



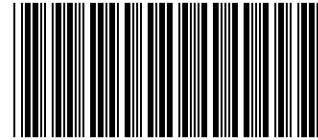
**Companies House**  
— for the record —

**363S<sub>(ef)</sub>**

**Annual Return**

*Company Name:* **HANDS-ON HEALTH LIMITED**

*Company Number:* **03063468**



*Received for filing in Electronic Format on the:* **16/06/2005**

XG14Y669

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*Company Details*

*Period Ending:* **01/06/2005**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principle Business Activities:*

*SIC Codes*

**7499**

**NON-TRADING COMPANY**

*Registered Office:  
Address:*

**10 QUARRY ROAD  
WANDSWORTH  
LONDON  
SW18 2QJ**

*Register of  
Members Address:*

**At Registered Office**

*Register of Debenture  
Holders Address:*

**Not Applicable**

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*Details of Officers of the Company*

*Company Secretary:*

*Name:* **DEIRDRE ELIZABETH  
DOLAN**

*Address:* **10 QUARRY ROAD  
WANDSWORTH  
LONDON SW18 2QJ**

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*Director 1:*

*Name:* **DEIRDRE ELIZABETH  
DOLAN**

*Address:* **10 QUARRY ROAD  
WANDSWORTH  
LONDON SW18 2QJ**

*Date of Birth:* **28/03/1944**

*Nationality:* **BRITISH**

*Occupation:* **NURSE & TEACHER**

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*Director 2:*

*Name:* **MR SIMON DESMOND  
DOLAN**  
*Date of Birth:* **28/05/1940**  
*Nationality:* **BRITISH**  
*Occupation:* **SECRETARY**

*Address:* **10 QUARRY ROAD  
WANDSWORTH  
LONDON SW18 2QJ**

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### *Share Capital*

#### *Issued Share Capital Details:*

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
<b>ORDINARY</b>	<b>1</b>	<b>GBP1</b>
<b>TOTALS</b>	<b>1</b>	<b>GBP1</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 01/06/2005, or that had ceased to be shareholders since the made up date of the previous Annual Return.

#### *Shareholding 1:*

**1 ORDINARY Shares held as at 01/06/2005**

*Name:* **DEIRDRE DOLAN**

*Address:* **10 QUARRY ROAD  
LONDON SW18 2QJ**

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### *Authorisation*

*Authoriser Designation:* **SECRETARY** *Date Authorised:* **16/06/2005** *Authenticated:* **Yes (E/W)**