

ABLEBODIED LIMITED

**Company Registration Number:
02832857 (England and Wales)**

Unaudited abridged accounts for the year ended 31 July 2018

Period of accounts

Start date: 01 August 2017

End date: 31 July 2018

ABLEBODIED LIMITED

Contents of the Financial Statements for the Period Ended 31 July 2018

Balance sheet

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ABLEBODIED LIMITED

Balance sheet

As at 31 July 2018

	<i>Notes</i>	2018	2017
		£	£
Fixed assets			
Tangible assets:	2	862,907	777,105
Total fixed assets:		862,907	777,105
Current assets			
Stocks:		45,711	48,080
Debtors:		433,519	377,784
Cash at bank and in hand:		29,926	
Total current assets:		509,156	425,864
Creditors: amounts falling due within one year:		(544,660)	(486,070)
Net current assets (liabilities):		(35,504)	(60,206)
Total assets less current liabilities:		827,403	716,899
Creditors: amounts falling due after more than one year:		(92,496)	(109,932)
Total net assets (liabilities):		734,907	606,967
Capital and reserves			
Called up share capital:		2	2
Revaluation reserve:	3	115,000	115,000
Profit and loss account:		619,905	491,965
Shareholders funds:		734,907	606,967

The notes form part of these financial statements

ABLEBODIED LIMITED

Balance sheet statements

For the year ending 31 July 2018 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen to not file a copy of the company's profit & loss account.

**This report was approved by the board of directors on 20 March 2019
and signed on behalf of the board by:**

Name: C M Connelly
Status: Director

The notes form part of these financial statements

ABLEBODIED LIMITED

Notes to the Financial Statements

for the Period Ended 31 July 2018

1. Accounting policies

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

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Notes to the Financial Statements for the Period Ended 31 July 2018

2. Tangible Assets

	Total
Cost	£
At 01 August 2017	1,033,581
Additions	125,477
At 31 July 2018	<u>1,159,058</u>
Depreciation	
At 01 August 2017	256,476
Charge for year	39,675
At 31 July 2018	<u>296,151</u>
Net book value	
At 31 July 2018	<u>862,907</u>
At 31 July 2017	<u>777,105</u>

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Notes to the Financial Statements for the Period Ended 31 July 2018

3. Revaluation reserve

	<i>2018</i>
	<i>£</i>
Balance at 01 August 2017	115,000
Surplus or deficit after revaluation	0
Balance at 31 July 2018	<u>115,000</u>

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