



COMPANIES HOUSE

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



MB 15 100 0 12
363s

Annual Return

of company number 03043403

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company name

PERSONNEL HEALTH & SAFETY CONSULTANTS
(MIDLANDS) LIMITED

company type

PRIVATE COMPANY LIMITED BY SHARES

This form should be completed in black.

The information printed below is taken from Companies House records as at 24/03/97
If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
07	04	97

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Registered Office (See note 3)

This is the address registered by Companies House.

13 MIDDLE ROW
MAIDSTONE
KENT
ME14 1TG

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Principal business activities (See note 4)

Trade classification is
7484 OTHER BUSINESS ACTIVITIES

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If the code cannot be determined from the notes, give a brief description of principal activity.

03043403

Register of members *(See note 5)*

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

The register is kept at

REGISTERED OFFICE

Register of debenture holders *(See note 6)*

Any register of debenture holders (or duplicate) is kept at

Company Secretary *(See note 7)*

Particulars of a new secretary **must** be notified on form 288.

STEPHEN
KING
60 GRACE AVENUE
MAIDSTONE
KENT ME16 0BU

Day	Month	Year

Date of any change.

If this person has ceased to be secretary, please state when.

Day	Month	Year

Date of resignation.

Directors *(See note 7)*

Particulars of a new director **must** be notified on form 288.

NICOLA CATHERINE
COOTE
35 WAYSIDE AVENUE
HORNCHURCH
ESSEX RM12 4LL

Day	Month	Year

Date of any change.

Date of Birth:- 14/03/61

Nat:BRITISH

Occ:CONSULTANT

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

PERSONNEL HEALTH & SAFETY CONSULTANTS LTD.
PERSONNEL HEALTH & SAFETY CONSULTANTS (NORTH) LTD
PERSONNEL HEALTH & SAFETY CONSULTANTS (SOUTH) LTD

03043403

Directors - continued

Particulars.

STEPHEN
KING
60 GRACE AVENUE
MAIDSTONE
KENT ME16 0BU

Date of Birth:- 04/08/55

Nat:BRITISH

Occ:CONSULTANT

If this person has ceased to be director, please
state when.

Show any relevant current and previous directorships.

If the information shown needs amendment,
give details below and the date of any change.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

PERSONNEL HEALTH & SAFETY CONSULTANTS LTD
PERSONNEL HEALTH & SAFETY CONSULTANTS (NORTHERN) LTD
PERSONNEL HEALTH & SAFETY CONSULTANTS (SOUTHERN) LTD

Particulars.

Day	Month	Year

Date of any change.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

If this person has ceased to be director, please
state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of resignation.

Particulars.

Day	Month	Year

Date of any change.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

If this person has ceased to be director, please
state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of resignation.

Issued Share Capital (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
A. <u>ORDINARY</u>	<u>7</u>	<u>27</u> <i>gls</i>
B. <u>ORDINARY</u>	<u>2</u>	<u>2</u>
Totals	<u>9</u>	<u>29</u> <i>gls</i>

List of past and present members

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the appropriate box.

There were no changes in the period ☒

The last full members list was at 07/04/96

A list of changes is enclosed ☒

on paper

not on paper

A full list of members is enclosed ☐

Elective resolutions (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, *mark this box.* ☐

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, *mark this box.* ☐

Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of **£15**.

Cheques should be made payable to **Companies House**.

Signed Stephen King

Secretary/Director*

*(delete as appropriate)

Date 4-4-1997

This return includes continuation sheets.
(enter number)

Please ensure that you have completed all sections on this page.

To whom should Companies House direct any enquiries about the information shown in this return?----->

BURNS, CO
13 MADONK Row
MADSTONK
KENT Postcode ME14 1TG

Telephone Ext

LIST OF PAST AND PRESENT MEMBERS (continued)

SCHEDULE TO FORM 363

Company Number: 03043403		Account of Shares			
Company Name: PERSONNEL HEALTH & SAFETY CONSULTANTS (MIDLANDS) LIMITED		Number of shares or amount of stock held by existing members at date of this return.	Particulars of shares transferred since the date of the last return, or, in the case of the first return, since the incorporation of the company, by (a) persons who are still members, and (b) persons who have ceased to be members.		Remarks
Name and address			Number currently held	Date of Registration of Transfer	
Mr S.J. KING 60 GRACE AVENUE MANCHESTER M14 6BT		1			
Mrs A.C. COOTE 33 WATSON AVENUE HARROGATE HG1 1AA		1			
PERSONNEL HEALTH & SAFETY CONSULTANTS LTD 32 VERDANT LANE CATHERINE LONDON SE6		7			
TOTAL SHARES		9			