



BLUEPRINT
Company Secretary

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363a

Annual Return

Company Number 2804493

Company Name in full Fulford Grange Medical Centre Limited



* F 3 6 3 A C 5 0 *

Date of this return (See note 1)

The information in this return is made up to

Day Month Year

29 03 98

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day Month Year

29 03 99

Registered Office (See note 3)

Show here the address at the date of this return.

Any change of
registered office
must be notified
on form 287.

Post town

County / Region

Postcode

Bridge House

Outwood Lane

Horsforth

Leeds

LS18 4UP

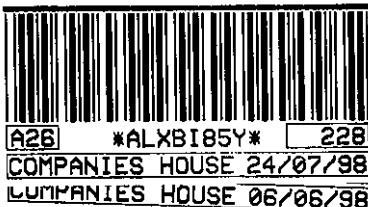
Principal business activities

(See note 4)

Show trade classification code number(s) for the principal activity or activities.

8511

If the code number cannot be determined, give a brief description of principal activity.



A26 *ALXB185Y* 228
COMPANIES HOUSE 24/07/98
COMPANIES HOUSE 06/06/98

When you have completed and signed the form please send it to
Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**

Register of members (See note 5)

If the register of members is not kept at the registered office, state here where it is kept.

Post town

County / Region

Postcode

Register of Debenture holders

(See note 6)

If the register of members is not kept at the registered office, state here where it is kept.

Post town

County / Region

Postcode

Company type (See note 7)

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please mark the appropriate box

Company Secretary (See notes 1-5)

(Please photocopy this area to provide details of joint secretaries).

Name

* Style / Title

Forename(s)

Surname

* Voluntary details.

Previous forename(s)

Previous surname(s)

Address

Usual residential

address must be given. In the case of a corporation, give the registered or principal office address.

Post town

County / Region

Country

Details of a new company secretary must be notified on form 288a

* Honours etc

David Richard

Morris

Adel Manor Cottage

Long Causeway

Leeds

West Yorkshire

Postcode LS16 8EX

England

Directors (See notes 1-5)

Please list directors in alphabetical order.

Details of a new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year
	* Honours etc				Date of birth	23	03
	Forename(s)	Ian					
	Surname	Fozard					
	Previous forename(s)						
	Previous surname(s)						
Address	The Old Brewhouse						
	8A Waterside						
	Post town	Knaresborough					
	County / Region	North Yorkshire	Postcode	HG5 9AZ			
	Country	England	Nationality	British			
	Business occupation	Director					
	Other directorships	(See continuation sheet).					

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year
		* Honours etc				Date of birth	29	05
		Forename(s)	E ML Alan					
		Surname	Millard					
		Previous forename(s)						
		Previous surname(s)						
	Address	Chatsworth Broomcroft						
		Poolside Madeley						
	Post town	Crewe						
	County / Region		Postcode	CS3 9DX				
	Country	England	Nationality	British				
	Business occupation	Operations Director						
	Other directorships	None						

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Issued share capital (See notes 9)

Enter details of all the shares in issue at the date of this return.

Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share)
'A' Ordinary Shares	150,050	£150,050.000
'B' Ordinary Shares	150,050	£150,050.000
Totals	300,100	£300,100.000

List of past and present members

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

(see note 10)

There were no changes in the period

☐

on paper in another format

A list of changes is enclosed

☐
☐

A full list of members is enclosed

☒
☐
Elective resolutions

(Private companies only)

(see note 11)

If at the date of this return an election is in force to dispense with annual general meetings, mark this box

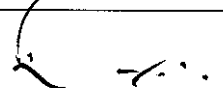
☐

If at the date of this return an election is in force to dispense with laying accounts in general meetings, mark this box

☐
Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed



Date

23/4/98.

† Please delete as appropriate.

† a director / ~~secretary~~

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to **Companies House.**

This return includes

10

continuation sheets.

(enter number)

Please give the name, address, telephone number, and if available, a DX number and Exchange, for the person Companies House should contact if there is any query.

J P Sanders
Legal Department
BUPA
BUPA House
15-19 Bloomsbury Way
London WC1A 2BA
Tel No 0171 656 2302

Directors (Continued)

Please list directors in alphabetical order.

Details of a new directors must be notified on form 288a.

Name	* Style / Title				Day	Month	Year
	* Honours etc		Date of birth	22	03	48	
Forename(s)	Christopher John						
Surname	Sandham						
Previous forename(s)							
Previous surname(s)							
Address	The Old Rectory						
	Church Road						
	Ickford						
Post town	Aylesbury						
County / Region	Buckinghamshire	Postcode	HP18 9HZ				
Country	England	Nationality	British				
Business occupation	Company Director						
Other directorships	(See continuation sheet).						

* Voluntary details.

Directors	Name	* Style / Title				Day	Month	Year
		* Honours etc		Date of birth	08	05	50	
	Forename(s)	Graham						
	Surname	Smith						
	Previous forename(s)							
	Previous surname(s)							
	Address	Briarfield						
		Moor Lane						
Post town	Bunley In Wharfedale							
County / Region	West Yorkshire	Postcode	LS29 7AF					
Country		Nationality	British					
Business occupation	Director							
Other directorships	(See continuation sheet).							

Company Number 2804493

Company Name in full Fulford Grange Medical Centre Limited

Current directorships for Ian Fozard

Anzac Nursing Service Limited

Anzlond Employment Business Ltd.

Anzlond Nursing Services & Co. Ltd.

Barbara Anne Keene Limited

BUPA Care Services Limited

BUPA Medical Supplies Limited

Caldaire Independent Hospital Ltd.

Community Care (Cleveland) Limited

Crown Nursing Agency Limited

FGPH Limited

Goldsborough Community Care Services Limited

Goldsborough Developments Limited

Goldsborough East Surrey Limited

Goldsborough Estates Limited

Goldsborough Homecare & Nursing Services Limited

Goldsborough Limited

Goldsborough Property Ltd

Goldsborough Property Services Ltd

Helping Hands Care Limited

Heronacre Limited

Mariamark Limited

Montpellier Health Care Limited

Morriscrest Limited

Oakcrest Nursing Home (Harrogate) Limited

Oakcrest Nursing Home (Huddersfield) Ltd

Oakcrest Nursing Home Ilkley Limited

Company Number 2804493

Company Name in full Fulford Grange Medical Centre Limited

Palladius Limited

Professional Healthcare Services Limited

Professional Locum Services Limited

Professional Management Services Limited

Regency (Macclesfield) Limited

Regency Nannies Limited

Select Care Homes (Marketing) Limited

Select Care Homes Limited

Selectoption Limited

Silstock Limited

The Regency Hospital Limited

The Yale Hospital Limited

Thorncrest Limited

Timer Estates Limited

Trendclose Limited

Tunbridge Wells Independent Hospital Limited

Vellum Medical Management Services Limited

Current directorships for Christopher John Sandham

Care Continuums Limited

Community Addiction Services Limited

Employee Management Services Limited

Priory Healthcare Europe Limited

Priory Healthcare Limited

Priory Healthcare Services Limited

Priory Hospitals Limited

Sturt House Clinic Limited

Company Number 2804493

Company Name in full Fulford Grange Medical Centre Limited

The Nottingham Clinic Limited

Current directorships for Graham Smith

Alphen Ltd

Architectural Project Design Limited

Barbara Anne Keene Limited

Bell Healthcare Ltd

BUPA Care Services Limited

BUPA Medical Supplies Limited

BUPA Nursing Homes Limited

BUPA Nursing Homes Properties Limited

Caldaire Independent Hospital Ltd.

Care First At Home Ltd

Care First Bedfordshire Ltd

Care First Care Homes Ltd

Care First Employment Services Ltd

Care First Group plc

Care First Health Care Ltd

Care First Partnerships Ltd

Cavendish Hyde Limited

Community Care (Cleveland) Limited

Court Cavendish (Beckton) Ltd

Court Cavendish Capital Ltd

Court Cavendish Care Homes Ltd

Court Cavendish Group plc

Court Cavendish Limited

Court Cavendish Properties Limited

Company Number 2804493

Company Name in full Fulford Grange Medical Centre Limited

Crown Nursing Agency Limited

FGPH Limited

First Care Ltd

Flexible Care Services Limited

Gable House Retirement Homes Limited

Gable Retirement Homes Ltd

Gainsborough Homes Limited

Goldsborough Community Care Services Limited

Goldsborough Developments Limited

Goldsborough East Surrey Limited

Goldsborough Estates Limited

Goldsborough Homecare & Nursing Services Limited

Goldsborough Limited

Goldsborough Property Ltd

Goldsborough Property Services Ltd

Greenacre Group plc

Greenacre Residential Retirement Homes Ltd

Greenacre UK Limited

Helping Hands Care Limited

Mariamark Limited

Medication Management Services Ltd

Montpellier Health Care Limited

Morriscrest Limited

Nomad (UK) Ltd

Oakcrest Nursing Home (Harrogate) Limited

Oakcrest Nursing Home (Huddersfield) Ltd

Oakcrest Nursing Home Ilkley Limited

Company Number 2804493

Company Name in full Fulford Grange Medical Centre Limited

Palladius Limited

Pharmaceutical Care Services Limited

Pharmplan Ltd

Professional Healthcare Services Limited

Professional Locum Services Limited

Professional Management Services Limited

Regency (Macclesfield) Limited

Regency Nannies Limited

Select Care Homes (Marketing) Limited

Select Care Homes Limited

Selectoption Limited

Silstock Limited

Southampton Homebrews Ltd

Surgichem Ltd

Takare Developments Ltd

Takare Homes Ltd

Takare Special Projects Limited

TC Group Ltd

The Helping Hands (UK) Limited

The Regency Hospital Limited

The Yale Hospital Limited

Thorncrest Limited

Timer Estates Limited

Tunbridge Wells Independent Hospital Limited

Tyro Ltd

CHRISTOPHER JOHN SANDHAM: CURRENT DIRECTORSHIPS

Priory Healthcare Limited
Priory Hospitals Limited
Priory Healthcare Services Limited
The Nottingham Clinic Limited
Sturt House Clinic Limited
Priory Healthcare Europe Limited
Care Continuums Limited
Community Addiction Services Limited
Employee Management Services Limited

CHRISTOPHER J SANDHAM - PAST DIRECTORSHIP DETAILS

Company Name	Date of Appointment	Date of Cessation
A Toursier & Company Limited	30 Sep 1993	25 Oct 1996
A Fielding and Burchell Limited	30 Sep 1993	25 Oct 1996
Andrew Laing & Company Limited	30 Sep 1993	25 Oct 1996
Arthur Cooper (Wine Merchant) Limited	30 Sep 1993	25 Oct 1996
Aybrook Management Services Limited	30 Sep 1993	25 Oct 1996
B B Mason and Company Limited	30 Sep 1993	25 Oct 1996
Barbeques Galore (UK) Limited	30 Sep 1993	25 Oct 1996
Bilbainas (London) Limited	30 Sep 1993	25 Oct 1996
Bodegas Lagunilla Limited	30 Sep 1993	25 Oct 1996
Brighton and Hove Wine Company Limited	30 Sep 1993	25 Oct 1996
Brown, Gore and Welch Limited	30 Sep 1993	25 Oct 1996
Buckhurst & Co	30 Sep 1993	25 Oct 1996
Buxton, Norton & Langridge Limited	30 Sep 1993	25 Oct 1996
Carignac Limited	30 Sep 1993	25 Oct 1996
Cellarers (Wines) Limited	30 Sep 1993	25 Oct 1996
Charles Kinloch & Co Limited	30 Sep 1993	25 Oct 1996
Clode Baker & Wyld Limited	30 Sep 1993	25 Oct 1996
Croft & Company Limited	30 Sep 1993	25 Oct 1996
D Cameron & Company Limited	30 Sep 1993	25 Oct 1996
Delaforce Sons & Company (London) Limited	30 Sep 1993	25 Oct 1996
Dexters Isotonics Limited	30 Sep 1993	25 Oct 1996
Dolman & Welch Limited	30 Sep 1993	25 Oct 1996
Dominics (Horsham) Limited	30 Sep 1993	25 Oct 1996
Dry Cane (UK) Limited	30 Sep 1993	09 Oct 1995
G W Archer & Company Limited	30 Sep 1993	25 Oct 1996
Gilbey Vintners Limited	30 Sep 1993	25 Oct 1996
Gilbeys Limited	30 Sep 1993	25 Oct 1996
Gilbeys Wine & Spirit Merchants Limited	30 Sep 1993	25 Oct 1996
Glen Spey Limited	30 Sep 1993	25 Oct 1996
Glenguid Limited	30 Sep 1993	25 Oct 1996
Heublein Europe Limited	30 Sep 1993	25 Oct 1996
Hooper Brothers (Win Shippers) Limited	30 Sep 1993	25 Oct 1996
IDV (Reserve 22) Limited	30 Sep 1993	25 Oct 1996
IDV (Reserve 23) Limited	30 Sep 1993	25 Oct 1996
IDV Central Asia Limited	30 Sep 1993	25 Jan 1994
IDV Services Limited	30 Sep 1993	25 Oct 1996
IDV UK Sales Limited	30 Sep 1993	25 Oct 1996
International Distillers & Vintners Export Limited	30 Sep 1993	25 Oct 1996
International Distillers and Vintners Limited	02 Jul 1990	25 Oct 1996
J & B Scotland Limited	30 Sep 1993	25 Oct 1996

John B Wilson & Sons Limited	30 Sep 1993	25 Oct 1996
John Dowland Limited	30 Sep 1993	25 Oct 1996
Julian and Trower Limited	30 Sep 1993	25 Oct 1996
Justerini & Brooks (UK) Limited	30 Sep 1993	25 Oct 1996
Justerini & Brooks Limited	01 Jan 1996	25 Oct 1996
Leverett & Frye Limited	30 Sep 1993	25 Oct 1996
Melrose-Drover Limited	30 Sep 1993	25 Oct 1996
Meridian Scotch Whiskey Company Limited	30 Sep 1993	25 Oct 1996
Montagne Marketing Limited	30 Sep 1993	25 Oct 1996
Morgan Brothers (London) Limited	30 Sep 1993	25 Oct 1996
Morgan Furze Limited	30 Sep 1993	25 Oct 1996
Morgan Furze of Brick Street Limited	30 Sep 1993	25 Oct 1996
Norton & Langridge Limited	30 Sep 1993	25 Oct 1996
Osborne & Son Limited	30 Sep 1993	25 Oct 1996
Oxford Estates Limited	30 Sep 1993	25 Oct 1996
Percy Fox & Co Limited	30 Sep 1993	25 Oct 1996
Precis (1111) Limited	30 Sep 1993	25 Oct 1996
R Rowson & Sons Limited	30 Sep 1993	25 Oct 1996
Roberts & Cooper Limited	30 Sep 1993	25 Oct 1996
Roberts & Son (Caterers) Limited	30 Sep 1993	25 Oct 1996
Roberts & Son (Worthing) Limited	30 Sep 1993	25 Oct 1996
Roberts (Hotels) Limited	30 Sep 1993	25 Oct 1996
Rosenhof Limited	30 Sep 1993	25 Oct 1996
Ruchill & Ross Limited	30 Sep 1993	25 Oct 1996
S B Metaxas Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed (Ships Stores) Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed International Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed Northern Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed Scotland Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed Services Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed West Indies Limited	30 Sep 1993	25 Oct 1996
Saccone & Speed Wholesale Limited	30 Sep 1993	25 Oct 1996
Schering Plough Corporation USA	01 Mar 1982	30 Nov 1983
Seven Palms Company Limited	30 Sep 1993	25 Oct 1996
Steidl Limited	30 Sep 1993	25 Oct 1996
Strathleven Bonded Warehouses Limited	30 Sep 1993	25 Oct 1996
Strathspey Highland Malt Whiskey Company Ltd	30 Sep 1993	25 Oct 1996
Taipan Trading Company Limited	30 Sep 1993	25 Oct 1996
The Blossom Hill Company Limited	30 Sep 1993	25 Oct 1996
The Bombay Spirits Company Limited	30 Sep 1993	25 Oct 1996
The Chelsea Gin Company Limited	30 Sep 1993	25 Oct 1996
The Vox Wine Company Limited	30 Sep 1993	25 Oct 1996
The Wine Traders Consortium Limited	30 Sep 1993	25 Oct 1996
Twelve Islands Shipping Company Limited	30 Sep 1993	25 Oct 1996
Twiss & Brownings & Hallows (Export) Limited	30 Sep 1993	25 Oct 1996

United Vintners Limited	30 Sep 1993	25 Oct 1996
Vale & Amery Limited	30 Sep 1993	25 Oct 1996
Vinicola Ribalonga Limited	30 Sep 1993	25 Oct 1996
W & A Gilbey Limited	30 Sep 1993	25 Oct 1996
W A Ross & Brother Limited	30 Sep 1993	25 Oct 1996
Weissengraf Limited	30 Sep 1993	25 Oct 1996
William Hucks and Company Limited	30 Sep 1993	25 Oct 1996
William Stubbs and Company Limited	30 Sep 1993	25 Oct 1996
Wilsons of Bromsgrove Limited	30 Sep 1993	25 Oct 1996
Wine Mine Club Limited	30 Sep 1993	25 Oct 1996
Wine Selection International Limited	30 Sep 1993	25 Oct 1996
Wines of Greece Limited	30 Sep 1993	25 Oct 1996
Woodford & Co	30 Sep 1993	25 Oct 1996
Wyvern International Limited	30 Sep 1993	25 Oct 1996

**List of past and present members
Schedule to form 363a and 363b**

Company Number 2804493

Company Name in full Fulford Grange Medical Centre Limited

Number of shares
or amount of
stock held by
existing members
at date of this
return.

Particulars of shares or stock transferred since
the date of the last return (or in the case of the
first return, since the incorporation of the
company) by

- (a) persons who are still members, and
(b) persons who have ceased to be members.

Name and address	Number or amount currently held	Number or amount Transferred	Date of registration of transfer	Remarks
Goldsborough Limited				
Bridge House, Outwood Lane, Horsforth, Leeds, LS18 4UP, England				
'A' Ordinary Shares	150,050			
Nottcor 6 Limited				
Broadwater Park, Denham, Uxbridge, Middlesex, UB9 5HP, England				
'B' Ordinary Shares	150,050			