



**Companies House**

— for the record —

Company Name

**L.A. (GOLDERS GREEN) LIMITED 363s Annual Return**

BB15  
703653

Company Type

**Private Company Limited By Shares**

Company Number

**3229416**

Information extracted from  
Companies House records on  
**10th July 2001**

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

**Section 1: Company details**



A04 \*AMR833FG\* 0591  
COMPANIES HOUSE 22/08/01

Ref: 3229416/03/10

	Current details	Amended details																				
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>101 Commercial Road London E1 1RD</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _																				
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Address where the Register is held  At Registered Office</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _																				
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Not Applicable</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _																				
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td><b>9304</b></td> <td><b>Physical well-being activities</b></td> </tr> <tr> <td><b>9261</b></td> <td><b>Operate sports arenas &amp; stadiums</b></td> </tr> <tr> <td><b>9262</b></td> <td><b>Other sporting activities</b></td> </tr> <tr> <td><b>9272</b></td> <td><b>Other recreational activities</b></td> </tr> </tbody> </table>	SIC Code	Description	<b>9304</b>	<b>Physical well-being activities</b>	<b>9261</b>	<b>Operate sports arenas &amp; stadiums</b>	<b>9262</b>	<b>Other sporting activities</b>	<b>9272</b>	<b>Other recreational activities</b>	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </tbody> </table>	SIC CODE	Description	_____	_____	_____	_____	_____	_____	_____	_____
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> Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.																						

	Current details	Amended details
<b>&gt; Company Secretary</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.       Particulars of a new Company Secretary must be notified on form 288.	<b>Name</b> <b>Stewart James WENBOURNE</b>  <b>Address</b> <b>56 Bladindon Drive</b> <b>Bexley</b> <b>Kent</b> <b>DA5 3BN</b>	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Stewart James WENBOURNE</b> <b>ceased to be secretary (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.       Particulars of a new Director must be notified on form 288.	<b>Name</b> <b>Jeremy Guy TAYLOR</b>  <b>Address</b> <b>1 Trissie Cottages</b> <b>Millers Lane Outwood</b> <b>Redhill</b> <b>Surrey</b> <b>RH1 5QB</b>  <b>Date of birth</b> 18/12/1964  <b>Nationality</b> British  <b>Occupation</b> Director	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Jeremy Guy TAYLOR ceased to</b> <b>be director (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.       Particulars of a new Director must be notified on form 288.	<b>Name</b> <b>David TURNER</b>  <b>Address</b> <b>1 Village Close</b> <b>Belsize Lane Hampstead</b> <b>London</b> <b>NW3 5AH</b>  <b>Date of birth</b> 03/11/1945  <b>Nationality</b> British  <b>Occupation</b> Managing Director	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date David TURNER ceased to be</b> <b>director (if applicable)</b> _ _ / _ _ / _ _ _ _

## &gt; Director

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director must be notified on form 288.

## Current details

## Name

Frederick Oliver TUROK

## Address

1 Broome Hall  
Cold Harbour  
Surrey  
RH5 6HJ

Date of birth 22/02/1955

Nationality South African

Occupation Director

## Amended details

## Name

## Address

UK Postcode \_ \_ \_ \_ \_

Date of birth \_ \_ / \_ \_ / \_ \_ \_ \_

Nationality \_ \_ \_ \_ \_

Occupation \_ \_ \_ \_ \_

Date of change \_ \_ / \_ \_ / \_ \_ \_ \_

Date Frederick Oliver TUROK ceased to  
be director (if applicable)

\_ \_ / \_ \_ / \_ \_ \_ \_

	Current details	Amended details
<b>&gt; Issued Share Capital</b> <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	<b>Class of share</b> Ordinary <b>Nominal value of each share</b> £1.00 <b>Number of shares issued</b> 2 <b>Aggregate Nominal Value of issued shares</b> £2.00	<b>Class of share</b> _____ <b>Nominal value of each share</b> _____ <b>Number of shares issued</b> _____ <b>Aggregate Nominal Value of issued shares</b> _____
<b>&gt; Total shares issued and value</b> <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Total number of shares issued</b> 2 <b>Total Nominal value of shares issued</b> £2.00	<b>Total number of shares issued</b> _____ <b>Total Nominal value of shares issued</b> _____
<b>&gt; At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at <a href="http://www.companieshouse.gov.uk">www.companieshouse.gov.uk</a> or by ringing 0870 3333636.</b>		

**Section 4: Details of Shareholders**

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
<b>&gt; Shareholder Name</b> LA LEISURE LTD  <b>Address</b> 235 Old Marylebone Road London NW1 5QT  <b>Shares held</b> Class Ordinary	Number 2	<b>Name</b> LA FITNESS PLC  <b>Address</b> 101 COMMERCIAL ROAD LONDON  <b>UK Postcode</b> E1 1RD  <b>Shares held</b> Class Number	Number _____ _____	<b>Shares transferred by</b> LA LEISURE LTD  <b>Class</b> <b>Number</b> <b>Date of transfer</b> _____    _____    __/__/____ _____    _____    __/__/____		

**Section 5: Details of Other Shareholders**

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			



Companies House

— for the record —

## 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

### 1. Declaration

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

S. Wender

(Director / Secretary)

Date

10, 08, 2001

*This date must not be earlier than the return date at 2 below*

#### What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

### 2. Date of this return

- ☐ This AR is made up to  
25/7/2001

If you are making this return up to an earlier date, please give the date here

\_\_ / \_\_ / \_\_\_\_

*Note: The form must be delivered to CH within 28 days of this date*

### 3. Date of next return

- ☐ If you wish to change your next return to a date earlier than 25th July 2002 please give the new date here:

\_\_ / \_\_ / \_\_\_\_

### 4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ

OR

For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

**Have you enclosed the filing fee with the company number written on the reverse of the cheque?**

Cheque ☒ Postal Order ☐ Cheque / Postal Order  
Number \_\_\_\_\_

*(Please complete as appropriate)*

### Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

GRAHAM TAYLOR

Telephone number inc code

010 7 3668073

Address

101 COMMERCIAL ROAD  
LONDON

DX number if applicable

\_\_\_\_\_

DX exchange

Postcode

E1 1RD