



Please complete in typescript,
or in bold black capitals.

CHFP025

288a

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or change
of particulars (use Form 288c))

Company Number

3026693

Company Name in full

Abbeyfield Residential Care Helpline (London SW)

Date of
appointment

Day Month Year
3 0 0 3 2 0 0 9

† Date of
Birth

Day Month Year
0 8 0 8 1 9 5 6

Appointment form Appointment as director

☒

as secretary

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

*Style / Title

MR

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

Paul

Surname

Allen

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address ††

95 Greencroft Gardens

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985



Post town

London

Postcode

NW6 3PG

County / Region

London

Country

UK

† Nationality

British

† Business occupation

Chief Executive

† Other directorships
(additional space overleaf)

I consent to act as ** director / ~~secretary~~ of the above named company

* Voluntary details.

† Directors only.

**Delete as appropriate

Consent signature

P. J. Allen

Date

27/4/09

A director, secretary etc must sign the form below.

Signed

Dana Powell.

Date

01-05-2009

(† a director) / secretary / administrator / administrative receiver / receiver manager / receiver

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record.

Bates Wells & Braithwaite London LLP
2-6 Cannon St
London
EC4M 6YH

006156/0089/PK/SS Tel 0207 5517777
DX number DX 42609 DX exchange Cheapside 1

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



ARD449OJ

A24

08/05/2009

122

COMPANIES HOUSE

FRIDAY

Company Number

3026693

† Directors only.

† Other directorships

Pebblemist Limited Company No. 01839822

Lee House, Wimbledon Company No. 00084460

(→ see attached)

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

Company	Number	Resigned
Southampton Free Trade Zone Limited	01744766	20.07.04
ABP Connect Limited	01960152	20.07.04
Exxtor Haulage Management Services Limited	01394615	20.07.04
Exxtor Shipping Services Limited	00516824	20.07.04
Slater's Transport Limited	02414873	20.07.04
American Port Services Holdings Limited	03960060	20.07.04
Amports Cargo Services Limited	02380300	20.07.04
Amports Contract Personnel Limited	02433314	20.07.04
Amports Vehicle Terminals Limited	02651826	20.07.04
Auto Shipping Limited	01910901	20.07.04