

288a

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Please complete in typescript, or  
in bold black capitals.

CHWP007

# APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

2832857

Company Name in full

ABLEBODIED LIMITED

Date of  
appointment

Day	Month	Year
2	0	0
9	2	0
0	0	1

†Date of  
Birth

Day	Month	Year

## Appointment form

Notes on completion  
appear on reverse.

NAME \*Style / Title

as secretary

X

Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes.

\*Honours etc

Forename(s)

CLARE

Surname

CONNELLY

Previous  
Forename(s)Previous  
Surname(s)Usual residential  
address~~68 Park Street~~ UNIT 1 LUPTON ROAD.

Post town

Thame

Postcode

OX9 3EF 3SE

County / Region

Country

† Nationality

† Business occupation

† Other directorships  
(additional space overleaf)

Consent signature

I consent to act as \*\* ~~director~~ secretary of the above named company

C M Connelly

Date

12/9/02

A director, secretary etc must sign the form below.

Signed

Date

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of the  
person Companies House should  
contact if there is any query.



A17  
COMPANIES HOUSE

0830  
29/10/02

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ for  
companies registered in England and Wales

DX 33050 Cardiff

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland

DX 235 Edinburgh

**Company Number**

2832 857 .

† Directors only.

† Other directorships

**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.