



Companies House

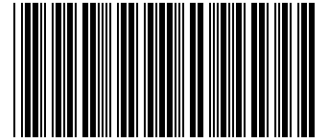
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Appointment of a Director or Secretary

Company Name: **L.A. FITNESS EMPLOYEE BENEFIT TRUST LIMITED**

Company Number: **03229416**



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Received for filing in Electronic Format on the: **14/11/2007**

New Appointment Details

Position: **DIRECTOR** *Date of Appointment:* **14/11/2007**

Name: **MARTIN LONG**

Consented to Act: **Yes**

Usual Residential Address **FLYFORD
AMPFIELD
ROMSEY
HAMPSHIRE
UNITED KINGDOM SO51 9BA**

Date of Birth: **21/03/1967** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Other Directorships: **00367162 AXIS (MAIDSTONE) LTD
03573327 AXIS (RUGBY) LTD
02802122 AXIS HEALTH & FITNESS LIMITED
02305174 BOOMSIGN LIMITED
02476401 CROWN SPORTS LIMITED
02357146 CS LEISURE LIMITED
01387912 DRAGONS (GATWICK) LIMITED
02215690 DRAGONS HEALTH CLUBS LIMITED
02117760 GREYSTONE LEISURE LIMITED
03502663 L A FITNESS (1998) LIMITED
03224406 L A FITNESS LIMITED
03503373 L A HAIR & BEAUTY LIMITED
03459814 L.A. FITNESS (LUTON) LIMITED
03238726 L.A. WESTMINSTER LIMITED
01728962 LA LEISURE LIMITED
02992261 LAMBOURNE GOLF CLUB LIMITED
05703539 MOP ACQUISITIONS (GCO) LIMITED**

Other Directorships: **05384582 MOP ACQUISITIONS (LAF) LIMITED**
05877006 MOP PROJECT LATVIA (PROPCO) LIMITED
03244143 THE RUGBY CLUB OF ST JAMES LIMITED
03381595 TRAINSTATION LIMITED

Authorisation

Authoriser Designation: **DIRECTOR** *Date Authorised:* **14/11/2007** *Authenticated:* **Yes (E/W)**