

Company no. 2958127
Charity no. 1041431

Akina Mama Wa Afrika
Report and Financial Statements
31 March 2004



Sayer Vincent
consultants and auditors



Akina Mama Wa Afrika

Legal and administrative details

For the year ended 31 March 2004

Status	The organisation is a charitable company limited by guarantee, incorporated on 12 August 1994 and registered as a charity on 13 October 1994	
Governing document	The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.	
Company number	2958127	
Charity number	1041431	
Registered office and operational address	334-336 Goswell Road London EC1V 7LQ	
Honorary officers	Ms Stella Mukasa Ms Zeedah Meierhofer-Mangeli Ms Jacqueline Williams Ms Thokozile Matshe	Chair Vice Chair Treasurer Secretary
Principal staff	Ms Thokozile Matshe	Director
Bankers	NatWest Charing Cross, London Branch PO Box 113 Cavell House 2a Charing Cross Road London WC2H OPD	
Auditors	Sayer Vincent Chartered accountants and registered auditors 8 Angel Gate City Road London EC1V 2SJ	

Akina Mama Wa Afrika

Report of the directors

For the year ended 31 March 2004

The directors present their report and the audited financial statements for the year ended 31 March 2004.

Legal and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities.

Principal activity and results for the year

The principal activity of the company during the year was the relief of poverty among African women in the UK, other EU countries and Africa, the advancement of education among African women through the provision of vocational training and recreation and leisure-time occupation.

The charity is a non-profit making organisation funded by guarantee. The results for the year are given in the attached accounts. The charity does not have a share capital. The liability of its members is limited by guarantee. Any surplus is retained to further its activities.

During the period under review, we are happy to report that AMwA undertook a considerable amount of activities to promote its main objective of providing support for African women in the UK, other EU countries and Africa.

AMwA's work in the UK continues to grow, through major projects such as Domestic Violence/Mental Health Project (funded by the Association of London Government and the Department of Health), the UK Capacity Building Project (funded by the Community Fund), and the HIV/AIDS Prevention Programme (funded by Comic Relief and the King's Fund).

Using strategies such as training, technical assistance, advocacy, provision of information, advice clinics, a capacity building newsletter, counselling sessions and other useful methods, AMwA's has been able to provide a much needed service to African women in the UK, particularly those in the London area.

In Africa, AMwA has continued to build on the success of the African Women's Leadership Institute, a project established by AMwA in 1996, aimed at building the personal and organisational leadership capacities of African women. In the year under review, AMwA organised a series of national leadership development programs in Nigeria, Zimbabwe and Uganda.

Some of the donors for AMwA's Africa programs during this period were Comic Relief, UK), Community Fund (UK), HIVOS, AWDF, Ford Foundation and several others.

Future developments

In the coming year, AMwA intends to continue its work in the UK and Africa by carrying out the following activities:

Strengthening all existing programs through fundraising, staff development and information systems

Organising the East and Horn of Africa sub regional leadership workshop and sub regional TOT.

Organising a West Africa sub regional Training of the Trainers in Senegal.

Building the capacity of AMwA's Eastern Africa/Horn of Africa Office and the West Africa Office.

Akina Mama Wa Afrika

Report of the directors

For the year ended 31 March 2004

AMwA's track record of successful program delivery, its relevance to the community and its institutional capacity has made it possible to establish ongoing relationships with donors, partners and many stakeholders in the UK and internationally. In view of the above, the directors of AMwA are very optimistic about the organisation's present and future activities.

AMwA's Risk Statement

AMwA has a policy of developing and maintaining a diverse range of funders. This is to ensure that AMwA has consistent funding to carry out workshops and conferences of related projects and other work forming part of AMwA's strategic objectives.

Financial policies are in place to prevent insufficient control over cash resulting into cash loss and the prevention and detection of fraud and other irregularities.

The board of directors receive quarterly financial reports to enable the monitoring of the organisation's income and expenditure thus keeping them up to date with the organisation's financial position

Method of appointment of trustees

Board members are generally nominated and then elected at AMwA's general meeting, based on their background, experience and relevance to AMwA's objectives. These women would normally have been asked to sit on either the Africa or UK/Europe committee. When a vacancy arises on the board and a skills need is identified, nominees may then be nominated to the board.

Reserves policy

Currently AMwA's priority is to secure meaningful institutional and core funding. Once progress has been made in this area a comprehensive reserves policy can be established. It is anticipated that the work on the reserves policy will commence in 2005.

Directors

All the directors of the company are also trustees of the charity and there are no other trustees. The directors who served during the year and at the date of this report are:

Ms Iheoma Obibi
Ms Mukami McCrum
Ms Jeannette Eno
Ms Jacqueline Williams
Ms Ngone Tine Diop
Ms Zeedah Meierhofer Mangeli
Ms Everjoice Win
Ms Stella Mukasa

All the directors are members of the company and guarantee to contribute a sum not exceeding £10 to the assets of the company in the event of it being wound up. The total number of guarantees at 31 March 2004 was 8 (2002: 9).

Akina Mama Wa Afrika

Report of the directors

For the year ended 31 March 2004

Responsibilities of the directors

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the year then ended.

In preparing those financial statements which give a true and fair view, the directors should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of charity and which enable them to ensure that the financial statements comply with the Companies Act 1985. The directors are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditors

Sayer Vincent were re-appointed as the charitable company's auditors and have expressed their willingness to continue in that capacity.

Approved by the directors on 10/09/04 and signed on their behalf by



Jacqueline Williams

Independent auditors' report

To the members of

Akina Mama Wa Afrika

We have audited the financial statements of Akina Mama Wa Afrika for the year ended 31 March 2004 which comprise the statement of financial activities, balance sheet and related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the charitable company's members, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of the directors and auditors

The responsibilities of the directors for preparing the report of the directors and the financial statements in accordance with applicable law and United Kingdom Accounting Standards are set out in the statement of responsibilities of the directors. Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and United Kingdom Auditing Standards.

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the report of the directors is not consistent with the financial statements, if the charitable company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding the directors' remuneration and transactions with the charitable company is not disclosed.

We read other information contained in the report of the directors and consider whether it is consistent with the audited financial statements. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

Basis of opinion

We conducted our audit in accordance with United Kingdom Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion the financial statements give a true and fair view of the charitable company's state of affairs as at 31 March 2004 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended and have been properly prepared in accordance with the Companies Act 1985.

13 September 2004

Sayer Vincent

SAYER VINCENT

Chartered accountants & registered auditors
London

Akina Mama Wa Afrika

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2004

	Note	Restricted £	Unrestricted £	2004 Total £	2003 Total £
Incoming resources					
Donations, legacies & similar incoming resources		-	-	-	100
<i>Activities in furtherance of the charity's objects:</i>					
African programmes	2	332,440	-	332,440	464,274
Mental health	2	47,358	-	47,358	85,326
Capacity building (Community Fund)		83,973	-	83,973	81,993
Volunteering	2	44,514	-	44,514	47,866
HIV	2	(4,347)	-	(4,347)	23,212
Profit on disposal of fixed assets		-	-	-	4,810
Investment income		-	1	1	8
Other income			4,419	4,419	256
Total incoming resources		503,938	4,420	508,358	707,845
Resources expended					
<i>Costs of generating funds:</i>					
Fundraising & publicity		-	8,581	8,581	21,563
		-	8,581	8,581	21,563
<i>Charitable expenditure</i>					
African programmes		378,745	-	378,745	400,428
Mental health		52,261	-	52,261	59,141
Capacity building		108,876	-	108,876	102,250
Volunteering		35,538	-	35,538	43,632
HIV		9,386	-	9,386	26,013
Support costs		-	8,982	8,982	9,241
Management and administration		9,566	11,316	20,882	16,525
Total resources expended	3	594,372	28,878	623,250	678,793
Net (outgoing)/incoming resources before gains/losses on exchange and transfers	4	(90,434)	(24,458)	(114,892)	29,052
Transfer between funds		14,296	(14,296)	-	-
Net (outgoing)/incoming resources before gains and losses on exchange		(76,138)	(38,754)	(114,892)	29,052
Realised (loss)/gain on exchange		(5,431)	-	(5,431)	511
Net movement in funds		(81,569)	(38,754)	(120,323)	29,563
Funds at the start of the year		100,153	41,763	141,916	112,353
Funds at the end of the year		18,584	3,009	21,593	141,916

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 11 to the financial statements.

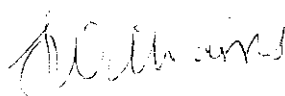
Akina Mama Wa Afrika (Limited by guarantee)

Balance sheet

31 March 2004

	Note	£	2004 Total £	2003 Total £
Tangible fixed assets	7		489	989
Current assets				
Debtors	8	44,383		119,455
Cash at bank and in hand		<u>40,308</u>		<u>51,753</u>
		84,691		171,208
Creditors: amounts due within 1 year	9	<u>63,587</u>		<u>30,281</u>
Net current assets			<u>21,104</u>	<u>140,927</u>
	10			
Net assets			<u><u>21,593</u></u>	<u><u>141,916</u></u>
Funds				
Unrestricted funds	11		3,009	41,763
Restricted funds	11		<u>18,584</u>	<u>100,153</u>
Total funds			<u><u>21,593</u></u>	<u><u>141,916</u></u>

Approved by the directors on 10/04/04 and signed on their behalf by



Jacqueline Williams

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

1. Accounting policies

- a) The financial statements have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Companies Act 1985. They follow the recommendations in the Statement of Recommended Practice, Accounting and Reporting by Charities (issued in October 2000).
- b) Voluntary income is received by way of donations and gifts and is included in full in the statement of financial activities when receivable. Intangible income is recognised as an incoming resource where the provider of the service has incurred a financial cost. Volunteer time is not included in the financial statements.
- c) Grants are recognised in full in the statement of financial activities in the year in which they are receivable.
- d) Grants for the purchase of fixed assets are credited to restricted incoming resources when receivable. Depreciation of fixed assets purchased with such grants is charged against the restricted fund. Where a fixed asset is donated to the charity for its own use, it is treated in a similar way to a restricted grant.
- e) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

African Programs	29%
Mental Health	19%
Capacity Building	28%
Volunteering	11%
Fundraising and Publicity	8.5%
Support costs	3%
Management and administration	1.5%

Management and administration costs include the management of the charity's assets, organisational management and compliance with constitutional and statutory requirements.

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

1. Accounting policies (continued)

- f) Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

Furniture and office equipment	3 years
Motor Vehicle	3 years

Items of equipment are capitalised where the purchase price exceeds £500. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

- g) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund together with a fair allocation of management and support costs.
- h) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity.
- i) The costs of generating funds relate to the costs incurred by the charity in raising funds for the charitable work.
- j) The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charity to the fund. The charity has no liability under the scheme other than for the payment of those contributions.
- k) Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor, are charged to the Statement of Financial Activities on a straight line basis over the minimum lease term.
- l) Monetary assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the average rate of exchange for the year. Exchange differences are taken into account in arriving at the net movements in funds for the year.

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

2. Activities in furtherance of the charity's objects

African Programmes	Restricted £	Unrestricted £	2004 Total £	2003 Total £
North South Project - Uganda	153,973	-	153,973	66,923
HIVOS	66,482	-	66,482	-
Ford Foundation	63,328	-	63,328	-
Staples Trust	20,000	-	20,000	-
African Women's Development Fund	14,177	-	14,177	9,086
Community Fund	7,387	-	7,387	22,784
Unifem	7,093	-	7,093	-
Comic Relief	-	-	-	359,356
Skills for Southern Sudan - Uganda	-	-	-	3,350
Action Aid - Uganda	-	-	-	2,775
Total	332,440	-	332,440	464,274
Mental Health				
Department of Health	40,000	-	40,000	40,000
Association of London Government	35,000	-	35,000	45,326
Reversal of debtors	(27,642)	-	(27,642)	-
Total	47,358	-	47,358	85,326

The funds received from Association of London Government were fully utilised for the purposes given in the year.

Volunteering programme	Restricted £	Unrestricted £	2004 Total £	2003 Total £
Community Fund	44,514	-	44,514	42,566
Community Investors Development Agency	-	-	-	5,300
	44,514	-	44,514	47,866
HIV				
Comic relief funding	5,803	-	5,803	13,062
Overall accrual in previous year	(10,150)	-	(10,150)	10,150
	(4,347)	-	(4,347)	23,212

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

3. Resources expended

	Fundraising & publicity	African programmes	Mental health	Capacity building	Volunteering	HIV	Support costs	Management and administration	2004 Total	2003 Total
	£	£	£	£	£	£	£	£	£	£
Staff costs (Note 5)	2,103	92,200	32,584	46,321	14,319	-	1,876	2,068	191,470	189,693
Depreciation	84	531	188	276	109	-	29	15	1,232	10,779
Audit and Accountancy	-	1,030	-	-	-	-	-	10,043	11,073	11,303
Rent and Rates	2,479	9,421	6,300	8,937	3,607	1,177	981	310	33,212	39,328
Conference, meetings and related costs	834	27,607	2,482	26,869	10,072	5,567	3,459	394	77,284	236,491
Local travel	-	4,343	-	1,969	-	-	-	-	6,312	-
Communications and IT Support	-	3,749	923	284	-	-	-	-	4,956	-
Equipment and maintenance	1,499	5,562	2,602	4,805	1,506	643	692	1,789	19,098	27,683
Insurance	-	345	230	328	257	-	-	-	1,160	2,671
Postage and Stationery	544	5,086	466	1,151	408	134	345	282	8,416	22,523
Light and Heat	85	344	264	365	122	59	48	58	1,345	1,889
Telephone and telefax	198	4,837	1,818	2,573	1,040	378	380	-	11,224	12,516
Sundry expenses	220	9,079	493	957	285	-	127	56	11,217	2,078
Office expenses	-	5,703	460	1,602	489	516	846	3,987	13,603	16,532
Overseas expenses	-	184,711	-	-	-	-	-	-	184,711	12,046
Premises expenses	-	624	445	632	255	104	-	47	2,107	3,916
Printing and Photocopying	354	3,596	878	7,309	612	392	37	-	13,178	39,294
Advertising costs	-	-	-	249	294	-	-	-	543	2,232
Training, recruitment and relocation expenses	-	1,736	169	1,374	6	150	-	140	3,575	20,239
Volunteer expenses	-	-	-	-	1,723	-	-	-	1,723	4,011
Administration	22	875	307	302	117	-	67	763	2,453	6,147
Professional fees	-	17,276	1,625	2,535	287	266	95	900	22,984	11,733
Books and Publications	159	90	27	38	30	-	-	30	374	5,689
	<u>8,581</u>	<u>378,745</u>	<u>52,261</u>	<u>108,876</u>	<u>35,538</u>	<u>9,386</u>	<u>8,982</u>	<u>20,882</u>	<u>623,250</u>	<u>678,793</u>

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

4. Net outgoing resources for the year

This is stated after charging / crediting:

	2004 £	2003 £
Depreciation	1,232	10,779
Directors' remuneration	nil	nil
Directors' reimbursed expenses	556	2,039
Bank overdraft interest		
Operating leases - property	32,000	30,190
- Equipment	7,755	5,700
Auditors' remuneration:		
▪ audit	4,630	4,630
▪ other services	4,163	3,760

Directors' reimbursed expenses represents the reimbursement of travel and subsistence costs to 8 (2003: 2) directors.

5. Staff costs and numbers

Staff costs were as follows:

	2004 £	2003 £
Salaries and wages	143,938	142,100
Social security costs	14,356	12,747
Pension contributions	7,292	3,537
Uganda Staff	25,884	31,309
	<u>191,470</u>	<u>189,693</u>
Total emoluments paid to staff were:	<u>177,114</u>	<u>176,946</u>

No employee earned more than £50,000 during the year.

The average weekly number of employees (full-time equivalent) during the year was as follows:

	2004 No.	2003 No.
African Programmes	1.75	1.75
Mental Health	1.17	1.17
Capacity Building	1.66	1.66
Volunteering	0.67	0.67
Support	0.19	0.19
Management & Administration	0.06	0.06
Fundraising & Publicity	0.48	0.48
HIV	-	0.52
	<u>5.98</u>	<u>6.5</u>

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

6. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

7. Tangible fixed assets

	Motor vehicles £	Furniture & office equipment £	Total £
Cost			
At the start of the year	8,671	79,474	88,145
Additions in year	-	732	732
At the end of the year	<u>8,671</u>	<u>80,206</u>	<u>88,877</u>
Depreciation			
At the start of the year	8,671	78,485	87,156
Charge for the year	-	1,232	1,232
At the end of the year	<u>8,671</u>	<u>79,717</u>	<u>88,388</u>
Net book value			
At the end of the year	<u>-</u>	<u>489</u>	<u>489</u>
At the start of the year	<u>-</u>	<u>989</u>	<u>989</u>

8. Debtors

	2004 £	2003 £
Grants receivable	42,279	118,655
Other debtors	1,741	800
Prepayments	363	-
	<u>44,383</u>	<u>119,455</u>

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

9. Creditors: amounts due within 1 year

	2004 £	2003 £
Accruals	9,761	14,800
Other creditors	22,148	12,129
Tax and social security	10,655	3,352
Bank overdraft	21,023	-
	63,587	30,281

The organisation has a mortgage debenture incorporating a fixed and floating charge over all current and future assets dated 4 March 2004.

10. Analysis of net assets between funds

	Restricted £	General £	Total £
Tangible fixed assets	489	-	489
Net current assets	18,095	3,009	21,104
Net assets at the end of the year	18,584	3,009	21,593

11. Movements in funds

	At the start of the year £	Incoming resources £	Outgoing resources £	Transfers £	At the end of the year £
Restricted funds:					
African programmes	80,266	332,440	387,177	-	25,529
Mental health	15,653	47,358	54,261	-	8,750
Capacity building	-	83,973	111,731	-	(27,758)
Volunteering	4,234	44,514	36,685	-	12,063
HIV	-	(4,347)	9,949	14,296	-
Total restricted funds	100,153	503,938	599,803	14,296	18,584
General funds	41,763	4,420	28,878	(14,296)	3,009
Total unrestricted funds	41,763	4,420	28,878	(14,296)	3,009
Total funds	141,916	508,358	628,681	-	21,593

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

Purposes of restricted funds

African programmes

Objectives:

- Develop the leadership potential of African women leaders
- Provide leadership training for young African women who are in leadership positions in women's NGOs, mixed NGOs, government institutions or corporate bodies.
- Empower African women living in fundamentally patriarchal communities with self-development and life skills training.
- Initiate a forum for young women to meet and build alliances for individual and professional support.
- Develop a mentoring and role modelling system in order to benefit from the knowledge, skills and expertise of older women.
- Strengthen existing national and regional networks through networking and solidarity and to build and sustain links with the international women's movement.
- Improve the quality of gender analysis and research coming out of Africa, and give African women more access to international publishing.

All these objectives are in line with the needs expressed by the women who have been a part of the consultations and conceptualisation for this project.

AMwA achieves the objectives outlined through the following activities:

- **Coordination of the regional AWLI:** the impact on the participants has been unique. An impact assessment study that AMwA conducted in 2001 on Alumni indicates that they have benefited on personal and organisational levels. The African programme implements change that aims to improve the lives of African women at all levels. The African Women's Leadership Institute build in the African programmes is run at Regional, Sub regional and National level.
- **The Training of Trainers (ToT) workshops** are to expand AMwA's training pool in Africa. This enables us to build on the skills and capacities of women in the region. In order to build on the skills and capacities of women in the region, it is important for AMwA to expand its trainers' pool. It will be for those AWLI alumni and women form other networks working to develop the capacities of women's organisations to promote more effective advocacy and sustain the impact made through the AWLI right down to the community level
- **The Africa sub regional Institute** in which we train women in the sub region. The participants are drawn from the civil society/human rights and women's organisations in the Africa Sub region. Participants at the TOT workshops can be used as trainers and resource persons. Africa National workshops: During the National AWLI's, we use the alumni trained at the TOT as a means by which skills are transferred and local capacities strengthened.

Notes to the financial statements

For the year ended 31 March 2004

- **Capacity Building and technical assistance for collaborating organisations:** The African Programme in AMWA implements partners for this project, however, we work with some other organisations in several countries in Africa. This aspect will also provide technical assistance to those organisations wishing to transfer aspects of the information they have received to their constituents, through the provision of small grants. The African programme continues to provide specialist support to partners through the development of consultancies for strategic planning, training board members on roles and responsibilities, projects planning etc.
- **Development of information and communications projects to promote women's leadership activities in Africa:** One of the many barriers to women's political participation is the general negative attitude of local communities towards the notion of women as leaders. As a result, even where there are significant numbers of women with some formal education, it is difficult for women to achieve leadership positions.

Mental health

The aims and objectives of this project are to create awareness of women's Human rights, and specifically violence against women in African Communities. To create links between mainstream service providers and women from African communities in London who experience violence. To improve the mental health of African in London who experience violence. To create networks of African women who will provide support and advocacy for other African women experiencing violence. And also to act as a resource for relevant agencies seeking information assistance on African women who have experienced violence. The methodology applied is through seminars, workshops, appropriate literature, training sessions, psychological support (counselling/psychotherapy).

Capacity building

The Capacity Building Programme was developed to respond to the growing request for assistance from African women's groups throughout the UK.

The aims of the Capacity Building Project include:

- Developing a leadership forum for African women's organisations in the UK
- Providing information, advice and support for the developmental needs of African women's organisations in the UK
- The production and dissemination of publications and other materials on leadership issues
- Strengthening the organisational capacities of African women's organisations through training and other developmental opportunities.
- Providing regional seminars on capacity building for African women's organisations in UK.

Akina Mama Wa Afrika

Notes to the financial statements

For the year ended 31 March 2004

- Enhancing and expanding the flexible one to one training provided by the Learning Development Zone a computerised training system.
- Highlighting the contributions of African women's organisations to their communities

Community Fund funds this project. Further funds are due following the year end to cover the costs.

Volunteering project

This programme aims at recruiting and training African women to act as advocates within the African Community for women who are users of mental health services and those at risk of contracting HIV and other sexually transmitted infections (STI'S). Its objectives are to improve the level of service currently given to African women who are users of mental health services and who require information on HIV and health services. Secondly, to enable African women to gain confidence and skills through volunteering. To achieve these objectives, we hold training workshops throughout the year. Community Fund funds this project.

HIV Project

This programme is aimed at equipping African women with the necessary tools to tackle issues such as negotiating safer sex, female genital mutilation child marriages etc. AMwA provides a safe space for African women to come together and discuss such issues and look for a solution. AMwA has also undertaken advocacy work, to highlight to policy makers and other service providers the importance of taking a gender perspective in HIV primary prevention. The projects targets have been to run workshops and seminars a year on HIV related issues, develop an appropriate set of training materials i.e. fact sheets, good practice guidelines publications and create a network of 30-40 African refugee women HIV advocates. Comic Relief and Kings Fund fund this project. This project was completed on 31st July 2003.

12. Operating lease commitments

The charity had annual commitments at the year end under operating leases expiring as follows:

	Property		Equipment	
	2004	2003	2004	2003
	£	£	£	£
Less than 1 year	-	-	-	-
1 - 2 Years	-	-	-	-
2 - 5 Years	-	-	7,544	7,755
Over 5 years	40,000	32,000	-	-
	<u>40,000</u>	<u>32,000</u>	<u>7,544</u>	<u>7,755</u>