

**CAREMEAL LIMITED**

**Company Registration Number:  
03134806 (England and Wales)**

**Abbreviated (Unaudited) Accounts**

**Period of accounts**

**Start date: 01st March 2013**

**End date: 28th February 2014**

SUBMITTED

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# CAREMEAL LIMITED

## **Company Information** **for the Period Ended 28th February 2014**

**Director:** Mr Mohammed Abdul Hakim Siddique  
Mr Mohammed Imamul Haque

**Registered office:** 46 Shepherd's Bush Road  
London  
W6 7PJ

**Company Registration Number:** 03134806 (England and Wales)

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# CAREMEAL LIMITED

## Abbreviated Balance sheet As at 28th February 2014

	Notes	2014 £	2013 £
<b>Fixed assets</b>			
Tangible assets:	2	<b>42,915</b>	44,600
<b>Total fixed assets:</b>		<b>42,915</b>	44,600
<b>Current assets</b>			
Stocks:		<b>17,120</b>	15,155
Debtors:	3	<b>8,859</b>	8,461
Cash at bank and in hand:		<b>1,139</b>	1,878
<b>Total current assets:</b>		<b>27,118</b>	25,494
<b>Creditors</b>			
Creditors: amounts falling due within one year	4	<b>26,465</b>	28,850
<b>Net current assets (liabilities):</b>		<b>653</b>	( 3,356 )
<b>Total assets less current liabilities:</b>		<b>43,568</b>	41,244
Creditors: amounts falling due after more than one year:	5	<b>35,369</b>	35,369
<b>Total net assets (liabilities):</b>		<b>8,199</b>	5,875

The notes form part of these financial statements

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# CAREMEAL LIMITED

## Abbreviated Balance sheet As at 28th February 2014 continued

	Notes	2014 £	2013 £
<b>Capital and reserves</b>			
Called up share capital:	6	1,000	1,000
Profit and Loss account:		7,199	4,875
<b>Total shareholders funds:</b>		<u>8,199</u>	<u>5,875</u>

For the year ending 28 February 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 23 June 2014

### SIGNED ON BEHALF OF THE BOARD BY:

Name: Mr Mohammed Abdul Hakim Siddique

Status: Director

Name: Mr Mohammed Imamul Haque

Status: Director

The notes form part of these financial statements

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# **CAREMEAL LIMITED**

## **Notes to the Abbreviated Accounts for the Period Ended 28th February 2014**

### **1. Accounting policies**

#### **Basis of measurement and preparation of accounts**

The accounts have been prepared in accordance with Financial Reporting Standard for Smaller Entities effective April 2008 under the historical cost convention.

#### **Turnover policy**

Turnover represents sales of goods net of VAT and trade discounts. Turnover is recognised when the goods are physically delivered to the customer.

#### **Tangible fixed assets depreciation policy**

Depreciation is provided, at the following annual rates in order to write off each asset over its estimated useful life:  
Property Improvements 5% on Cost or Valued amounts Furniture, Fixtures & Equipment 20% on written down value  
Motor Vehicles 20% on written down value Leasehold Fixture & Equipment 10% on written down value

#### **Valuation information and policy**

Stocks are valued at the lower of cost and net realisable value. Cost is determined on the basis of purchase price. Net realisable value represents estimated selling price less costs to complete and sell. Provision is made for slow moving, obsolete or damaged stock where the net realisable value is less than cost.

#### **Other accounting policies**

Going concern basis of accounting The accounts have been prepared on the assumption that the company is able to carry on business as a going concern, which the directors consider appropriate having regard to the circumstances of the company.

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# CAREMEAL LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 28th February 2014

### 2. Tangible assets

	Total
<b>Cost</b>	<b>£</b>
At 01st March 2013:	173,785
Additions:	2,150
At 28th February 2014:	175,935
<b>Depreciation</b>	
At 01st March 2013:	129,185
Charge for year:	3,835
At 28th February 2014:	133,020
<b>Net book value</b>	
At 28th February 2014:	42,915
At 28th February 2013:	44,600

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# CAREMEAL LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 28th February 2014

### 3. Debtors

	2014	2013
	£	£
Other debtors:	4,500	4,500
Prepayments and accrued income:	4,359	3,961
<b>Total:</b>	<b><u>8,859</u></b>	<b><u>8,461</u></b>

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# CAREMEAL LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 28th February 2014

### 4. Creditors: amounts falling due within one year

	2014 £	2013 £
Bank loans and overdrafts:	577	4,123
Trade creditors:	11,925	12,531
Taxation and social security:	11,793	10,370
Accruals and deferred income:	2,170	1,826
<b>Total:</b>	<b>26,465</b>	<b>28,850</b>

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# CAREMEAL LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 28th February 2014

### 5. Creditors: amounts falling due after more than one year

	2014	2013
	£	£
Other creditors:	35,369	35,369
<b>Total:</b>	<b><u>35,369</u></b>	<b><u>35,369</u></b>

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# CAREMEAL LIMITED

## Notes to the Abbreviated Accounts for the Period Ended 28th February 2014

### 6. Called up share capital

Allotted, called up and paid

Previous period			2013
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1,000	1.00	1,000
Total share capital:			<u>1,000</u>
Current period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1,000	1.00	1,000
Total share capital:			<u>1,000</u>

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