

APPOINTMENT of director or secretary

Please complete in typescript,
or in bold black capitals

(NOT for resignation (use Form 288b) or
change of particulars (use Form 288c))

CHFP010

Company Number

2970583

Company Name in full

LIFE ASSURANCE HOLDING CORPORATION LIMITED

Appointment form

Notes on completion
appear on next page

Appointment as director

Day	Month	Year	Day	Month	Year
20	06	2007	09	01	1967

† Date of Birth

X

as secretary

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes

NAME * Style / Title

* Honours etc

Forename(s)

MARK FRANCIS

Surname

SWALLOW

Previous
forename(s)

Previous
surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

†† Usual residential
address



Post town

30 ST MARY AXE LONDON

LONDON

Postcode

EC3A 8EP

County / Region

Country

ENGLAND

† Nationality

BRITISH

† Business
occupation

DIRECTOR

† Other directorships
(additional space next page)

I consent to act as ** director / secretary of the above named company

Consent signature

Mac P. Swan

Date

26/6/07

* Voluntary details

† Directors only

** Please delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

27/06/07

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the form.
The contact information that you give will
be visible to searchers of the public
record.

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

COMPANY SECRETARY, SWISS RE GB PLC

30 ST MARY AXE LONDON

Tel 020 7933 3217

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales
or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh



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† Directors only

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company