

288a

APPOINTMENT of director or secretary

Please complete in typescript,
or in bold black capitals.
OUEDAIA

CHFP010.

Appointment

appear on next page.

form

Company Number

Date of appointment

* Style / Title

Forename(s)

Surname Previous forename(s) Usual residential

address
Post town

County / Region

† Nationality

Company Name in full

Notes on completion Appointment as director

NAME

(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

2928488

CAPITAL TELEVIS	ion LIMITED			
Day Month Year	Day Month Year			
0 9 0 5 2 0 0 5 † D	ate of 1 0 0 2 1 9 6 5			
	ease mark the appropriate box. If appointment is a director and secretary mark both boxes.			
* Honours etc				
Wendy				
PALLOT				
1	revious ame(s)			
Rackledown Farm, Northwick, Dundry				
Bristol	Postcode BS41 8NW			
	Country United Kingdom			
I Britich I '	siness pation Accountant			
See attached sheet				
I consent to act as ** director /- secrete	ar y of the above named company			

Consent signature

† Other directorships (additional space next page)

- * Voluntary details.
- † Directors only.
- ** Please delete as appropriate

Signed

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.



A director, secretary etc must sign the form below.

Lunder

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

30 Leicester Square, London WC2H 7LA

Richard Manning

Tel 020 7766 6163

DX number DX exchange

Date

17/5/05

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ for companies registered in England and Wales

DX 33050 Cardiff

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh

	Company Number	
† Directors only.	† Other directorships	

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.



Wendy PALLOT

Directorships Report

Current Directorships	Appointed Re	signed
BB CAPITAL LIMITED	09/05/2005	
BEAT 106 LIMITED	09/05/2005	
BIRMINGHAM BROADCASTING LIMITED	09/05/2005	
BORDER PLC	09/05/2005	
BRMB LIMITED	09/05/2005	
CAPITAL CHARITIES (TRADING) LIMITED	09/05/2005	
CAPITAL DISNEY (WEST MIDLANDS) LIMITED	09/05/2005	
CAPITAL GOLD BIRMINGHAM LIMITED	09/05/2005	
CAPITAL GOLD HAMPSHIRE LIMITED	09/05/2005	
CAPITAL GOLD KENT LIMITED	09/05/2005	
CAPITAL GOLD SUSSEX LIMITED	09/05/2005	
CAPITAL INTERACTIVE LIMITED	09/05/2005	
CAPITAL ONLINE LIMITED	09/05/2005	
CAPITAL RADIO (LONDON) LIMITED	09/05/2005	
CAPITAL RADIO DIGITAL LIMITED	09/05/2005	
CAPITAL RADIO INVESTMENTS LIMITED	09/05/2005	*
CAPITAL RADIO MANAGEMENT LIMITED	09/05/2005	
CAPITAL RADIO RESTAURANTS GROUP LIMITED	09/05/2005	
CAPITAL RADIO RESTAURANTS LIMITED	09/05/2005	
CAPITAL RADIO TRUSTEE LIMITED	09/05/2005	
CAPITAL TELEVISION LIMITED	09/05/2005	
CARDIFF BROADCASTING COMPANY LIMITED	09/05/2005	
CENTURY RADIO 105 LIMITED	09/05/2005	
CENTURY RADIO LIMITED	09/05/2005	
CHEERDALE LIMITED	09/05/2005	
CHOICE FM LONDON LIMITED	09/05/2005	
CHOICE FM NORTH LONDON LIMITED	09/05/2005	
EXPRESSWAY LIMITED	09/05/2005	
FIRST OXFORDSHIRE RADIO COMPANY LIMITED	09/05/2005	
GCAP MEDIA PLC	09/05/2005	
GLASGOW GOLD LIMITED	09/05/2005	
GWR GROUP PLC		
HARLOW FM LIMITED		
HEALTHBUILD LIMITED	09/05/2005	
INVESTORS IN RADIO LIMITED	09/05/2005	
INVICTA CONCERTS & PROMOTIONS LIMITED	09/05/2005	
JAMS OF LONDON LIMITED	09/05/2005	
MIDLANDS RADIO PLC	09/05/2005	
MWAH MWAH LIMITED	09/05/2005	
MY KINDA BATH LIMITED	09/05/2005	<u></u>
MY KINDA BONES LIMITED	09/05/2005	
MY KINDA SHACKS LIMITED	09/05/2005	
MY KINDA SQUARE LIMITED	09/05/2005	
NEAL STREET BLUES LIMITED	09/05/2005	
OCEAN FM LIMITED	09/05/2005	
POWER FM LIMITED	09/05/2005	
RADIO INVICTA LIMITED	09/05/2005	
RADIO SOUTH LIMITED	09/05/2005	
RIB SHACK LIMITED	09/05/2005	
SOUL MEDIA LIMITED	09/05/2005	
SOUTHERN RADIO GROUP LIMITED	09/05/2005	
SOUTHERN RADIO LIMITED	09/05/2005	
T S HOLDINGS LIMITED	09/05/2005	
TAINSIDE LIMITED	09/05/2005	

Wendy PALLOT

Directorships Report

Current Directorships	Appointed	Resigned
THAMESQUOTE LIMITED	09/05/2005	
THE CHICAGO RIB SHACK LIMITED	09/05/2005	
THE OCEAN RADIO GROUP LIMITED	09/05/2005	
WORLD TELEVISION PRODUCTIONS LIMITED	09/05/2005	
Xfm LIMITED	09/05/2005	
Past Directorships	Appointed	
RADIO INVESTMENTS LIMITED		Resigned