



COMPANIES HOUSE

Please complete in typescript,  
or in bold black capitals.

288b

Resignation of director or secretary

Company Number

3148067

Company Name in full

Staystrong Limited



Resignation  
form

Date of resignation

Day Month Year

22 1 96

Resignation as director



as secretary



Please mark the appropriate box. If resignation  
is as a director and secretary mark both boxes.

NAME

\*Style / Title

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

Surname

Day Month Year

†Date of Birth

If cessation is other than  
resignation, please state reason

A serving director, secretary etc must sign the form below.

Signed

Elaine Gibson

Date

22-1-96

\* Voluntary details.  
† Directors only.

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

INCORPORATION SERVICES LIMITED

1 SAVILLE CHAMBERS, 5 NORTH STREET, NEWCASTLE UPON TYNE

NE2 3AH

Tel 0191 - 261 5545

DX number

DX exchange

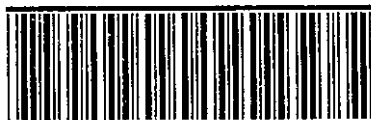
When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



A18 \*ADLLDI0C\* 594  
COMPANIES HOUSE 01/02/96