



COMPANIES HOUSE

Please complete in typescript,  
or in bold black capitals.

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3123072

Company Name in full

CAPION HOLDINGS LIMITED



\*F288A018\*

Date of appointment Day Month Year 20 08 97 †Date of Birth Day Month Year 08 03 68

### Appointment form

Appointment as director

X

as secretary

Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

NAME

\*Style / Title

\*Honours etc

Notes on completion  
appear on reverse.

Forename(s)

FIONA

Surname

PARSONS

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address

MEADOWSIDE COTTAGE, MAIN ROAD

Post town

GREEBA

Postcode

County / Region

ISLE OF MAN

Country

†Nationality

BRITISH

†Business occupation

TRUST MANAGER

†Other directorships  
(additional space overleaf)

I consent to act as \*\* director / secretary of the above named company

Consent signature

Rona Parsons

Date

20/8/97

\* Voluntary details.

† Directors only.

A director, secretary etc must sign the form below.

Signed

For and on behalf of

Sceptre Consultants Limited

Date

20/8/97

\*\* Please delete as appropriate

(\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

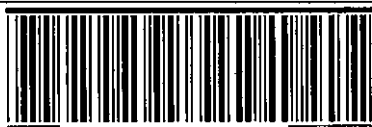
Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

DX number

DX exchange

EDSACO (ISLE OF MAN) LIMITED  
PO BOX 227, CLINCH'S HOUSE, LORD  
STREET, DOUGLAS, ISLE OF MAN IM99 1RZ  
(01624) 863165 (0171) 559 0000

Our Ref:



A28 \*A8FOXZ6N\* 409  
COMPANIES HOUSE 17/09/97

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland

DX 235 Edinburgh

**Company Number**

† Directors only.

†Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

# Directorships

## FIONA PARSONS

File Number	Company Name	RegNos	Jurisdiction	Date Appointe	Date Resigned
17999	Beat Import/Export Limited	3361645	England & Wales	18/06/97	
13217	CAPION HOLDINGS LIMITED	3123072	England & Wales	20/08/97	
17815	Dimes Limited	3389713	England & Wales	20/06/97	
17911	Finale Investments Limited	3354002	England & Wales	10/06/97	
17912	Forcemode Services Limited	3364311	England & Wales	10/06/97	
17593	Gobal Equity Advisors Limited	3370960	England & Wales	09/05/97	
17509	Hogans Limited	2921345	England & Wales	09/06/97	
17842	Inner and International Ltd	3388112	England & Wales	12/06/97	
17759	Kruger Investments Limited	3384693	England & Wales	11/06/97	
17579	Lowkey Technology Limited	3308765	England & Wales	01/05/97	17/06/97
17896	Multiple Trading Limited	3387821	England & Wales	11/06/97	19/06/97
18289	Newport International Limited	3404249	England & Wales	16/07/97	
17586	Pinkstone Services Limited	3225750	England & Wales	01/05/97	
17689	Rialto Consulting Limited	3383729	England & Wales	09/06/97	
12303	Rosebridge Developments Limited	3050850	England & Wales	07/07/95	
17671	Sheets Overseas Limited	3379061	England & Wales	30/05/97	
17915	Stangate Properties Limited	3378574	England & Wales	10/06/97	
9279	SYNDIFINANCE UK LIMITED	2711976	England & Wales	14/06/93	
17717	Top High (UK) Limited	3383727	England & Wales	09/06/97	