

ABLEBODIED LIMITED

**Company Registration Number:
02832857 (England and Wales)**

Unaudited abridged accounts for the year ended 31 July 2020

Period of accounts

Start date: 01 August 2019

End date: 31 July 2020

ABLEBODIED LIMITED

Contents of the Financial Statements for the Period Ended 31 July 2020

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ABLEBODIED LIMITED

Balance sheet

As at 31 July 2020

	<i>Notes</i>	2020	2019
		£	£
Fixed assets			
Tangible assets:	3	972,054	912,444
Total fixed assets:		<u>972,054</u>	<u>912,444</u>
Current assets			
Stocks:		65,233	48,020
Debtors:		431,399	477,049
Cash at bank and in hand:		21,875	19,862
Total current assets:		<u>518,507</u>	<u>544,931</u>
Creditors: amounts falling due within one year:		(451,850)	(533,832)
Net current assets (liabilities):		<u>66,657</u>	<u>11,099</u>
Total assets less current liabilities:		1,038,711	923,543
Creditors: amounts falling due after more than one year:	4	(115,849)	(81,740)
Total net assets (liabilities):		<u>922,862</u>	<u>841,803</u>
Capital and reserves			
Called up share capital:		2	2
Revaluation reserve:	5	115,000	115,000
Profit and loss account:		807,860	726,801
Shareholders funds:		<u>922,862</u>	<u>841,803</u>

The notes form part of these financial statements

ABLEBODIED LIMITED

Balance sheet statements

For the year ending 31 July 2020 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen to not file a copy of the company's profit & loss account.

**This report was approved by the board of directors on 18 February 2021
and signed on behalf of the board by:**

Name: C M Connelly
Status: Director

The notes form part of these financial statements

ABLEBODIED LIMITED

Notes to the Financial Statements

for the Period Ended 31 July 2020

1. Accounting policies

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

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Notes to the Financial Statements for the Period Ended 31 July 2020

2. Employees

	<i>2020</i>	<i>2019</i>
Average number of employees during the period	18	20

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Notes to the Financial Statements for the Period Ended 31 July 2020

3. Tangible Assets

	Total
Cost	£
At 01 August 2019	1,233,804
Additions	126,152
Disposals	(28,500)
At 31 July 2020	<u>1,331,456</u>
Depreciation	
At 01 August 2019	321,360
Charge for year	59,417
On disposals	(21,375)
At 31 July 2020	<u>359,402</u>
Net book value	
At 31 July 2020	<u>972,054</u>
At 31 July 2019	<u>912,444</u>

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Notes to the Financial Statements

for the Period Ended 31 July 2020

4. Creditors: amounts falling due after more than one year note

Mortgage 54,131 Hire Purchase 61,718

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Notes to the Financial Statements for the Period Ended 31 July 2020

5. Revaluation reserve

	<i>2020</i>
	<i>£</i>
Balance at 01 August 2019	115,000
Surplus or deficit after revaluation	0
Balance at 31 July 2020	<u>115,000</u>

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