

ABLEBODIED LIMITED

**Company Registration Number:
02832857 (England and Wales)**

Unaudited abridged accounts for the year ended 31 July 2017

Period of accounts

Start date: 01 August 2016

End date: 31 July 2017

ABLEBODIED LIMITED

Contents of the Financial Statements **for the Period Ended 31 July 2017**

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ABLEBODIED LIMITED

Balance sheet

As at 31 July 2017

	<i>Notes</i>	2017	2016
		£	£
Fixed assets			
Tangible assets:	2	777,105	687,249
Total fixed assets:		<u>777,105</u>	<u>687,249</u>
Current assets			
Stocks:		48,080	48,080
Debtors:		377,784	343,164
Total current assets:		<u>425,864</u>	<u>391,244</u>
Creditors: amounts falling due within one year:		(486,070)	(485,217)
Net current assets (liabilities):		<u>(60,206)</u>	<u>(93,973)</u>
Total assets less current liabilities:		716,899	593,276
Creditors: amounts falling due after more than one year:	3	(109,932)	(63,060)
Total net assets (liabilities):		<u>606,967</u>	<u>530,216</u>
Capital and reserves			
Called up share capital:		2	2
Revaluation reserve:	4	115,000	115,000
Profit and loss account:		491,965	415,214
Shareholders funds:		<u>606,967</u>	<u>530,216</u>

The notes form part of these financial statements

ABLEBODIED LIMITED

Balance sheet statements

For the year ending 31 July 2017 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen to not file a copy of the company's profit & loss account.

**This report was approved by the board of directors on 20 March 2018
and signed on behalf of the board by:**

Name: C M Connelly
Status: Director

The notes form part of these financial statements

ABLEBODIED LIMITED

Notes to the Financial Statements

for the Period Ended 31 July 2017

1. Accounting policies

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

ABLEBODIED LIMITED

Notes to the Financial Statements for the Period Ended 31 July 2017

2. Tangible Assets

	Total
Cost	£
At 01 August 2016	968,241
Additions	168,885
Disposals	(103,545)
At 31 July 2017	<u>1,033,581</u>
Depreciation	
At 01 August 2016	280,992
Charge for year	46,845
On disposals	(71,361)
At 31 July 2017	<u>256,476</u>
Net book value	
At 31 July 2017	<u>777,105</u>
At 31 July 2016	<u>687,249</u>

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Notes to the Financial Statements

for the Period Ended 31 July 2017

3. Creditors: amounts falling due after more than one year note

Mortgage £78,789 Hire Purchase £31,143

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Notes to the Financial Statements for the Period Ended 31 July 2017

4. Revaluation reserve

	<i>2017</i>
	<i>£</i>
Balance at 01 August 2016	115,000
Surplus or deficit after revaluation	0
Balance at 31 July 2017	<u>115,000</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.