



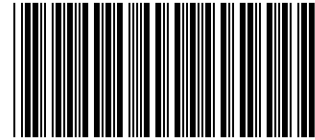
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Companies House
— for the record —

Annual Return

Company Name: NATURES WAY FOODS LIMITED

Company Number: 02896421



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Company Details

Period Ending: 09/02/2007

Company Type: PRIVATE COMPANY LIMITED BY SHARES

Principal Business Activities:

SIC Codes
1533

Registered Office:
Address:

Register of
Members Address:

Register of Debenture
Holders Address:

PARK FARM
CHICHESTER ROAD
SELSEY
WEST SUSSEX
PO20 9HP

At Registered Office

Not Applicable

Details of Officers of the Company

Company Secretary:

Name: DAVID WINSTON LANGMEAD

Address: HAM FARM
MAIN ROAD BOSHAM
CHICHESTER PO18 8EH

Director 1:

Name: SUSAN VERITY BARRATT
Date of Birth: 10/02/1965
Nationality: BRITISH
Occupation: ACCOUNTANT

Address: 105 WHYKE LANE
CHICHESTER PO19 8AU

Director 2:

Name:	PETER COOK	Address:	2 MARCH SQUARE
Date of Birth:	20/10/1955		CHICHESTER
Nationality:	BRITISH		WEST SUSSEX PO19 5AN
Occupation:	DIRECTOR		

Director 3:

Name:	DAVID WINSTON LANGMEAD	Address:	HAM FARM MAIN ROAD BOSHAM CHICHESTER PO18 8EH
Date of Birth:	06/12/1962		
Nationality:	BRITISH		
Occupation:	FARMER MARKET GARDENER		

Director 4:

Name:	ROBERT ANTHONY LANGMEAD	Address:	PARK FARM CHICHESTER ROAD SELSEY PO20 9HP
Date of Birth:	10/07/1968		
Nationality:	BRITISH		
Occupation:	PROPERTY MANAGER		

Director 5:

Name:	CLARE ROBERTS	Address:	179 MIDDLETON ROAD MIDDLETON ON SEA WEST SUSSEX PO22 6DF
Date of Birth:	21/07/1966		
Nationality:	BRITISH		
Occupation:	DIRECTOR		

Director 6:

Name:	THOMAS JAMES TRUSCOTT	Address:	MARSH FARM HOUSE MARSH LANE RUNCTON CHICHESTER WEST SUSSEX PO20 1LQ
Date of Birth:	19/10/1968		
Nationality:	BRITISH		
Occupation:	DIRECTOR		

Director 7:

Name:	BRIAN MAURICE WEBB	Address:	BOSUN'S COTTAGE, MARINE MEWS THE STREET ITCHENOR CHICHESTER WEST SUSSEX UK PO20 7AH
Date of Birth:	05/06/1961		
Nationality:	BRITISH		
Occupation:	DIRECTOR		

Share Capital

Issued Share Capital Details:

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
ORDINARY	15000000	GBP150000
TOTALS	15000000	GBP150000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 09/02/2007, or that had ceased to be shareholders since the made up date of the previous Annual Return.

Shareholding 1:

7500000 ORDINARY Shares held as at 09/02/2007

Name: **DAVID WINSTON LANGMEAD**

Address: **HAM FARM
MAIN ROAD BOSHAM
CHICHESTER PO18 8EH**

Shareholding 2:

7500000 ORDINARY Shares held as at 09/02/2007

Name: **ROBERT ANTHONY LANGMEAD**

Address: **PARK FARM
CHICHESTER ROAD SELSEY
WEST SUSSEX PO20 9HP**

Authorisation

Authoriser Designation: **DIRECTOR** *Date Authorised:* **12/02/2007** *Authenticated:* **Yes (E/W)**