



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **PICTURE OF HEALTH CLUBS (UK) LIMITED**

Company Number: **03110677**

Date of this return: **05/10/2013**

SIC codes: **93290**

Company Type: **Private company limited by shares**

Situation of Registered Office: **MARINE HOUSE 275 COWBRIDGE ROAD EAST
CARDIFF
WALES
CF5 1JB**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MR LAURENCE SYDNEY**

Surname: **COHEN**

Former names:

Service Address: **MARINE HOUSE 275 COWBRIDGE ROAD EAST
CARDIFF
WALES
CF5 1JB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **12/08/1944**

Nationality: **BRITISH**

Occupation: **ACCOUNTANT**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1000
		<i>Aggregate nominal value</i>	1000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NONE			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1000
		<i>Total aggregate nominal value</i>	1000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/10/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **500 ORDINARY shares held as at the date of this return**
500 shares transferred on 2012-11-05

Name: **LAURENCE COHEN**

Shareholding 2 : **500 ORDINARY shares held as at the date of this return**

Name: **LOUISE COHEN**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.