

COMPANY NUMBER 3063468

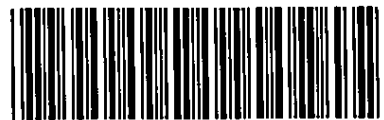
REPORT AND UNAUDITED ACCOUNTS

Hands-on Health Limited

30 JUNE 2009

STEPHEN JAY
CHARTERED ACCOUNTANTS
WANDSWORTH LONDON SW18

FRIDAY



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COMPANIES HOUSE

Hands-on Health Limited

DIRECTORS' REPORT

PRINCIPAL ACTIVITY

The directors present their annual report with the unaudited accounts of the company for the year ended 30 June 2009. The company is dormant and has not traded during the year.

DIRECTORS AND THEIR INTERESTS

The directors at 30 June 2009 and their interests in the share capital of the company were as follows:

	<i>At 30 June 2009</i>	<i>At 1 July 2008</i>
	<i>Ordinary shares</i>	<i>Ordinary shares</i>
D E Dolan	1	1
S D Dolan	nil	nil

SMALL COMPANY EXEMPTIONS

The above report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

By order of the Board

D E Dolan 27 January 2010

D E Dolan

Secretary

27 January 2010

Hands-on Health Limited

PROFIT AND LOSS ACCOUNT for the year ended 30 June 2009

The company has not traded during the year or the preceding financial year. During these years the company received no income and incurred no expenditure and therefore made neither profit or loss.

BALANCE SHEET as at 30 June 2009

	£
CURRENT ASSETS	
Debtors - called up share capital not paid	1
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>1</u>
CAPITAL AND RESERVES	
Called up share capital	
Allotted, called up but not paid 30 June 2009 and 30 June 2008	1
Authorised 100 Ordinary shares of £1 each 30 June 2009 and 30 June 2008	
SHAREHOLDERS' FUNDS	<u>1</u>

These accounts were approved by the Board on 27 January 2010. The accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibility for:

- ensuring that the company keeps adequate accounting records which comply with section 386 of the Act, and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit and loss for the financial year, in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

D E Dolan 27 January 2010

D E Dolan
Director

Company Registration Number 3063468

27 January 2010