



225

Please complete in typescript,
or in bold black capitals

Change of accounting reference date

Company Number

2896421

Company Name In Full

NATURES WAY FOODS LIMITED



F 2 2 5 0 0 1 0

NOTES

You may use this form to change the accounting date relating to either the current or the immediately previous accounting period.

a. You **may not** change a period for which the accounts are already overdue.

b. You **may not** extend a period beyond 18 months unless the company is subject to an administration order.

c. You **may not** extend periods more than once in five years unless:

1. the company is subject to an administration order, or

2. you have the specific approval of the Secretary of State, (please enclose a copy), or

3. you are extending the company's accounting reference period to align with that of a parent or subsidiary undertaking established in the European Economic Area.

4. the form is being submitted by an overseas company.

Day Month Year

The accounting reference period ending

3 0 0 9 9 7

Day Month Year

is shortened/extended† so as to end on

3 1 0 3 9 7

Subsequent periods will end on the same day and month in future years.

If extending more than once in five years, please indicate in the box the number of the provision listed in note c. on which you are relying.

Signed

Date

17 3 97

† Please delete as appropriate

† a director / ~~secretary~~ / administrator / administrative receiver / receiver and manager / receiver (Scotland) / person authorised on behalf of an overseas company

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query

SIMON FLUDE, NATURES WAY FOODS LIMITED

POCK FARM, CHICHESTER ROAD, Selsey, PO20 9HP

Tel 01243 603111

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

