



109091/30

Companies House

— for the record —

Company Name

BHM HEALTH GROUP LIMITED

363s Annual Return

Company Type

Private Company Limited By
Shares

Company Number

2902632

Information extracted from
Companies House records on
11th February 2006

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Section 1: Company details



Ref: 2902632/03/10

Current details

Amended details

- > Registered Office
Address
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

33 George Street
Wakefield
West Yorkshire WF1 1LX

Address

UK Postcode _ _ _ _ _

- > Register of Members
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Address where the Register is held

At Registered Office

Address

UK Postcode _ _ _ _ _

- > Register of Debenture
Holders
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

Not Applicable

Address

UK Postcode _ _ _ _ _

- > Principal Business
Activities
If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.

SIC Code Description

1589 Mfr of other food
 products

SIC CODE Description

- > Please enter additional
principal activity code(s) in
"Amended details" column.
See notes for guidance for
list of activity codes.

Section 2: Details of Officers of the Company

	Current details	Amended details
> Company Secretary <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Company Secretary must be notified on form 288a.</i>	Name Bridgette RYAN Address Carr House Farm North Frodingham Driffield East Yorkshire YO25 8LR	Name <hr/> <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Bridgette RYAN ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288a.</i>	Name Arnold Heyworth BECKETT Address 20 Braybrooke Gardens London SE19 2UN Date of birth 12/02/1920 Nationality British Occupation Pharmaceutical Consultant	Name <hr/> <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Arnold Heyworth BECKETT ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

Amended details

> Director

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director
must be notified on form
288a.

Name _____

Janis Richardson FLETCHER OBE

Address

**Cragg Hall
Holly Hill
Huby
North Yorkshire
LS17 0HG**

Date of birth 11/05/1954

Nationality British

Occupation Director

Name _____

☐ Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.

Address

UK Postcode _ _ _ _ _ _ _

Date of birth - - / - - / - - - -

Nationality _____

Occupation _____

Date of change _ _ / _ _ / _ _ _ _

Date Janis Richardson FLETCHER OBE
ceased to be director (if applicable)

_____ / _____ / _____

> Director

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director
must be notified on form
288a.

Name

Steven Paul RYAN

Address

**Carr House Farm
North Frodingham
Driffield
East Yorkshire
YO25 8LR**

Date of birth 27/03/1958

Nationality British

Occupation Consultant

Name

☐ Tick this box if this address is a service
☐ address for the beneficiary of a
 Confidentiality Order granted under section 723B
 of the Companies Act 1985.

Address

UK Postcode _____

Date of birth _ _ / _ _ / _ _ _ _

Nationality _____

Occupation _____

Date of change / /

Date Steven Paul RYAN ceased to be director (if applicable)

— — / — — / — — — —

	Current details	Amended details
> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	Class of share Ordinary Nominal value of each share £1.00 Number of shares issued 180,068 Aggregate Nominal Value of issued shares £180,068.00	Class of share Nominal value of each share Number of shares issued Aggregate Nominal Value of issued shares
> Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Total number of shares issued 180,068 Total Nominal value of shares issued £180,068.00	Total number of shares issued Total Nominal value of shares issued
> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.		

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
> Shareholder Name Ms Janis Richardson FLETCHER		Name _____		Shares transferred by Ms Janis Richardson FLETCHER		
		Address _____				
Address Cragg Hall Holly Hill Huby North Yorkshire LS17 0HG		UK Postcode _____				
Shares held Class Number Ordinary 90034		Shares held Class Number _____ _____				
		_____		Class Number Date of transfer _____ _____ ____/____/____ _____ _____ ____/____/____		
> Shareholder Name Mr Steven Paul RYAN		Name _____		Shares transferred by Mr Steven Paul RYAN		
		Address CARR HOUSE FARM NORTH FRODINGHAM DRIFFIELD, EAST YORKSHIRE				
Address West End Cottage, West End Kitham Driffield East Yorkshire YO25 0RR		UK Postcode Y O 2 5 8 L R				
Shares held Class Number Ordinary 90034		Shares held Class Number _____ _____				
		_____		Class Number Date of transfer _____ _____ ____/____/____ _____ _____ ____/____/____		

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £30.

Signature

(Director / Secretary)

Date

15 / 02 / 2006

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

- ☒ This AR is made up to 25/2/2006
- If you are making this return up to an earlier date, please give the date here

— / — / —

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **25th February 2007** please give the new date here:

— / — / —

4. Where to send this form

- ☒ Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name

SUSAN MARSDEN

Telephone number inc code

01924 376045

Address

JOLIFFE CORK LLP
33 GEORGE STREET
WAKEFIELD

DX number if applicable

DX exchange

Postcode

WF1 1LX