

Company Number 3016170
Registered Charity Number 1052817

COMMUNITY HEALTH EDUCATION
AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

REPORT AND
UNAUDITED
FINANCIAL STATEMENTS
for the YEAR ended 30th APRIL 2011



Percy Westhead & Company
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1 Booth Street
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COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

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COMPANY INFORMATION
for the YEAR ended 30th APRIL 2011

STATUS	The organisation is a charitable company limited by guarantee, incorporated on 31 January 1995 and registered as a charity on 12 February 1996
NAME(S)	Community Health Education And Reconstruction Training also known as Community H E A R T
CHARITY NUMBER	1052817
COMPANY NUMBER	3016170
REGISTERED OFFICE	c/o UNISON 6 th Floor Sunlight House Quay Street Manchester M3 3JZ
PRESIDENT	Professor Denis Goldberg
SECRETARY	Isobel McVicar
BANKERS	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB
INDEPENDENT EXAMINER	T A R Elston BA FCA Percy Westhead & Company Chartered Accountants Greg's Buildings 1 Booth Street Manchester M2 4AD

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COUNCIL MEMBERS REPORT for the YEAR ended 30th APRIL 2011

The Community H E A R T Council are pleased to present their report and financial statements of the charity for the year ended 30th April 2011

The Directors (Council Members)

Directors, who are also trustees under charity law, who served during the year and up to the date of this report were as follows

Mr B F Filling	Chair (resigned from the Council 3 rd May 2010 due to ill health)
Mr R Bruce	(retired 15 th January 2011 and was duly nominated and re-elected)
Mr I I Perez	Vice Chair (elected Chair 28 th May 2010)
Mr J McFadden	
Mr J McGhee	
Mr M Malik	
Ms M Tladi-Small	
Ms J Sawyer	
Ms L Richards	(retired 15 th January 2011 and was duly nominated and re-elected)
Ms M Dunn	(elected Vice Chair 28 th May 2010) (retired 15 th January 2011 and was duly nominated and re-elected)

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated in 1995 and registered as a charity on 12th February 1996. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

Appointment of Trustees

As set out in the Articles of Association the Council will comprise not less than 4 and not more than 10 members. Members of the Council are elected at the Annual General Meeting (AGM), nominations having been called for prior to the meeting. Casual vacancies can be filled by the Council between AGM's but must be ratified at the next AGM. Under point 35 of the Articles of Association, one third of the Council must retire at the AGM. The members of the Council to retire will be those who have been longest in office. A retiring member shall be eligible for re-election. The Convenor (Chair) and Vice Convenor (Vice Chair) are elected at the AGM.

Trustee Induction and Training

All of our present trustees have been members of the Council for some time, the last new member was elected at the AGM on the 5th of November 2004. New members are given copies of the Articles of Association and encouraged to visit the office to review past and on-going work. All trustees receive regular financial updates. During this financial year the Council held a Strategy Meeting to review the work and discuss future strategy of the organisation. The Strategy meeting was attended by 5 of the Trustees and the Director in January 2011. The meeting agreed a number of aims and objectives for the coming year detailed below under Objectives and Activities. It was agreed that progress on these aims and objectives will be reported and reviewed at each future council meeting.

Organisation

The board of trustees is responsible, which at present made up of 9 members (the full complement set out in the Articles of Association is 10), for the administration of the charity. The board meets at least 4 times a year. A Director, appointed by the trustees, manages the day to day activity of the charity. All major decisions on new work undertaken are taken by the trustees.

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Members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the charitable company in the event of winding up. The total number of such guarantees at 30th April 2011 was nine. The directors have no beneficial interest in the charitable company.

Responsibilities of Trustees

Company law requires the directors to prepare financial statements for each financial year that give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the year then ended.

In preparing those financial statements that give a true and fair view, the directors should follow best practice and

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare financial statements on the going concern basis unless it is appropriate to assume that the company will continue on that basis

The directors are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

The directors are also responsible for safeguarding the assets of the charitable company and hence for taking any reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management

The trustees have agreed to review risks to the charity on an annual basis and implement any procedures which may be necessary to minimise risks to the organisation.

The trustees have identified the risk to the work by our limited amount of regular funding and the risk of regular funding drying up. The trustees have agreed an annual strategy meeting will take place to plan fund raising, and building up a regular funding base and diversification of funding streams. Internal controls of authorisation of financial transactions minimise risk to the funds. Two authorised signatures are required for all financial transactions. The organisation also has a reserves policy to ensure we can meet our financial commitments.

Objectives and Activities

The object of the organisation is to preserve and protect the mental and physical health and assist with the education of people in what used to be called the Front Line States of Southern Africa to help with the alleviation of poverty in those countries. Effectively, at this moment we are helping to overcome the legacy of deprivation in the aftermath of apartheid in South Africa.

The main objectives for the year

- developing relationships with organisations in the UK that can help us secure our overall objectives
- access large grants for organisations we support in South Africa
- developing current relationships and investigating new relationships with organisations in South Africa to help us secure our objectives
- supporting through small grants a number of organisations in South Africa that will allow us to fulfil our objectives
- developing current funding streams and new ones

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Strategies for achieving objectives

To achieve our objectives we have formed relationships with organisations in South Africa that carry out such activities. We have decided that we shall not open an office in South Africa, but give support to selected organisations there and thus save the enormous overheads involved. We shall carry out or commission evaluations of projects where necessary.

In January 2011 a Strategy Meeting was held to review our strategies and objectives, especially in the current financial situation in the UK and around the world. The following strategic objectives were agreed:

- Restore financial reserves to around £25,000 by developing current funding streams and new ones
- Developing strategic relationships and partnerships with organisations within the UK, South Africa and Europe to help us secure our objectives
- Develop our communications with our supporters and the general public
- Develop further trade union support

It was agreed the Directors write a report with the detailed information under each of these headings and the actions required to fulfil these strategic objectives to be circulated to all Council members. It was also agreed that progress be monitored at Council meetings.

Details of Projects and Programme Activities during 2010/11

Book and 10 Pence

This campaign is set up to provide school libraries in South Africa. The organisation has continued to progress this project and build relationships with organisations, schools, local authorities and others in the UK that can help us access books and organisations in South Africa able to distribute books to the schools.

Large Grants

In this financial year we have not been able to access any large grant funding. The current financial situation in the UK appears to have affected the ability of small charities like Community H E A R T being able to access large grants.

Community H E A R T will continue to search for large grant funders to support our projects and the work we do.

At the time of writing we have been able to secure funding of £50,000 for one of our projects in the financial year 2011/12.

Small Grants

Two small grants were made during this year to Ikamva Labantu and Ububele. All the funds going to these projects were donated by individuals or organisations specifically for these projects.

Developing Current Relationships and New Relationships

In order to advance our aims and objectives we look to develop new relationships with organisations in South Africa as well as continuing to develop long standing ones. This is particularly important because we do not have offices or staff in the region and to ensure the work we support is developed by local people shaping their own future. A number of relationships have started to develop during this financial year including The Kronendal Music Academy and the Aquarius Feeding project. We continue to work with longstanding partners in South Africa.

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We also work with a number of organisations in the UK including ACTSA, ACTSA Scotland, Mamelodi Trust, UNISON, World of Books and the FBU. We have also been approached by the Awesome Books, an on-line book seller that donated 80,000 books to our book campaign.

Developing funding streams

Community H E A R T continued during this period to look at ways to develop funding streams. These can be covered broadly under four headings

- Regular donations
- One-off donations
- Grants
- Corporate
- Use of social enterprise sites

Achievements and Performance

Book and 10 Pence

This campaign has continued to go from strength to strength. The campaign has now sent 2.73 million books to set up school libraries in South Africa. In this financial year 130,000 books were shipped. These books were distributed in two South African provinces, Gauteng and the Eastern Cape. Community H E A R T tries to ensure that all provinces of South Africa are recipients of books; however, this is reliant on having suitable partners in the other provinces. As the campaign has become known in South Africa, the enormous need has become all too apparent. In many areas, there continue to be waiting lists of schools wishing to access the next container of books to come to their area.

We continue to look for organisations in each of the provinces that are able to handle the quantity of books. In each province, the types of organisations are at different stages of development, however, we have been able to use well-established partners in Gauteng and the Eastern Cape, for example, to help with distribution to some other provinces.

During this financial year, we were approached by Awesome Books, an on-line book seller that offered to send 80,000 books for our campaign as part of their charitable objectives. These books left the UK in April 2011 and were received by Gauteng Education and Libraries Service for distribution to schools in the next academic year. We were also picked by Child's Play, another on-line book store, as their Christmas charity during this year. They were able to send us new books for the campaign and a donation of £200 for the campaign.

Other organisations donating books include LAMDA (London Academy of Music and Dramatic Art) and the publishers Blood-Axe Books.

At the time of writing, we are preparing a container for shipping so a further 50,000 books going to Gauteng. Along with these books, there are a number of psychotherapy books which are being sent for Ububele. (Please see information below on Ububele).

The FBU (Fire Brigade Union) have continued to be very supportive in asking the Fire Authority in Manchester and their members to help with loading and unloading books. Without the help of the fire fighters in Gorton and Moss Side, we would have had great difficulty in dealing with loading the containers. Our thanks go to all those involved and to Alan Anderson, who organised the help. Alan has since retired and has volunteered to do further work for the project as well as ensuring a future contact with the FBU branch.

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We also would like to thank Co-operative Group stores and distribution service that dealt with hundreds of thousands of books during their participation in the campaign some years ago. We have again been able to make renewed contact with the Co-operative through the Co-operative College. After initial discussions about future participation in the project, three Co-operative schools are teaming up to send 50,000 books to their linked schools in KwaZulu Natal, South Africa. The three schools, Aire Valley School (near Bradford) Campstown Technology College (near Doncaster) and South Axholme School (Epworth) are going to encourage the public to donate books for the campaign. The three schools in South Africa Makhasa High School, Kwa Giba High School and Malabela High School, all in KwaZulu Natal, will use the books to set up school libraries. This is a way of students cementing their links with schools in the developing world. Though school buildings have vastly improved since the end apartheid, many schools have no school library and students have little or no access to books. A school library is a practical tangible way of changing the outcomes for young people in South Africa. The project is supported by the Co-operative College and Co-operative Group.

This work would not be possible without the help of those receiving the containers and distributing the books. Thanks must be given again to Gauteng Education Libraries Service, Yabonga, Amatole and Buffalo City.

The campaign would also not be possible without all those who have donated books and 10p's. Many tens of thousands of individuals have donated books and a number of organisations have shown unstinting support. Local ACTSA organisations have been collecting books for the campaign for many years and have given tens of thousands of books. There are also schools that are now making regular contributions to the campaign. Many Local Authorities have supported the campaign. ACTSA Scotland, as in past years, has organised the packing, sorting and funding of the books going to the Eastern Cape.

Amba Forwarding, our shipping agent in the UK, has been invaluable to the campaign. The subsidised shipping costs from Safmarine over many years has greatly contributed to the campaign, unfortunately the Safmarine withdrew these subsidies for all charities including Community H E A R T a few years ago. This has therefore increased the need to obtain funding for the campaign. The help and support of Kris Shah and Kirti Patel and the team of Amba Forwarding has ensured the shipping aspect of the campaign has gone smoothly.

The work undertaken by Nat and Elsa Perez, Mmapula Tladi and Lloyd Small and all those in Waltham Forest. Thuso in South Africa for packing and sorting books in London has been invaluable. The storage space donated by the Quakers in London has been an invaluable, allowing us to have a space outside Manchester. Unfortunately the winter last year caused damage to the space that we are unable to repair. Some of the books stored there were damaged and the rest were delivered to Manchester early this financial year thanks to Nat Perez and Jim Carling from the Quakers.

Others have also given freely their time and energy including many of the UNISON North West staff and activists who have helped with deliveries of books, driving vans and loading containers. Kate (a retired Manchester UNISON Branch Officer) and Gerry Farrell have increased their contribution both collecting and packing and sorting a few days every week, their support during this year and in the past has been invaluable. Bob Bruce has also contributed to the campaign by storing and collecting books in Oxford and the surrounding area and transporting them to the Manchester storage site.

As said earlier in the report the support of the volunteers from the Manchester Fire Service has also been invaluable for the Book and 10 Pence campaign.

Many people have given up their time and energy to support Community H E A R T not least the teachers, parents, staff and members in schools, the churches, young peoples' organisations and others who have collected books. Many ACTSA members around the country who have supported the book campaign for many years including ACTSA Richmond. ACTSA Scotland members and supporters worked on the books collected in Scotland. Trade union branches have also been active in supporting the Book and 10 Pence campaign.

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John Fulford and his team have also packed and sorted books on the Isle of Wight sending us thousands books for the campaign. This is continuing support which like the support of ACTSA Scotland is very important to keep the campaign going.

We have also had help from the other occupants of units at the storage site in Manchester who have helped by driving the forklift truck. John Brown, who deals with security at the units, has given immense support in organising this and helping with deliveries and containers being despatched. We would like to express our thanks to John for the many years he has supported us and wish him well in his retirement.

We hoped to enhance the campaign during this year by setting up a Book Fund which will be used to buy books in South Africa, either in English or other indigenous languages. This has not been possible mainly due to the difficult financial circumstances in the UK during this year, we have therefore concentrated on general fund raising to keep our current book campaign going.

We have also been in discussions with publishers in South Africa about setting up a Book Bank in South Africa. Progress with discussions has been slow and we have therefore decided to go ahead with a pilot of the idea in Cape Town. The project will be called Book Bank Cape Town and will work on a similar basis to the Book Campaign in the UK. We have been offered a storage space close to Cape Town and have already received expressions of interest in volunteering for the project. It is hoped that having set up the project this may encourage South African publishers to donate surplus children's books rather than pulp them. The Board believe this is a very important development in our Book Project because we will be able to increase the number of books we can supply to set up school libraries without increasing the cost of running the campaign.

Large Grants

As reported earlier we have been unable to access any large grants in this financial year, however we have had updates from the project we accessed funds for in the last 2 years. The work we funded is still taking place and will continue into the next financial year.

Amakhaya ngoku – Homes now

The organisation was set up by the local community after yet another fire had destroyed the shacks and possessions of those living in the informal settlement known as the School Site. The organisation was set up by the residents as a first move towards producing formal housing for the local community. The organisation made up of the residents set about collating the information required to access the government housing subsidy and raise the funds to build homes for 1,200 people living in the local community. The organisation is supported by a local architect and NGO.

The organisation had to raise ZAR 11 million (around £850,000) of the required ZAR 40 million (around £3.15 million) for the project in order to access the government subsidy of ZAR 29 million (around £2.3 million). They were also required to submit detailed plans to get planning permission and to ensure the plans fell within the regulations for the subsidy. In the two financial years (2007/8 and 2008/9) we donated a total of £430,000 which along with other donations allowed Amkhaya ngoku to access the government subsidy. Though there were bureaucratic hurdles and local difficulties to overcome, the community were eventually moved to their temporary site and building work began in March 2009. We are happy to report the 172 flats have been handed over to residents of the original School Site. There are a further 2 blocks nearing completion and a further 4 blocks commencing when funds are available.

At the time of writing, Community H E A R T, has been able to access a further £50,000 for this project.

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The Community H E A R T Board believe this is an exciting initiative which is not only providing formal housing for a community but also providing much needed employment in the local community. It is also clear that this sort of local initiative involving the local community will speed up the rate of formal housing provision than would be possible if the local authority alone have to take the initiative. A community based initiative also ensures local people are involved in the development of the project and decision making process. Having invested time and energy in the project the local community feel ownership of the initiative. There has been also some interest generated in other informal settlements. Though this initiative and any future ones require a large injection of funds, in terms of value for money and the difference made to the local community, it must be seen in a very positive light. In fact, discounting the government subsidy, this equates to less than £2,500 per family or £750 per person to build formal housing. The total, including the government subsidy to provide formal housing for families is £8,800.

Though many formal houses have been built since the first democratic elections, the scale of the housing problem in South Africa meant this was going to be one of the major problems to solve. Government subsidies were given rather than paying the cost of the entire build was the policy to ensure that as many people as possible could benefit from formal housing. With the help of outside donors it may be possible, through projects like this, to make a major contribution to alleviating this problem. The Board are pleased we have been able to support this project and hope this will show one of the potential ways to increase the number of people living in formal housing. It is clear from the experiences of Amakhaya ngoku that the density and lack of planning of informal settlements means use of any utilities is limited or non-existent leading to immense problems. We look forward to supporting similar projects in the future if funds can be sourced.

Small grants

Two organisations received small grants in this financial year, Ikamva Labantu and Ububele. The total paid out in small grants was £6,970. Ikamva Labantu received £2,999 and Ububele received £3,971.

Our account in South Africa has continued to allow us to reduce bank international transfer fees and get the best rate of exchange. Small transfers incur relatively large fees and very poor exchange rates. We can now transfer a combined amount of grants therefore benefiting the projects we support.

Abadala (Ikamva Labantu)

We have continued our work with Abadala. The Friends of Abadala have continued to pursue donations and supporters make donations to Community H E A R T. Abadala donors support old people's centres in Cape Town townships, which is a part of the Ikamva la Bantu group of projects. Abadala is a small organisation and so administering the donations would not be cost effective. Working in this way allows all the money donated to go to the project and allows us to be informed of work being done which could help inform some of our other projects. As with many projects in South Africa AIDS is becoming a major issue. Many of the senior citizens are finding they have to help support their families that are being devastated by the pandemic.

We are kept informed of the work through comprehensive annual and financial reports from Ikamva Labantu. In the last financial year the donation was utilized to support five Senior Citizens Centres with daily transport.

During the period, £2,999 was transferred to Ikamva Labantu, this included Gift Aid. There is also an amount of £590.55 to be transferred to the Youth Sector of Okamva Labantu.

Ububele

Ububele is a psychotherapy resource and training centre based in Alexandra Township, just outside Johannesburg. Community H E A R T was involved in supporting this organisation when it was first set up by Tony and Hillary Hamburger. Alexandra is a large township which has a great deal of unemployment and poverty. Added to this the HIV/AIDS pandemic is a source of concern for many of the inhabitants with many affected directly or indirectly. The organisation provides a much needed service in the community.

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The importance of this organisation is not only it's work with the communities and families in Alexandra but also as a centre of good practice for work in this area, i.e. psychotherapy. The need for mental health facilities is extremely important but is often an area which is forgotten about, as hunger and poverty are more visible.

Ububele is made up of

- a Psychotherapeutic Nursery
- a Training Faculty
- a Group Counselling Training division
- an Early Childhood & Families Training Division

A number of projects are being developed or expanded

● **The Psychotherapeutic Nursery**

The nursery currently caters for 50 children and will be doubled in size by 2012. As well as catering for the children it also offers training to preschool teachers and provides a resource for post-graduate interns and professionals.

● **Ububele-Persona Dolls Project**

This helps children to talk about their experiences and express necessary feelings. The project trains counsellors and teachers to effectively use the Dolls. Ububele employs women from the local community to manufacture the Dolls in-house, thus also providing much needed employment in the local area.

● **The Ububele- Umdlezane Parent Infant Project**

This project concerns assisting vital mother and infant emotional attachment when this becomes "at risk". The project provides support to hospitals and clinics to help them provide better and necessary counselling services to mothers and fathers with infants.

● **Preschool Counsellors Project**

This offers a one year training course for lay counsellors who will initially service 45 schools in the community and will provide psychological assistance and a referral service to over 10,000 children. This is a very important project as it trains local women as lay counsellors who can talk to the children in their mother tongue as well as providing employment in the local community.

We now have a support group set up in Sheffield which has been raising funds for Ububele, through various fund raising activities. As well as raising funds, this group have also raised funds to purchase psychotherapy books, which Ububele have been unable to purchase in South Africa. These are very specialised books and will be sent when the next book container goes to Gauteng in October 2011.

In this financial year we raised £2,055 through regular donations and one-off donations. We now have a group of 17 supporters giving regular donations. We transferred £3,971 in the financial year 2010/11.

Developing Current Relationships and New Relationships

We have continued to develop current and new relationships with organisations in South Africa. We have, as stated before, started to build up relationships with new organisations and provinces to distribute books for the Book ad 10 Pence campaign.

During this financial year we have looked at working with Kronendal Music Academy which works in the communities in the area around Hout Bay providing music education in as many styles and forms as possible to the disadvantaged communities while initiating racial and social interaction and integration in the 3 distinct communities of Imzamu Lethu (an informal settlement), Hangberg fishing village and the affluent valley residents.

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One of the issues especially in the Western Cape is the diverse population but little integration of the communities leading to tensions locally KLM as an organisation, working through music, is helping to change this. Since it was set up in 2007, KLM, has grown beyond all expectations inspiring many young people. In an area where there is very little for young people to do and aspirations are low KLM is a welcome project changing the lives of many and helping with the integration and interaction of the local communities.

Another new partnership is with the Aquarius School Feeding Programme also based in the Western Cape. The project was set up by Clive Kolbe, a former international cricketer, after he approached a couple of schools to offer to volunteer as a cricket coach. To his surprise he was met by the request to help feed the children at both schools. He started out by adopting 2 schools in Lavender Hill with donations from family and friends. The organisation grew out of this and started fundraising to provide bread (and soup ingredients during the winter) for more schools as the situation is similar in most schools in the deprived communities.

Community H E A R T are pleased to support this project which is similar to a project in Voslooros supported by one of our partner organisations in the UK, Waltham Forest. Thuso in South Africa.

Website

During this financial year we were able to set up a new website. There was no cost incurred in this development. Volunteer, Giselle Leeb a website developer, set this up for us. Community H E A R T can now update the site and put on news items with ease. It is hoped that the new website will encourage donors and help develop relationships with other organisations.

Developing funding streams

Regular donations

There were 112 regular donors during this financial year including 11 trade union branches compared to 112 in year 2009/10, though there has been a slight rise in trade union donations, overall regular donations have remained the same. In this financial year £19,836 was donated through regular donations compared to £22,019 in 2009/10. This is a slight decrease of just over £2,000 on last year which is mainly due to the blip in donations from Interact for Change in the last financial year. Last year we received over £6,000 in donations from this source compared to just over £2,000 the year before due to backdated payments from previous years. In this financial year we received £3,820 so the slight fall in regular contributions is due to this.

Interact for Change has wound up any formal fund raising some years ago so the annual amount is likely to slowly fall in future years.

One-off donations

There were 97 one-off donations in this financial year compared to 116 in 2009/10. In this financial year £9,882 was donated, this compares to £10,067 raised through one-off donations in 2009/10. There was also a further £7,050 raised through the book launches for Denis Goldberg's autobiography, *The Mission*.

Grants

No grants were received in this financial year. A grant for 2011/12 has already been received.

Corporate

There were 2 Corporate donations of £200 from Child's Play and Awesome Books in favour of the Book and 10 Pence Appeal. Child's Play also donated children's books for the appeal and Awesome Books donated 80,000 books and the £3,876 cost of shipping.

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Social Enterprise Sites

During this financial year we raised £228 through the social enterprise search engine Everyclick. People using the search engine earn a penny for their nominated charity every time they search the internet without having to spend a penny. We have tried to encourage our supporters to sign up to this and by the end of the financial year had 58 supporters signed up for Community H E A R T.

Easyfundraising is another site we are signed up to. The site that has over 500 retailers that donate to your nominated charity every time you shop on-line. We raised £56.34 from this site.

Book Launch

Towards the end of the last financial year we organised 3 UK book launches for Denis Goldberg's autobiography. It was agreed Community H E A R T would get £1.50 for every book sale. The total to come from these book sales from the Africa Book Centre is £817. This was received in this financial year. We also organised further events in this financial year raising a further £6,233 giving a total of £7,050 from these events.

Small Charity Car Draw

The FSI is an umbrella body for small charities giving them opportunities for fund raising, training and advice. Through the FSI we were able to take part in the Small Charity Car Draw which allowed us to sell draw tickets at £2 each and receive £1.904 per ticket sold. We sold off-line and online 237 tickets and received £451.25.

Grant Making policy

The Director was authorised to make grants within the aims and objectives of the organisation in consultation with the chair and members of the Board of Directors. In this financial year as reported, we did not receive any large grants from other organisations for our projects. Grants directly from Community H E A R T funds totalled £6,970. We ask that financial and annual reports are made available to us. We do not make grants to individuals.

Financial Review

Income and Expenditure

The work of Community H E A R T continued. The overall income of the organisation rose to £48,324 from £44,848. This includes the Interact for Change donations of £3,820 which was received late in April. Regular donations from individuals and trade unions fell from £21,899 to £19,836. The organisation is working to increase regular donations to allow us to plan future activity. At our strategy meeting in January we agreed to concentrate on increasing our reserves which have decreased due to the financial situation in the UK. The total received in Gift Aid was £2,596.

Trade Unions and Payroll Giving

We have received donations in a number of forms from trade unions. We receive regular donations from a number of trade unions branches and regions. These regular donations are very important to ensure the projects supported and Community H E A R T can plan for the future. Thanks to all those trade union branches, regions and members who have made these regular contributions over a number of years and to those that have now signed up to regular donations. We have been able to increase the number of regular donations we receive through the trade unions. In this year £5,140 was donated through trade unions.

The consortium, Interact for Change, involving three other charities UNISON Welfare, Terence Higgins Trust and Shelter in a payroll giving scheme, this financial year the funding raised through this was £3,820 which we received at the end of April.

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Individual Donations

We have a number of individuals that give regular donations and have done so over a number of years. These donations and one-off individual donations brought funding of just under £14,696 (including Interact for Change donations and on-line donations through CAF) into the organisation. The total amount claimed for Gift Aid amounted to £2,596 including through CAF. Work will continue in the next financial year to increase regular individual donations as agreed at the strategy meeting.

Direct Mail

Community H E A R T carried out a direct mail in December this year using the database that had been received from JAMM database, which was purged after the last mailing. We raised £1,748 from our Christmas appeal. This was down on last year by around £700 last year which again shows that there is a difficult time for small charities like Community H E A R T. It was agreed at the strategy meeting to do 2 mailings to donors a year.

Large Donations

There were no large donations.

Expenditure

Total expenditure in this financial year was up to £62,088 from £56,927, so it has been necessary to use some of our reserves in this financial year. The last year has been difficult with rising prices and the VAT rise at the beginning of 2011. The book campaign costs increased by nearly £7,000. To increase our fundraising we also made a number of purchases that will not occur each year.

The expenditure on support, management and administration amounted to 14.8% of the total expenditure, grants amounted 11%, projects (including the Book and 10 Pence campaign) amounted to 61% and fundraising and publicity amounted to 13% (please note part of this will be offset by sponsorship of fundraising events and includes printing newsletters to keep our supporters informed).

Volunteers

It is important at this point to highlight the work of volunteers as this work would be expenditure to the organisation. This is especially true of transportation, packing, sorting, storing and loading of books. Many people have been involved in this but special mention has to be made of Waltham Forest Thuso in South Africa, ACTSA Scotland, the FBU, the Elliot family in Stockton on Tees, John Fulford and the students at the Isle of Wight College, Bristol ACTSA, Kate and Gerry Farrell, Alan Anderson, Bob Bruce, Gaenor Bruce and Nat and Elsa Perez. It is difficult to calculate this contribution, in many cases transportation costs are covered by the volunteers, but it is a substantial saving to the organisation.

Mmapula Tladi-Small has also been of great help to the organisation both in her work with the South African Nurses Association but also the reports on our projects she has visited in South Africa. This is also the case with Nat & Elsa Perez who have also visited and reported back on a number of our projects. As Board Members their expertise and enthusiasm will enable the organisation to develop in the future.

Reserves Policy

We seek to have sufficient funds in hand to be able to function for 6 months, this is a revision from 3 months in line with many organisations in the sector. It is difficult to mention a specific sum because the amount we need is determined not only by fixed overheads, rent etc. and salaries but by variable timing of gifts of books etc. and therefore the amount of shipping we shall need to undertake. We have assumed for these purposes at least one container will be despatched every quarter. This would require a reserve of £20,000 - £25,000. The board will review the reserves policy on an annual basis.

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

COUNCIL MEMBERS REPORT for the YEAR ended 30th APRIL 2011

Plans for the Future

The organisation plans to continue working towards our goal of 3 million books to set up school libraries in South Africa. This has been an on-going campaign for the organisation and we will continue to work with organisations in the UK to reach this goal. The target for this financial year was 2.75 million books which we just missed. In the next year we hope to reach 2.85 million. This is an important campaign which has gained praise and recognition in South Africa, and now Southern Africa, as an important way of addressing the education of young people in the area. This is documented by an extract from a letter received in June 2011 from Busi Dlamini, Multi Media Unit Head in Gauteng Education Department which states, "The Gauteng Education Department in SA has been a recipient of donated books from Community H E A R T since 2000. More than 500 schools in Gauteng and Mpumalanga, Limpopo and North West Provinces have received books for use in the classroom. . . . The books ensure that learners have access to attractive, readable information and reading resources. The books have inspired (in the most disadvantaged) schools to establish or revitalise libraries. Of particular value is the fact that Community H E A R T takes the trouble to ensure that the books sent to South Africa are relevant and of good quality."

The organisation wishes to further the work we support undertaken by Ikamva Labantu. Ikamva Labantu is a very effective organisation and works in many of the areas of work Community H E A R T wishes to support. In the next financial year we will investigate developing our relationship and support.

The organisation will in the next financial year endeavour to broaden our financial support base through our traditional supporters, individuals, schools, social enterprise sites, the internet (including The Big Give where we have already entered 2 of our projects) and trade unions and try and develop relationships with corporate bodies to access funding for our projects. We will also develop better communications using our mailing list and where possible email contacts.

The organisations plans to have a strategy meeting in the next financial year to review the work we support and develop our fundraising strategy.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the board on 10/1/2012 and signed on its behalf



Mr I I Perez
Director

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

Independent Examiner's report to the trustees of Community Health Education and Reconstruction Training

I report on the accounts for the year ended 30th April 2011, which are set out on pages 15 to 22

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under Part 16 of the Companies Act 2006 and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 43 of the 1993 Act,
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act, and
- to state whether particular matters have come to my attention

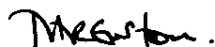
Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiners' statement

In connection with my examination, no matter has come to my attention

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with s386 of the Companies Act 2006, and
 - (b) to prepare accounts which accord with the accounting records, comply with the accounting requirements of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met, or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



T A R Elston BA FCA
Percy Westhead & Company
Chartered Accountants
Greg's Buildings
1 Booth Street
Manchester
M2 4AD

Date 13.1.2012

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (incorporating an Income and Expenditure Account) for the YEAR ended 30th APRIL 2011

	<u>Notes</u>	<u>2011</u> <u>Restricted</u> <u>Funds</u> <u>£</u>	<u>2011</u> <u>Unrestricted</u> <u>Funds</u> <u>£</u>	<u>2011</u> <u>Total</u> <u>Funds</u> <u>£</u>	<u>2010</u> <u>Total</u> <u>Funds</u> <u>£</u>
INCOMING RESOURCES					
Incoming resources from generated funds:					
Donations, legacies and similar incoming resources		4,414	35,676	40,090	43,430
Incoming resources from charitable activities:					
Book and 10 pence appeal		4,153	-	4,153	752
Activities for generating funds					
Investment income		-	205	205	491
Intangible income	2	3,876	-	3,876	-
Other incoming resources		-	-	-	175
Total incoming resources		<u>12,443</u>	<u>35,881</u>	<u>48,324</u>	<u>44,848</u>
RESOURCES EXPENDED					
Cost of generating funds:					
Fundraising and publicity		-	7,850	7,850	8,417
Charitable activities:					
Grants payable	4	6,970	-	6,970	12,591
Book and 10 pence appeal		26,918	-	26,918	21,354
Other projects		-	11,159	11,159	5,631
Governance costs		-	9,191	9,191	8,934
Total resources expended	5	<u>33,888</u>	<u>28,200</u>	<u>62,088</u>	<u>56,927</u>
Net income/(expenditure) before transfers	6	(21,445)	7,681	(13,764)	(12,079)
Transfers between funds	12	18,918	(18,918)	-	-
Net income/(expenditure) before other recognised gains and losses		(2,527)	(11,237)	(13,764)	(12,079)
OTHER RECOGNISED GAINS AND LOSSES					
Unrealised gains/(losses) on exchange		-	350	350	1,425
Net movement in funds		(2,527)	(10,887)	(13,414)	(10,654)
Funds at 1st May 2010		7,787	15,496	23,283	33,937
Funds at 30th April 2011		<u>5,260</u>	<u>4,609</u>	<u>9,869</u>	<u>23,283</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 12 to the financial statements.

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

(Registered number 3016170)

BALANCE SHEET

As at 30th APRIL 2011

	<u>Notes</u>	<u>2011</u>	<u>2010</u>
		£	£
Tangible fixed assets	8	273	344
Current assets			
Debtors	9	4,247	2,891
Cash at bank and in hand		<u>7,765</u>	<u>22,404</u>
		12,012	25,295
Creditors amounts falling due within one year	10	<u>2,416</u>	<u>2,356</u>
Net current assets		<u>9,596</u>	<u>22,939</u>
Net assets	11	<u>9,869</u>	<u>23,283</u>
Funds			
Restricted funds		5,260	7,787
Unrestricted funds			
General funds		<u>4,609</u>	<u>15,496</u>
Total funds	12	<u>9,869</u>	<u>23,283</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th April 2011

The members have not required the company to obtain an audit of its financial statements for the year ended 30th April 2011 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Section 386 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 396 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Approved by the board on 10/1/2012 and signed on its behalf by

Mr I I Perez
Director

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

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NOTES TO THE FINANCIAL STATEMENTS for the YEAR ended 30th APRIL 2011

1. Accounting policies

- (a) The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008). They follow the recommendations in the Statement of Recommended Practice, Accounting and Reporting by Charities (issued in March 2005) and the Companies Act 2006
- (b) Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Intangible income is recognised as an incoming resource where the provider of the service has incurred a financial cost. Volunteer time is not included in the financial statements
- (c) Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable, unless they relate to a specific future period, in which case they are deferred
- (d) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund
- (e) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity
- (f) Staff costs are allocated to activities on the basis of staff time spent on those activities
- (g) The costs of generating funds relate to the costs incurred by the charitable company in raising funds for the charitable work
- (h) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered. Resources expended are allocated to the particular activity where the cost relates directly to that activity

Governance costs include the management of the charitable company's assets, organisational management and compliance with constitutional and statutory requirements

- (i) Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost of each asset over its expected useful life. The depreciation rates in use are as follows -

Office equipment	15% reducing balance basis
Computer equipment	25% reducing balance basis

Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities

- (j) Grants payable are made in accordance with the stated objectives of the charitable company
- (k) Monetary assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arising at the net incoming resources for the year

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
for the YEAR ended 30th APRIL 2011

2 Intangible income

Awesome Books, an on-line book seller donated 80,000 books to the company's book campaign. It has not been practicable to place a value to the books although an intangible donation has been recognised to reflect the cost of shipping the books to South Africa.

	<u>2011</u>	<u>2010</u>
	£	£
Shipping, storage and packing	<u>3,876</u>	<u>-</u>

The intangible donation of shipping has been wholly allocated to the Book & 10p Appeal.

The company occupies premises donated by the UNISON Manchester Branch. This year, the premises have been occupied a negligible amount, and as such, no expense has been brought into the financial statements.

3. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

4. Grants payable to institutions

	<u>2011</u>	<u>2010</u>
	£	£
Abadala (Ikamva Labantu)	2,999	2,577
Science Bus	-	4,163
Masimanyane	-	1,412
Bethesda Arts Foundation	-	2,800
Ububele	3,971	-
Blytheswood Secondary School	-	820
Thuto Lesedi	<u>-</u>	<u>819</u>
	<u>6,970</u>	<u>12,591</u>

Further information regarding the nature of the grants made can be found within the council members' report on pages 2-13.

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
for the YEAR ended 30th APRIL 2011

5. Total resources expended

	<u>Fundraising and Publicity</u> £	<u>Grants Payable</u> £	<u>Book & 10 pence Appeal</u> £	<u>Other Projects</u> £	<u>Governance Costs</u> £	<u>2011 Total</u> £	<u>2010 Total</u> £
Grants payable	-	6,970	-	-	-	6,970	12,591
Staff costs	4,230	-	12,691	4,230	4,230	25,381	24,524
Freelancers	-	-	-	-	-	-	67
Publications	-	-	-	-	-	-	267
Travelling expenses	81	-	5	-	845	931	1,182
Events	2,071	-	-	-	-	2,071	1,519
General expenses	-	-	-	-	300	300	445
Consultancy	-	-	-	-	-	-	1,350
Fundraising	346	-	-	6,704	118	7,168	720
Printing, postage and stationery	1,041	-	-	-	836	1,877	2,180
Premises	-	-	6,076	-	-	6,076	6,449
Telephone, E-mail and fax	81	-	325	163	81	650	709
Shipping, storing and package	-	-	7,821	62	-	7,883	2,250
Accountancy	-	-	-	-	1,741	1,741	1,763
Bank charges	-	-	-	-	85	85	110
Legal and professional	-	-	-	-	140	140	15
Insurance	-	-	-	-	744	744	695
Depreciation	-	-	-	-	71	71	91
Total resources expended	<u>7,850</u>	<u>6,970</u>	<u>26,918</u>	<u>11,159</u>	<u>9,191</u>	<u>62,088</u>	<u>56,927</u>

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
for the YEAR ended 30th APRIL 2011

6. Net incoming/(outgoing) resources for the year

	<u>2011</u>	<u>2010</u>
	<u>£</u>	<u>£</u>
This is stated after charging		
Council members' expenses	-	-
Depreciation	71	91
Independent examiner's remuneration	<u>1,741</u>	<u>1,763</u>

7. Staff costs and numbers

Staff costs were as follows -

	<u>2011</u>	<u>2010</u>
	<u>£</u>	<u>£</u>
Salaries and wages	23,151	22,389
Social security costs	<u>2,231</u>	<u>2,135</u>
	<u>25,382</u>	<u>24,524</u>

No employee earned more than £60,000 during the year (2010 – none)

The average weekly number of employees (full-time equivalent) during the year was as follows -

	<u>2011</u>	<u>2010</u>
	<u>No</u>	<u>No</u>
Other Projects	0.25	0.25
Book & 10p Appeal	0.50	0.50
Governance costs and fundraising	<u>0.25</u>	<u>0.25</u>
	<u>1.00</u>	<u>1.00</u>

Staff costs are allocated to activities on the basis of staff time spent on those activities as follows -

Book & 10p Appeal	50%
Other Projects	25%
Governance costs	12.5%
Fundraising & Publicity	12.5%

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

(A Company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
for the YEAR ended 30th APRIL 2011

8. Tangible fixed assets

	<u>Computer Equipment</u> £	<u>Office Equipment</u> £	<u>Total</u> £
COST			
At 1 st May 2010 and at 30 th April 2011	<u>5,004</u>	<u>1,626</u>	<u>6,630</u>
DEPRECIATION			
At 1 st May 2010	4,814	1,472	6,286
Charge for the year	<u>48</u>	<u>23</u>	<u>71</u>
At 30 th April 2011	<u>4,862</u>	<u>1,495</u>	<u>6,357</u>
NET BOOK VALUE			
At 30 th April 2011	<u>142</u>	<u>131</u>	<u>273</u>
At 30 th April 2010	<u>190</u>	<u>154</u>	<u>344</u>

All tangible fixed assets are used for direct charitable purposes

9. Debtors

	<u>2011</u> £	<u>2010</u> £
Income Tax reclaimable	427	2,520
Other debtors	<u>3,820</u>	<u>371</u>
	<u>4,247</u>	<u>2,891</u>

10. Creditors: amounts falling due within one year

	<u>2011</u> £	<u>2010</u> £
Sundry creditors	616	593
Accruals	<u>1,800</u>	<u>1,763</u>
	<u>2,416</u>	<u>2,356</u>

11. Analysis of net assets between funds

	<u>2011 Restricted Funds</u> £	<u>2011 General Fund</u> £	<u>2011 Total Funds</u> £
Tangible fixed assets	-	273	273
Current assets	5,260	6,752	12,012
Current liabilities	<u>-</u>	<u>(2,416)</u>	<u>(2,416)</u>
Net assets at 30th April 2011	<u>5,260</u>	<u>4,609</u>	<u>9,869</u>

COMMUNITY HEALTH EDUCATION AND RECONSTRUCTION TRAINING

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NOTES TO THE FINANCIAL STATEMENTS for the YEAR ended 30th APRIL 2011

12. Movements in funds

	<u>At</u> <u>1st May</u> <u>2010</u> £	<u>Incoming</u> <u>resources</u> £	<u>Resources</u> <u>expended</u> £	<u>Transfers</u> <u>between</u> <u>funds</u> £	<u>At</u> <u>30th April</u> <u>2011</u> £
Restricted funds					
Abadala (Ikamva Labantu)	1,207	2,354	(2,999)	29	591
Book & 10 pence appeal	-	8,029	(26,918)	18,889	-
Ububele	3,971	2,055	(3,971)	-	2,055
Siyazenzela	1,332	5	-	-	1,337
Mandela 90	177	-	-	-	177
Goldberg Music Fund	1,000	-	-	-	1,000
Other Projects	100	-	-	-	100
Total restricted funds	<u>7,845</u>	<u>12,443</u>	<u>(33,888)</u>	<u>18,918</u>	<u>5,260</u>
Unrestricted funds					
Soweto Schools	20	-	-	-	20
General fund	<u>15,476</u>	<u>35,881</u>	<u>(27,850)</u>	<u>(18,918)</u>	<u>4,589</u>
Total funds	<u>23,283</u>	<u>48,324</u>	<u>(61,738)</u>	<u>-</u>	<u>9,869</u>

Purposes of funds:

Funds are used for the purposes specified by the funders, as highlighted in the council members' report on pages 2 – 13

All funds in deficit at the year-end have been subsidised through the general fund

13. Ultimate controlling party

The company is controlled by its members. Under the company's articles of association, its directors are also members of the company and it is considered that they have effective control of the company.