)	11,617	758,802
Restricted funds	208,077	5,328	(39,890)	-	173,515
	£ 835,784	£ 1,202,346	£(1,117,430)	11,617	£ 932,317

#### 16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds 2009 £	Unrestricted funds 2009 £	Total funds 2009 £	Total funds 2008 £
Tangible fixed assets Investments Current assets Creditors due within 1 year Creditors due in more than 1 year	- 173,515 -	59,131 95,621 1,628,207 (1,010,344) (13,813)	59,131 95,621 1,801,722 (1,010,344) (13,813)	74,242 80,046 1,552,579 (852,319) (18,764)
	£ 173,515	£ 758,802	£ 932,317	£ 835,784

#### 17. PENSION COMMITMENTS

The company operates a defined contributions pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £9,431 (2008 - £4,062). Contributions totalling £3,719 (2008 - £416) were payable to the fund at the balance sheet date and are included in creditors.

#### 18. OPERATING LEASE COMMITMENTS

At 30 September 2009 the charity had annual commitments under non-cancellable operating leases as follows

	Land and b	Land and buildings		er					
	2009	<del>_</del>		<del>_</del>		_	<b>2009</b> 2008 <b>2009</b>		2008
	£	£	£	£					
Expiry date <sup>.</sup>									
Between 2 and 5 years	71,770	72,155	1,256	1,263					
·									