

REGISTERED NUMBER: 03254441 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2014

FOR

HEALTHY LIVES LIMITED

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for the Year Ended 31 March 2014**

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HEALTHY LIVES LIMITED
COMPANY INFORMATION
for the Year Ended 31 March 2014

DIRECTOR: A Faik

SECRETARY: M Qadri

REGISTERED OFFICE: Suite 211/212
Surrey House
34 Eden Street
Kingston upon Thames
Surrey
KT1 1ER

REGISTERED NUMBER: 03254441 (England and Wales)

ACCOUNTANTS: J Tanna & Co
Suite 211/212
Surrey House
34 Eden Street
Kingston upon Thames
Surrey
KT1 1ER

HEALTHY LIVES LIMITED (REGISTERED NUMBER: 03254441)

ABBREVIATED BALANCE SHEET

31 March 2014

	Notes	31.3.14 £	£	31.3.13 £	£
FIXED ASSETS					
Tangible assets	2		460,975		394,823
CURRENT ASSETS					
Debtors		6,640		6,890	
Cash at bank		<u>72,053</u>		<u>67,239</u>	
		78,693		74,129	
CREDITORS					
Amounts falling due within one year		<u>314,013</u>		<u>281,123</u>	
NET CURRENT LIABILITIES			<u>(235,320)</u>		<u>(206,994)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			225,655		187,829
PROVISIONS FOR LIABILITIES			<u>453</u>		<u>617</u>
NET ASSETS			<u><u>225,202</u></u>		<u><u>187,212</u></u>
CAPITAL AND RESERVES					
Called up share capital	3		2		2
Profit and loss account			<u>225,200</u>		<u>187,210</u>
SHAREHOLDERS' FUNDS			<u><u>225,202</u></u>		<u><u>187,212</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2014 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 27 August 2014 and were signed by:

A Faik - Director

The notes form part of these abbreviated accounts

NOTES TO THE ABBREVIATED ACCOUNTS
for the Year Ended 31 March 2014

1. ACCOUNTING POLICIES**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Land and buildings	- 2% on cost
Plant and machinery etc	- 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2013	565,157
Additions	79,761
At 31 March 2014	<u>644,918</u>
DEPRECIATION	
At 1 April 2013	170,334
Charge for year	13,609
At 31 March 2014	<u>183,943</u>
NET BOOK VALUE	
At 31 March 2014	<u>460,975</u>
At 31 March 2013	<u>394,823</u>

3. CALLED UP SHARE CAPITAL

Allotted Number:	and issued: Class:	Nominal value:	31.3.14 £	31.3.13 £
2	Share capital	£1	<u>2</u>	<u>2</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.