



Companies House

- for the record -

# 288a

Please complete in typescript,  
or in bold black capitals

CHFP000

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

2883419

Company Name in full

REGAIN - THE TRUST FOR  
SPORTS PARAPLEGICS

Date of  
appointment

Day Month Year  
04 09 2008

†Date of  
Birth

Day Month Year  
16 09 1969

Appointment  
form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes

NAME

\*Style / Title

Mr

\*Honours etc

Notes on completion  
appear on reverse

Forename(s)

DOMINIC JOHN

Surname

COLEMAN

Previous  
Forename(s)

Previous  
Surname(s)

†† Tick this box if the  
address shown is a  
service address for  
the beneficiary of a  
Confidentiality Order  
granted under the  
provisions of section  
723B of the  
Companies Act 1985

†† Usual residential  
address

29 CHAUNCEY CLOSE

Post town

EDMONTON

Postcode

NA 9SE

County / Region

LONDON

Country

UK

†Nationality

BRITISH

†Business occupation

GRAPHIC DESIGNER

†Other directorships  
(additional space overleaf)

Consent signature

I consent to act as \*\* director / secretary of the above named company

Date

07-10-08

\* Voluntary details

† Directors only

\*\*Delete as appropriate

A director, secretary etc must sign the form below

Signed

Date

8/10/08

(\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact  
information in the box opposite but if  
you do, it will help Companies House  
to contact you if there is a query on  
the form. The contact information that  
you give will be visible to searchers of  
the public record

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

for companies registered in Scotland

or LP - 4 Edinburgh 2



A58

\*A24DJ3U9\*

10/10/2008

COMPANIES HOUSE

71

FRIDAY

**Company Number**

† Directors only

† Other directorships


**NOTES**

Show the full forenames NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

**Other directorships**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director was

- dormant
- a parent company which wholly owned the company making the return or
- another wholly owned subsidiary of the same parent company