

**Registered Number 02832857**

**ABLEBODIED LIMITED**

**Abbreviated Accounts**

**31 July 2016**

## Abbreviated Balance Sheet as at 31 July 2016

	Notes	2016	2015
		£	£
<b>Fixed assets</b>			
Tangible assets	2	687,249	647,464
		<u>687,249</u>	<u>647,464</u>
<b>Current assets</b>			
Stocks		48,080	47,540
Debtors		343,164	316,530
Investments		-	8,763
		<u>391,244</u>	<u>372,833</u>
<b>Creditors: amounts falling due within one year</b>		(485,217)	(452,017)
<b>Net current assets (liabilities)</b>		<u>(93,973)</u>	<u>(79,184)</u>
<b>Total assets less current liabilities</b>		<u>593,276</u>	<u>568,280</u>
<b>Creditors: amounts falling due after more than one year</b>		(63,060)	(75,098)
<b>Total net assets (liabilities)</b>		<u>530,216</u>	<u>493,182</u>
<b>Capital and reserves</b>			
Called up share capital		2	2
Revaluation reserve		115,000	115,000
Profit and loss account		415,214	378,180
<b>Shareholders' funds</b>		<u>530,216</u>	<u>493,182</u>

- For the year ending 31 July 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 20 March 2017

And signed on their behalf by:

**C M Connelly, Director**

**Notes to the Abbreviated Accounts for the period ended 31 July 2016****1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**2 Tangible fixed assets**

	£
<b>Cost</b>	
At 1 August 2015	878,877
Additions	89,364
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2016	<u>968,241</u>
<b>Depreciation</b>	
At 1 August 2015	231,413
Charge for the year	49,579
On disposals	-
At 31 July 2016	<u>280,992</u>
<b>Net book values</b>	
At 31 July 2016	<u>687,249</u>
At 31 July 2015	<u>647,464</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.