

Registered number
3150505

Chinese Mental Health Association

Report and Accounts

31 March 2018

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Chinese Mental Health Association
Report and accounts
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Chinese Mental Health Association

Registered number:

3150505

Directors' Report

The directors present their report and accounts for the year ended 31 March 2018.

Reference and administrative details

Charity number: **1058934**

Company number: **3150505**

Principal office: Meritage Centre
Church End
Hendon
NW4 4JT

Independent examiner: R B Thakkar of Such & Co Associates Limited
Office D 160
New Covent Garden Market
London
SW8 5LL

Bankers: National Westminster Bank PLC
403 Bethnal Green Road, London E2 0AF
CAF Bank Limited
25 Kings Hill Avenue, Kings Hill, West Malling Kent ME19 4JQ

Directors and trustees

The following served as directors and members of the council:

Shun Au - OBE	- Chair
Siew Tin P'ng	- Treasurer
Lulu Langtree	- Honorary Secretary
Jason Chan	
Stephen Hiew	

Chief Executive Officer & Company Secretary - L Lee

Structure, Governance and Management

Governing Document

Chinese Mental Health Association is a company limited by guarantee governed by its Memorandum and Articles of Association dated 4 October 2002. It is registered as a charity with the Charity Commission. Anyone over the age of 18 can become a member of the company and there are currently 5 each of whom agree to contribute £10 in the event of the charity winding up.

Appointment of trustees

The board of Trustees (also known as the Management Committee) is elected annually at the AGM. The board may appoint new trustees by co-option during the year. In accordance with the Articles of Association, all members of the Management Committee for the time being shall retire from office at the AGM, but are eligible to stand for re-election.

Trustee induction and training

New trustees undergo an orientation to brief them on their legal obligations under charity and company law, the contents of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During the induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Chinese Mental Health Association

Registered number:

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Directors' Report

Organisation

The board of trustees, which shall have the minimum number of four, administers the charity. The board meets at least four times in a year. A Chief Executive is appointed by trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and the furtherance of the Charity's principle objective.

Related parties

As far as the trustees are aware no party has influence over the financial and operational policies of the charity.

Risk management

The trustees have a risk management strategy which comprises:

(1) an annual review of the risks the charity may face;

(2) the establishment of systems and procedures to mitigate those risks identified in the plan;

and

(3) the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

This work has identified only a few minor risks and it has resulted in better emergency procedures and contingency plans and has given the impetus for better planning. Particular attention has focused on non financial risks arising from fire, health and safety of its work force including volunteers and the service users. A key element in the management of financial risk is setting of a reserves policy and its regular review by trustees.

Objectives, achievements and performance and financial review

2017-18 continued to be an exciting year of development at the CMHA as we built on the successes of the three main projects – the Chinese Wellbeing Service, Improving Access to Psychological Therapies (IAPT) and the Barnet Wellbeing Hub.

The Chinese Wellbeing Service (funded by the BLF) built on the strong foundations to expand the work delivered in the third year of the project. Once again the team has managed to exceed the annual targets with 332 service users who experienced improved psychological health participating in over 87 activities, 339 who experienced improved physical health over 292 events, and 357 improved interaction and integration. To complement the Befriending Project, the Social and Wellbeing clubs remain stalwarts of our service forming the platforms that enable us to achieve our targets. In conjunction with our Wellbeing Workshops, Coffee Mornings, cultural interest groups and several collaborative events, the project enables access to a diverse range of services to improve the wellbeing in the community. CMHA continued to play an active role at this year's World Mental Health Day (WMHD) event, hosting over 30 statutory, community and voluntary organisations and attracting over 150 individuals to take part in the celebrations and raising of awareness.

This year our IAPT contract was novated from the Surrey and Borders Partnership Foundation Trust to the Barnet, Enfield and Haringey Mental Health Trust following a change of the contract lead for the Barnet IAPT service in October 2017. Despite the transition, CMHA continued to seamlessly deliver the Step 2 and Step 3 interventions and a diverse range of weekly Psychoeducational workshops and outreach to the community. Across the entire service, CMHA exceeded its contractual target for the service yet again, achieving a total access of 796, almost 14% above its contract target. This was testament to the flexible model implemented across the service to mitigate staff absences and client compliance, and to the hard work and willingness from the staff team to go beyond their expected duties. By working closely with other third sector organisations and building on the relationships fostered through the Wellbeing Hub, CMHA have continued to build on the impressive track record as a successful delivery partner of the IAPT service.

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Directors' Report

Objectives, achievements and performance and financial review - Cont'd - 1

Having formally launched in February 2017, this year has been an exciting journey of expansion and development of the Wellbeing Hub. CMHA continued to work diligently in close partnership with the Barnet Clinical Commissioning Group (BCCG) and our partner organisations, CommUNITY Barnet (CB) and Inclusion Barnet (IR). Following the initial pilot period, the service expanded to match the demand of the service with an astonishing number of over 1800 individuals having accessed the service in the first year. As the primary and single gateway to access both statutory and community services, the team of Wellbeing Navigators provide a welcoming, comfortable space in which the individuals can share their experiences and issues affecting their wellbeing through the use of a flexible engagement process, aptly named the Emotional Health Check (EHC). This non-clinical, conversational approach has allowed navigators to help the individual identify personal goals that are centred around their needs. Navigators then provide the individual with the appropriate information and connect them to relevant services and activities across the borough to help the individual work towards improving their individual wellbeing. The number of services and activities that individuals have been connected to has exceeded over 220 so far and is continuing to grow on a weekly basis.

These partnerships are crucial to CMHA's success in the delivery of the Wellbeing Hub service. We are particularly pleased with the close relationship that we have built with statutory services, mainly 'The Network', part of the enablement service at Barnet Adult Social Care, and also the GP Linkworking team who function as the supportive link between primary care and secondary care services. The close partnership has resulted in the formulation of a regular weekly Joint Case Management Meeting taking place at 'The Network'. This multi-disciplinary forum provide the opportunity for all parties to present complex cases that require further support and/or a more comprehensive look into the individual's presentation to devise a more reflective and comprehensive wellbeing plan. The meeting is often attended by other professionals such as the Westminster and Alcohol Prevention service (WDP), the Jobcentre Plus work coaches, Barnet Homes Housing officers, Barnet Mencap etc. and has resulted in a truly collaborative approach to care and prevention. Furthermore, this has provided a direct avenue for individuals from the Wellbeing Hub to be navigated for access to psychological assessments by the linkworking team, and should the need arise a direct line to the adults safeguarding team at the Network. We hope to expand the discussions to involve a wider range of wellbeing professionals and to improve cross-communication between services.

The diverse range of work that includes one to one consultations, group workshops and larger activities and events have all been made possible by the combination of the Meritage Centre and successful utilisation of the consultation rooms at the Independent Living Centre (ILC) in Colindale. Having realized that our work is expanding in both depth and breadth as well as sheer volume, the team embarked on a programme to improve and create further space at the Meritage Centre. Works took place over the brief Christmas break resulting in the development of two consultation rooms and the re-carpeting and refurbishing of office space at the centre. Together with a shared refreshment station, this has tremendously improved the environment and the wellbeing for both staff and service users.

CMHA remains a key member of the Multilingual Wellbeing Service (MWS), continuing to deliver the IAPT services and provide the much needed support to the black and ethnic minority population in Barnet. We are hopeful that with the new opportunities brought about by the new projects that we can continue to build on existing partnerships and develop new relationships with more collaborative work, a key factor in the development of improved wellbeing service provision.

Confidently led by our Chief Executive Leon Lee, the passion, dedication and teamwork of the hard working staff team, and supplemented by dynamic and energetic volunteers, CMHA continues to make great strides in a challenging environment to not only meet but exceed service targets; delivering high quality services, and achieving impressive developmental success. Our thanks go to the Management Committee who have remained confident and positive in their encouragement to work towards ambitious goals, and belief in the organisation's ability to tackle new challenges and continually strive for success in the years to come.

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Directors' Report

As part of this business planning process Chinese Mental Health Association has identified the following strategic objectives for the subsequent period:-

- (1) To continue to provide a high quality of wellbeing services to the generic population in Barnet, the Chinese Community all over London and UK, setting the highest quality standard.
- (2) To identify new sources of funding for the organisation so that it can meet the increasing demands for its services.
- (3) To promote the development of a highly qualified workforce using a comprehensive training programme.

We welcome the views and contributions of all our service users and their families. If any one wishes to comment on our strategic objectives or any other aspect of our annual report please write to:

Shun Au - OBE

Chair

Meritage Centre

Church End

Hendon

NW4 4JT

Or e-mail; info@cmha.org.uk

Investment power and policy

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish. However, bearing in mind the liquidity requirements of providing high quality direct services such as counselling, advice and information to the Charity's beneficiaries of all ages, the trustees have decided to keep available funds in an interest bearing deposit account.

Reserve Policy

The management committee has established a policy of working towards maintaining unrestricted funds which is a general fund to be available for use at the discretion of the directors/trustees in furtherance of the general charitable objectives. The directors have identified three purposes to which the unrestricted fund is earmarked and note no.14 is showing the analysis of the fund.

Plans for future periods

A significant part of our work will be directed towards increasing capacity to provide a wider range of wellbeing services to the Charity's beneficiaries and developing a fully fledged Wellbeing Centre.

Indemnity insurance

The charity has insured against loss arising from the neglect or default of any of the Management Committee Members.

Insurance, against the possibility of claims, arising during the course of assistance provided by its workers, is already in place and is also continuing.

Directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Shun Au

Director

Dated: Dec 2018

Chinese Mental Health Association

Statement of Directors' Responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Chinese Mental Health Association
Independent examiner's report
to the trustees of Chinese Mental Health Association**

I report on the accounts of the company for the year ended 31 March 2018

This report is made solely to the charity's trustees, as a body, in accordance with the regulations under part 8 and section 130 to 173 of the Charities Act 2011. My work was undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinion I have formed.

Respective responsibilities of trustees and the examiner

The trustees' (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed and I am qualified to undertake the examination by being a member of the Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- 1) examine the accounts under section 145 of the 2011 Act;
- 2) to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- 3) to state whether particular matters have come to my attention.

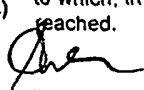
Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section
 - (b) 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


R B Thakkar FCCA
Such & Co Associates Limited
Association of Chartered Certified Accountants
Office D-160
New Covent Garden Market
London SW8 5LL

Dated 1st Dec 2018

Chinese Mental Health Association
Statement of Financial Activities
for the year ended 31 March 2018

	Notes	Restricted £	Unrestricted £	TOTAL 2018 £	TOTAL 2017 £
INCOMING RESOURCES					
<i>Income resources from generated funds:</i>					
<i>Voluntary income</i>					
- Grants receivable		119,504	-	119,504	115,295
- Other income			354,118	354,118	152,550
- Fund raising			-	-	4,810
<i>Activities for generating funds</i>					
- Local authority contract		-	-	-	46,895
Income from grants and donations and activities	2	119,504	354,118	473,622	319,550
Bank deposit interest		-	33	33	72
		119,504	354,151	473,655	319,622
RESOURCES EXPENDED					
<i>Cost of generating funds</i>					
- Fundraising costs of grants and donations	3	-	(2,985)	(2,985)	2,900
<i>Charitable activities</i>					
- Preservation and safeguarding of mental health and of the wellbeing of its beneficiaries	4 & 5	(106,265)	(294,320)	(400,585)	254,136
Governance costs		(12,797)	(35,044)	(47,841)	29,312
		(119,062)	(332,349)	(451,411)	286,348
NET (OUTGOING)/SURPLUS		442	21,802	22,244	33,274
FUNDS BROUGHT FORWARD	13b & 14b	9,822	108,902	118,724	85,450
FUNDS CARRIED FORWARD	13a & 14a	10,264	130,704	140,968	118,724

**Chinese Mental Health Association
Income and Expenditure Account
for the year ended 31 March 2018**

	Notes	2018 £	2017 £
INCOMING RESOURCES	2	473,622	319,550
CHARITABLE AND ADMINISTRATIVE EXPENSES		<u>(451,411)</u>	<u>(286,348)</u>
Operating surplus	7	22,211	33,202
Interest receivable		<u>33</u>	<u>72</u>
Surplus on ordinary activities before taxation		22,244	33,274
Tax on surplus on ordinary activities	8	<u>-</u>	<u>-</u>
Surplus for the financial year		22,244	33,274
Opening surplus of funds		118,724	85,450
Surplus carried forward		<u><u>£140,968</u></u>	<u><u>£118,724</u></u>

Chinese Mental Health Association
Balance Sheet
as at 31 March 2018

	Notes	2018 £	2017 £
Fixed assets			
Tangible assets	9	36,679	24,104
Current assets			
Debtors	10	16,611	811
Cash at bank and in hand		<u>180,657</u>	<u>113,307</u>
		<u>197,268</u>	<u>114,118</u>
Creditors: amounts falling due within one year	11	<u>(92,979)</u>	<u>(19,498)</u>
Net current assets		<u>104,289</u>	<u>94,620</u>
		<u>£140,968</u>	<u>£118,724</u>
Capital and reserves			
Called up share capital	12	-	-
Funds:			
- Restricted	13a&b	10,264	9,822
- Unrestricted			
Premises reserve fund		30,000	30,000
Contractual fund		15,000	10,000
Operational fund		<u>85,704</u>	<u>68,902</u>
	14a&b	<u>130,704</u>	<u>108,902</u>
Total charity fund		<u>£140,968</u>	<u>£118,724</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provision applicable to companies subject to the small companies regime.

The profit and loss account is not delivered to the Registrar of Companies


Shun Au
Director

Approved by the board on 2nd Dec 2018

**Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2018**

1 Accounting policies

Basis of preparation

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows: a) Basis of preparation The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and local authorities grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Trust's work or for specific artistic projects being undertaken by the Trust.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise directly attributable costs and appropriate amount of overhead incurred for that purpose.
- Expenditure on charitable activities includes directly attributable costs and appropriate level of overheads incurred in respect of promoting and the preservation and safeguarding of mental health and the relief of persons who are Chinese origin suffering from mental illness and distress.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2018

Allocation of support costs

Support costs are those costs that assist the project and includes administration and establishment expenses incurred or attributed while carrying out the work of the project.

Tangible fixed assets

Individual fixed assets costing £150 or more are capitalised at cost.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant, machinery and MPV	25% straight line
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Operating leases

The charity classifies the office lease as operating lease and rental paid under the lease are charged to Revenue Account on a straight line basis over the period of the lease.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pensions

Existing employees of the charity were entitled to join the Workplace Pension Scheme which is funded by contributions from employee and employer. Additionally for one employee, the charity has undertaken to take out an Additional Voluntary Contribution scheme.

Legal status of the Trust

The Trust is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £5 per member of the charity

Resources expended

Charitable activities:

Directly attributable costs and appropriate level of overheads incurred in respect of promoting the preservation and safeguarding of mental health and the relief of persons suffering from mental illness and distress are treated as expenditure for charitable activities.

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2018

Governance costs:

This represents expenses relating to the management, organisational administration and compliance work and include the appropriate level of overheads. Such costs are allocated to each project on the basis of revenue generated by each project and estimated appropriation of some of the overheads by each project.

Cost of generating funds:

This represents fundraising costs which include appropriate apportionment of staff members' remuneration who are engaged directly in fundraising. Also apportioned is the appropriate level of overheads.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of resources. Costs relating to particular projects on hand are allocated directly where appropriate, others are apportioned on an appropriate basis e.g labour cost, revenue or estimated usage.

2 INCOME RESOURCES	2018	2018	2017	2017
	£	£	£	£
Restricted				
Grants, donations and other income				
Lloyds TSB foundation - Supported employment - project	-		-	
Big Lottery Fund - Chinese Wellbeing Service	119,504		115,295	
Miscellaneous projects income	-		-	
	<u>119,504</u>	119,504	<u>115,295</u>	115,295
Local authority contract				
Barnet council - Floating support service		-	46,895	46,895
Unrestricted				
Grants, donations and other income	354,118		152,550	
Fundraising events	-		4,810	
	<u>354,118</u>	354,118	<u>157,360</u>	157,360
	<u>£473,622</u>		<u>£319,550</u>	
3 RESOURCES EXPENDED		2018		2017
		£		£
Fund raising costs of Grants and Donations				
Staff costs		-		2,500
Support costs		2,985		400
		<u>2,985</u>		<u>2,900</u>
Apportionment of Governance Costs		-		399
		<u>£2,985</u>		<u>£3,299</u>
4 Charitable Activities - Restricted				
Staff costs		73,483		146,328
Support costs		32,782		23,442
		<u>106,265</u>		<u>169,770</u>
Apportionment of Governance Costs		12,797		16,534
		<u>£119,062</u>		<u>£186,304</u>
5 Charitable Activities - Unrestricted				
Staff costs		253,697		67,963
Support costs		40,623		16,403
		<u>294,320</u>		<u>84,366</u>
Apportionment of Governance Costs		35,044		12,373
		<u>£329,364</u>		<u>£96,739</u>
6 Analysis of Governance Costs				
Staff cost		6,975		6,535
Depreciation		1,935		4,563
Audit and accountancy		3,240		2,760
General office administration and establishment		35,691		15,453
		<u>£47,841</u>		<u>£29,311</u>

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2018

7 Operating surplus	2018	2017
Apportionment of Governance Costs	£	£
This is stated after charging:		
Depreciation of owned fixed assets	12,231	9,583
Pension costs	10,257	3,000
Accountancy & Independent examiner's fees	3,240	2,760
Wages and Salaries	267,628	173,846
Sessional & freelance worker	46,445	48,238
Social security costs	<u>25,222</u>	<u>15,786</u>

The average number of employees, including volunteers employed by the organisation during the year was:

60	50
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8 Taxation

As the organisation's activities are exempt from taxation, no provision for corporation tax has been made.

9 Tangible fixed assets

	Plant, machinery and MPV £
Cost	
At 1 April 2017	130,719
Additions	24,806
Disposals	
At 31 March 2018	<u>155,525</u>
Depreciation	
At 1 April 2017	106,615
Charge for the year	12,231
On disposals	
At 31 March 2018	<u>118,846</u>
Net book value	
At 31 March 2018	<u>£36,679</u>
At 31 March 2017	<u>£24,104</u>

10 Debtors	2018	2017
	£	£
Debtors and accrued income	15,800	-
Prepayments and deposits	811	811
	<u>£16,611</u>	<u>£811</u>

11 Creditors: amounts falling due within one year	2018	2017
	£	£
Creditors and accruals	56,403	13,837
Deferred income	29,500	-
PAYE & NI	7,076	5,661
	<u>£92,979</u>	<u>£19,498</u>

12 Share capital

The company is limited by guarantee and has no share capital. Each member's liability in the event of being wound up is not exceeding ten pounds.

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2018

13a Restricted funds - This year	Balance 1 April 2017 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2018 £
Big Lottery Fund - Chinese Wellbeing Service	9,822	113,504	(73,483)	(15,652)	(17,130)	(12,797)	10,264
	<u>£9,822</u>	<u>£113,504</u>	<u>£(73,483)</u>	<u>£(15,652)</u>	<u>£(17,130)</u>	<u>£(12,797)</u>	<u>£10,264</u>
13b Restricted funds - Last year	Balance 1 April 2016 £	Grants & donations £	Staff costs £	Project costs £	Other costs £	Governance cost shared £	Balance 31 March 2017 £
Lloyds TSB foundation - Supported employment - project	21,400	-	(17,536)		(2,151)	(1,713)	-
Barnet council - Floating support service	-	43,395	(37,868)		(3,273)	(3,754)	-
Big Lottery Fund - Chinese Wellbeing Service	9,536	115,295	(93,924)	(976)	(12,760)	(10,349)	9,822
Barnet Council - Community Transport Service (Top-up)	3000	-		(2,282)		(718)	-
	<u>33,936</u>	<u>£162,190</u>	<u>£(145,328)</u>	<u>£(3,258)</u>	<u>£(23,184)</u>	<u>£(16,534)</u>	<u>9,822</u>

Chinese Mental Health Association
Notes to the Accounts
for the year ended 31 March 2018

14a Unrestricted Funds - This year

Interpretation, collection, donations
- and miscellaneous income
Bank deposit interest
Fund raising

Balance 1 April 2017 £	Grants & donations £	Staff costs £	Project and other costs £	Funds Reallocated £	Governance cost shared £	Balance 31 March 2018 £
99,545	354,118	(253,697)	(40,623)	(1,874)	(35,041)	122,428
8,246	33	-	-	-	(3)	8,276
1,111	-	-	(2,985)	1,874	-	-
<u>£108,902</u>	<u>£354,151</u>	<u>£(253,697)</u>	<u>£(43,608)</u>	<u>-</u>	<u>£(35,044)</u>	<u>£130,704</u>

14b Unrestricted Funds - Last year

Interpretation, collection, donations
- and miscellaneous income
Bank deposit interest
Fund raising

Balance 1 April 2016 £	Grants & donations £	Staff costs £	Project costs £	Funds Reallocated £	Governance cost shared £	Balance 31 March 2017 £
43,734	152,550	(67,963)	(16,403)	-	(12,373)	99,545
8,180	72	-	-	-	(6)	8,246
(400)	4,810	(2,500)	(400)	-	(399)	1,111
<u>£51,514</u>	<u>£157,432</u>	<u>£(70,463)</u>	<u>(16,803)</u>	<u>-</u>	<u>£(12,778)</u>	<u>£108,902</u>