

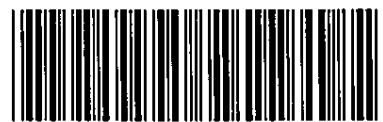
REGISTERED NUMBER: 3254441 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2008

FOR

HEALTHY LIVES LIMITED

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HEALTHY LIVES LIMITED

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HEALTHY LIVES LIMITED
COMPANY INFORMATION
for the Year Ended 31 March 2008

DIRECTOR: A Faik

SECRETARY M Qadri

REGISTERED OFFICE 180 London Road
Kingston Upon Thames
Surrey
KT2 6QW

REGISTERED NUMBER: 3254441 (England and Wales)

ACCOUNTANTS: J Tanna & Co
Chartered Accountants
180 London Road
Kingston Upon Thames
Surrey
KT2 6QW

HEALTHY LIVES LIMITED

ABBREVIATED BALANCE SHEET 31 March 2008

	Notes	31 3 08 £	£	31 3 07 £	£
FIXED ASSETS					
Tangible assets	2		385,448		393,381
CURRENT ASSETS					
Debtors		5,253		5,183	
Cash at bank		48,753		24,994	
		<u>54,006</u>		<u>30,177</u>	
CREDITORS					
Amounts falling due within one year		<u>397,219</u>		<u>416,117</u>	
NET CURRENT LIABILITIES			<u>(343,213)</u>		<u>(385,940)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>42,235</u>		<u>7,441</u>
CAPITAL AND RESERVES					
Called up share capital	3		2		2
Profit and loss account			<u>42,233</u>		<u>7,439</u>
SHAREHOLDERS' FUNDS			<u>42,235</u>		<u>7,441</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 March 2008

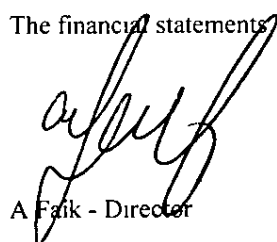
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2008 in accordance with Section 249B(2) of the Companies Act 1985

The director acknowledges his responsibilities for

- ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

The financial statements were approved by the director on 13 June 2008 and were signed by



A Faik - Director

The notes form part of these abbreviated accounts

HEALTHY LIVES LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS for the Year Ended 31 March 2008

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007)

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Land and buildings	- 2% on cost
Plant and machinery etc	- 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2007	497,131
Additions	2,648
	<hr/>
At 31 March 2008	499,779
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DEPRECIATION	
At 1 April 2007	103,751
Charge for year	10,580
	<hr/>
At 31 March 2008	114,331
	<hr/>
NET BOOK VALUE	
At 31 March 2008	385,448
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At 31 March 2007	393,380
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3 CALLED UP SHARE CAPITAL

Authorised Number	Class	Nominal value	31 3 08 £	31 3 07 £
10,000	Ordinary	£1	<u>10,000</u>	<u>10,000</u>
Allotted and issued Number	Class	Nominal value	31 3 08 £	31 3 07 £
2	Share capital	£1	<u>2</u>	<u>2</u>

HEALTHY LIVES LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS - continued
for the Year Ended 31 March 2008

4 TRANSACTIONS WITH DIRECTOR

The company has let its premises to Health Zone Limited at a market value rental of £80k (2007 - £80k) per annum

The other creditors amounting to £249,100 (2007 - £249,100) were due to GFG Limited and Tigris Development Limited. The director has given interest free loan of £135,654 (2007 - £155,483)

Mr A Faik is a director of all the above mentioned companies