



Please complete in typescript,
or in bold black capitals.

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

02798607

Company Name in full

NHP PLC

Date of
appointment

Day Month Year
3 0 0 1 2 0 0 3

Date of
Birth

Day Month Year
1 3 0 8 1 9 5 6

Appointment form

Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

Notes on completion
appear on reverse.

NAME

*Style / Title

MR

*Honours etc

Forename(s)

JOHN

Surname

MURPHY

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

21 MONTGREENAN VIEW

Post town

KILWINNIG

Postcode

KA13 7NL

County / Region

Country

SCOTLAND

†Nationality

BRITISH

†Business occupation

DIRECTOR

†Other directorships
(additional space overleaf)

PLEASE SEE ATTACHED LIST

Consent signature

I consent to act as ** director / ~~secretary~~ of the above named company

Date 12.02.2003

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date 12.02.2003

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of

MS. S. KAUL, NHP PLC
UPPER GROUND FLOOR, BLOCK A, DUKES COURT
DUKE STREET, LONDON, GU21 5BH

Tel 01483 754 760

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



A36 COMPANIES HOUSE 0550 25/02/03

A05 COMPANIES HOUSE 0001 13/02/03

Form revised July 1990

Company Number

02798607

† Directors only.

† Other directorships

ABBECY COURT CARE LIMITED

ATLAS HEALTHCARE LIMITED

THE FOCUS ASSESSMENT AND REHABILITATION SERVICE
LIMITED

CARLSE HOUSE LIMITED

PLEASE SEE ATTACHED LIST

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

NHP Plc - 02798607

John Murphy
21 Montgreenan View
Kilwinning
KA13 7NL

D.O.B. 13.08.1956

Other Directorships

<i>Company</i>	<i>Appointed</i>	<i>Resigned</i>
Abbeycourt Care Limited	31.12.1996	
Atlas Healthcare Limited	29.10.1999	
The Focus Assessment and Rehabilitation Service Limited	31.07.2001	
Calside House Limited	15.06.1992	04.02.2000
Avondale House Limited	15.06.1992	04.02.2000
Rossvie House Limited	15.06.1992	04.02.2000
Fastmanor Limited	15.06.1992	11.01.2000
Swanreach Limited	15.06.1992	18.01.2000
Calderheights Limited	15.06.1992	18.01.2000
Caledonian Nursing Homes Limited	15.06.1992	06.08.2000
Caledonian Nursing Homes (Holdings) Limited	15.06.1992	06.08.2002
Goalcharm Financial Services Limited	15.06.1992	25.01.2000
Carlinheights Limited	15.06.1992	25.01.2000
Leasesave Limited	28.02.1997	04.02.2000
Clevedon House Limited	15.06.1992	04.02.2000
Caldcare (Monteith) Limited	27.02.1998	16.12.1998
Argyll Care Limited	20.10.1992	03.11.2000
Eldar Home Care Limited	06.05.1998	03.11.2000
Tamaris (Scotland) Limited	21.05.1997	18.09.2002
Forebank Limited	18.08.1997	18.09.2002
Duncare Limited	18.08.1997	18.09.2002
Continental 89 Limited	29.10.1999	18.09.2002
Doulton Court Limited	12.11.1991	18.09.2002
Bearhill Limited	29.10.1999	18.09.2002
Berwick Waverley Limited	28.04.1997	18.09.2002
Continental 92 Limited	29.10.1999	18.09.2002
Chapelfield View Limited	29.10.1999	18.09.2002
Guthrie Court Limited	29.10.1999	18.09.2002
Laudcare Limited	18.09.1997	18.09.2002
Keslaw Limited	29.10.1999	18.09.2002
Lodge Care Services Limited	29.10.1999	18.09.2002
Tamaris (South-East) Limited	29.10.1999	18.09.2002
Tamcare Limited	29.10.1999	18.09.2002
Tameng Care Limited	29.10.1999	18.09.2002
Tamaris (Templemoyle) Limited	15.03.2000	18.09.2002

<i>Company</i>	<i>Appointed</i>	<i>Resigned</i>
Tamaris (England) Limited	29.10.1999	18.09.2002
Dounemead Limited	20.02.1998	18.09.2002
Tamhealth Limited	16.11.1998	18.09.2002
Tamaris Healthcare (England) Limited	29.10.1999	18.09.2002
Meadowvale Care Limited	09.12.1997	18.09.2002
Tamaris Care Properties Limited	29.10.1999	18.09.2002
Ringdane Limited	04.05.1999	18.09.2002
Tamaris (Ram) Limited	16.08.1999	18.09.2002
Tamscot Care Limited	26.05.1998	18.09.2002
The Belmont Nursing Home Limited	29.10.1999	18.09.2002
Maldcare Limited	29.10.1999	18.09.2002
Westview Lodge Limited	29.10.1999	18.09.2002