



Companies House

— for the record —

Company Name

A R HOMECARE LIMITED

## 363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Company Type

Private Company Limited By Shares

Company Number

2951091

Information extracted from  
Companies House records on  
5th July 2001

### Section 1: Company details



A49 COMPANIES HOUSE 0471 27/07/01

Ref: 2951091/03/10

	Current details	Amended details																																
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	114-116 High Street Gosforth Newcastle Upon Tyne Tyne & Wear NE3 1HB	Address _____ _____ _____ UK Postcode _____																																
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode _____																																
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode _____																																
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>5245</td> <td>Retail electric h'hold, etc goods</td> </tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> </tbody> </table>	SIC Code	Description	5245	Retail electric h'hold, etc goods													<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> </tbody> </table>	SIC CODE	Description														
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> Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.																																		

## Section 2: Details of Officers of the Company

	Current details	Amended details
<b>&gt; Company Secretary</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Company Secretary must be notified on form 288.</i>	<b>Name</b> Dr Atoosa RABET MRCP DRCOG  <b>Address</b> 41 The Drive Gosforth Newcastle Upon Tyne Tyne & Wear NE3 4AJ	<b>Name</b> _____ <b>Address</b> _____ _____ _____ <b>UK Postcode</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Dr Atoosa RABET MRCP DRCOG</b> <b>ceased to be secretary (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> Ali RABET BSE  <b>Address</b> 41 The Drive Gosforth Newcastle Upon Tyne Tyne & Wear NE3 4AJ  <b>Date of birth</b> 22/09/1953  <b>Nationality</b> Iranian  <b>Occupation</b> Company Director	<b>Name</b> _____ <b>Address</b> _____ _____ _____ <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Ali RABET BSE ceased to be</b> <b>director (if applicable)</b> _ _ / _ _ / _ _ _ _

## Section 3: Share Capital

	Current details	Amended details
<b>&gt; Issued Share Capital</b> <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	<b>Class of share</b> Ordinary <b>Nominal value of each share</b> £1.00 <b>Number of shares issued</b> 2 <b>Aggregate Nominal Value of issued shares</b> £2.00	Class of share _____ Nominal value of each share _____ Number of shares issued _____ Aggregate Nominal Value of issued shares _____
<b>&gt; Total shares issued and value</b> <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Total number of shares issued</b> 2 <b>Total Nominal value of shares issued</b> £2.00	Total number of shares issued _____ Total Nominal value of shares issued _____
<b>&gt; At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at <a href="http://www.companieshouse.gov.uk">www.companieshouse.gov.uk</a> or by ringing 0870 3333636.</b>		

**Section 4: Details of Shareholders**

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
<b>&gt; Shareholder Name</b> Ali RABET BSE		<b>Name</b> _____		<b>Shares transferred by</b> Ali RABET BSE		
		<b>Address</b> _____				
<b>Address</b> 41 The Drive Gosforth Newcastle Upon Tyne Tyne & Wear NE3 4AJ		<b>UK Postcode</b> _ _ _ _ _				
<b>Shares held</b> Class Ordinary		<b>Shares held</b> Class _____				
Number	1	Class	Number	Class	Number	Date of transfer
		_____	_____	_____	_____	__/__/____
		_____	_____	_____	_____	__/__/____
<b>&gt; Shareholder Name</b> Dr Atoosa RABET MRCP DRCOG		<b>Name</b> _____		<b>Shares transferred by</b> Dr Atoosa RABET MRCP DRCOG		
		<b>Address</b> _____				
<b>Address</b> 41 The Drive Gosforth Newcastle Upon Tyne Tyne & Wear NE3 4AJ		<b>UK Postcode</b> _ _ _ _ _				
<b>Shares held</b> Class Ordinary		<b>Shares held</b> Class _____				
Number	1	Class	Number	Class	Number	Date of transfer
		_____	_____	_____	_____	__/__/____
		_____	_____	_____	_____	__/__/____

**Section 5: Details of Other Shareholders**

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			



Companies House

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# 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

## 1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

*Ali Raker*  
(Director / Secretary)

Date

24 / 07 / 01

*This date must not be earlier than the  
return date at 2 below*

### What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

## 2. Date of this return

- ☐ This AR is made up to  
21/7/2001

If you are making this return up to an earlier date,  
please give the date here

— / — / —

*Note: The form must be delivered to CH within 28 days of this date*

## 3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **21st July 2002**  
please give the new date here:

— / — / —

## 4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ

OR

For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

**Have you enclosed the filing fee with the company number written on the  
reverse of the cheque?**

Cheque ☐ Postal Order ☐ Cheque / Postal Order  
Number \_\_\_\_\_

*(Please complete as appropriate)*

## Contact Address

Please give the name and address of the person who should be contacted if  
there are any queries about this form.

Contact Name

Telephone number *inc code*

Address

DX number *if applicable*

DX exchange

Postcode