CAREMEAL LIMITED

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED

29TH FEBRUARY 2008

COMPANY NO. 3134806

WINSTON FOX NUR & CO

Chartered Accountants
Crown House
2A Ashfield Parade
Southgate
London N14 5EJ

SATURDAY



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30/08/2008 COMPANIES HOUSE

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CAREMEAL LIMITED ABBREVIATED BALANCE SHEET AS AT 29TH FEBRUARY 2008

	NOTE		2008		
		£	£	£	£
FIXED ASSETS Intangible Assets Tangible Assets		-	60,341 60,341	_	- 66,421 66,421
CURRENT ASSETS					
Stock Debtors and Prepayments Cash at Bank and in Hand		14,000 8,097 <u>1</u> 22,098	_	14,200 6,603 772 21,575	
CREDITORS Amounts Falling Due within One Year		(48,047)		(55,061)	
NET CURRENT ASSETS/ (LIBILITIES)		-	(25,949)	_	(33,486)
TOTAL ASSETS LESS CURRENT LIABILITIES			34,392		32,935
CREDITORS: Amounts Falling Due After More than one Year		-	(22,698) 11,694	_	(9,097) 23,838
CAPITAL AND RESERVES Called up share Capital Shareholders' Funds Profit and loss account	2	- -	1,000 18,648 (7,954) 11,694		1,000 18,648 4,190 23,838

CAREMEAL LIMITED (CONTINUED PAGE 1) ABBREVIATED BALANCE SHEET AS AT 29TH FEBRUARY 2008

For the year ended on 29th February 2008 the company is entitled to exemption from audit under section 249a (1) of the companies Act 1985

The director has confirmed that no notice has been deposited under Section 249b (2) of the Act in relation to its accounts for the year

The director acknowledges his responsibility for ensuring that the company keeps accounting records which comply with section 221 of the Act and for preparing the accounts which give true and fair view of the state of affairs of the company as at 29th February 2008 and of its profit or loss for the year ended and comply with requirements of the Act relating to accounts, so far as applicable to the company

The director has taken advantages of exemptions conferred by part III of schedule 8 to the Companies Act 1985 and done so on the grounds that in his opinion, the company is entitle those exemptions as a small company

In preparing these financial statements the director has taken advantage of special exemptions applicable to small companies and has done so on the grounds that in his opinion, the company is entitled to those exemptions as a small company

These accounts have been prepared in accordance with the special provisions relating to small companies within Part VII of the Companies Act 1985

Approved by the Board and signed

Director.

28.8.2008.

Dated

CAREMEAL LIMITED

NOTE TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 29TH FEBRUARY 2008

NOTE 1

a) Basis of Accounting

The accounts have been prepared in accordance with Financial Reporting Standard for small Entities effective January 2007 under the historical cost convention

b) Turnover

Turnover represents net takings, excluding Value Added Tax

c) Tangible Fixed Assets

Depreciation is provided, at the following annual rates in order to write off each asset over its estimated useful life

Intangible Assets

25% on cost

Property Improvements

5% on cost or valued amounts

Furniture, Fixtures & equipment

25% on written down value

Motor Vehicles

25% on written down value

c) Stock

Stock is valued at the lower of cost and net realisable value

NOTE 2 CALLED UP SHARE CAPITAL

Authorised

10,000 Ordinary Shares of £1 each

10,000

Allotted, Issued and fully paid

1,000 Ordinary Shares of £1 each

1,000