



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **HANDS-ON HEALTH LIMITED**

*Company Number:* **03063468**

*Date of this return:* **01/06/2015**

*SIC codes:* **86900**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **10 QUARRY ROAD  
WANDSWORTH  
LONDON  
SW18 2QJ**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **DEIRDRE ELIZABETH**

*Surname:* **DOLAN**

*Former names:*

*Service Address:* **10 QUARRY ROAD  
WANDSWORTH  
LONDON  
SW18 2QJ**

*Company Director*    ***1***

*Type:*                      **Person**

*Full forename(s):*        **DEIRDRE ELIZABETH**

*Surname:*                **DOLAN**

*Former names:*

*Service Address:*        **10 QUARRY ROAD  
WANDSWORTH  
LONDON  
SW18 2QJ**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **28/03/1944**                      *Nationality:*    **BRITISH**

*Occupation:*    **NURSE & TEACHER**

*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **MR SIMON DESMOND**

*Surname:* **DOLAN**

*Former names:*

*Service Address:* **10 QUARRY ROAD  
WANDSWORTH  
LONDON  
SW18 2QJ**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **28/05/1940** *Nationality:* **BRITISH**  
*Occupation:* **SECRETARY**

## Statement of Capital (Share Capital)

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|                        |                 |                                |          |
|------------------------|-----------------|--------------------------------|----------|
| <b>Class of shares</b> | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>1</b> |
|                        |                 | <i>Aggregate nominal value</i> | <b>1</b> |
| <i>Currency</i>        | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>1</b> |
|                        |                 | <i>Amount unpaid per share</i> | <b>0</b> |

### *Prescribed particulars*

**EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES-THIS WORDING WILL REFLECT THE GENERAL LEGAL POSITION OF ONE MEMBER ONE VOTE UNDER SECTION 284 COMPANIES ACT 2006**

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## Statement of Capital (Totals)

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|                 |            |                                      |          |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>1</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>1</b> |

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 01/06/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1 ORDINARY shares held as at the date of this return**  
*Name:* **DEIRDRE DOLAN**

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.