

Package: 'Laserform'
by Laserform International Ltd.

288a

Please complete in typescript,
or in bold black capitals.

CHFP025

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

2970583

Company Name in full

Life Assurance Holding Corporation Limited

Date of
appointment

Day Month Year
24 08 2004

†Date of
Birth

Day Month Year
26 08 1936

Appointment
form

Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

*Style / Title

Mr

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

Allan

Surname

Bridgewater

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address ††

Linquenda, 447 Unthank Road



Post town

Norwich

Postcode

NR4 7QN

County / Region

Norfolk

Country

England

†Nationality

British

†Business occupation

Director

†Other directorships
(additional space overleaf)

See attached list.

I consent to act as ** director / ~~secretary~~ of the above named company

Consent signature

Date

24/08/04

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

25 August 2004

(** a director / secretary / administrator / administrator receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record.

Lovells

Atlantic House, Holborn Viaduct, London, EC1A 2FG, ,
Ref: C3ALT/1389790

Tel 020 7296 2000

DX number 57

DX exchange London Chancery Lane

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



A35
COMPANIES HOUSE

0202
07/09/04

Company Number 2970583

† Directors only.

† Other directorships

Please see attached list.

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

LIFE ASSURANCE HOLDING CORPORATION LIMITED

ALLAN BRIDGEWATER

CURRENT DIRECTORSHIPS

COMPANY	COMPANY NUMBER	DATE OF APPOINTMENT
Endeavour Training Limited	01157897	pre 21.03.1991
Riggs Bank Europe Limited	00244210	pre 10.05.1992
Swiss Re GB PLC	01867359	01.01.1998
Swiss Re Life & Health Limited	03360983	01.01.1998
Swiss Reinsurance Company UK Limited	00953475	01.01.1998
CEPB Developments Ltd	03016028	01.01.1998
The Mercantile & General Reinsurance Company Limited	SC006637	25.04.1998
Swiss Re GB Pension Trustee Limited	03367439	22.04.1999
Reassure UK Life Assurance Company Limited	00676139	31.10.2003