In accordance with Section 854 of the Companies Act 2006

AR01

Annual Return



Companies House

(For returns made up to a date on or after 1 October 2011)

A fee is payable with this form Please see 'How to pay' on the last page

You can use the WebFiling service to file this form online. Please go to www companieshouse gov uk

What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at

What this form is NOT for You cannot use this form to giv notice of changes to the compa officers, registered office address company type or information relating to the company records



22/11/2013

least once every year A35 COMPANIES HOUSE **Company details** Part 1 → Filling in this form The section must be completed by all companies Please complete in typescript or in bold black capitals All fields are mandatory unless specified or indicated by * **A1** Company details • Company name change Company number If your company has recently changed its name, please provide Company name in full HOLDINGS LIMITED the company name as at the date of this return A2 Return date Date of this return Please give the annual return made up date The return date must not be a future Your company's return date date The annual return must be delivered within 28 days of the date given below is usually the anniversary of incorporation or the anniversary If you would like the company's made up date to be earlier than 1 October 2011, of the last annual return filed at please complete the AR01 appropriate for earlier made up dates. Companies House You may choose an earlier return date but it must not Date of this return @ be a later date **A3** Principal business activity Please show the trade classification code number(s) for the principal O Principal business activity You must provide a trade activity or activities 9 classification code (SIC code 2007) or a description of your company's Classification code 1 main business in this section Classification code 2 A full list of the trade classification codes are available on our website Classification code 3 www.companieshouse.gov.uk Classification code 4 If you cannot determine a code, please give a brief description of your business activity below Principal activity HOLDING COMPANY - HEAD OFFICE description

AR01 Annual Return (For returns made up to a date on or after 1 October 2011) A4 Company type • Острану туре Please confirm your company type by ticking the appropriate box below (only If you are unsure of your company one box must be ticked) type, please check your latest Public limited company certificate of incorporation or our Private company limited by shares website www.companieshouse.gov.uk Private company limited by quarantee Private company limited by shares exempt under section 60 Private company limited by quarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital Registered office address • Α5 O Change of registered office **Building name/number** This must agree with the address Street that is held on the Companies House record at the date of this return If the registered office address has Post town MANCHESTER changed, you should complete form AD01 and submit it together with County/Region this annual return **Postcode** Single alternative inspection location (SAIL) of the A6 company records (if applicable) O SAIL address Building name/number This must agree with the address Street that is held on the Companies House record at the date of this return If the address has changed, you should complete form AD02 and Post town submit it together with this annual County/Region Postcode **A7** Location of company records 6 Please tick the appropriate box to indicate which records are kept at the SAIL Contact the second of the s If the company records are held at address in Section A6 the registered office address, do not Register of members tick any of the boxes in this section Register of directors Certain records must be kept by Directors' service contracts every company while other records are only kept by certain company Directors' indemnities types where appropriate Register of secretaries Records of resolutions etc If the records are not kept at the SAIL address, they must be available Contracts relating to purchase of own shares at the registered office. Documents relating to redemption or purchase of own share out of capital by private company If any of the company records have moved from the registered office Register of debenture holders

Report to members of outcome of investigation by public company into

Instruments creating charges and register of charges England and Wales

Register of interests in shares disclosed to public company

Instruments creating charges and register of charges Scotland

interests in its shares

or Northern Ireland

CHFP000 10/11 Version 5 0

to the address in Section A6 since

the last annual return, you must

complete form AD03 and submit it together with this annual return

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Part 2	Officers of the company						
	This section should include details of the company at the date to which this annual return is made up	Continuation pages Please use a continuation page if you need to enter more officer					
	 → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1 	details					
Secretary							
B1	Secretary's details •	,					
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	• Secretary appointments You may not use this form to appoint a secretary To do this,					
Title*	Μι.	please complete form APO3 and submit it together with this annual					
Full forename(s)	JEREMY NICHOLAS	return					
Surname	ROUCH	Corporate details Please use Section C1-C4 to enter					
Former name(s) 9		corporate secretary details.					
		Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03					
		Piease provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.					
B2	Secretary's service address Output Description:						
Building name/numbe	THE COMPANIES REGISTERED OFFICE	Service address If you have previously notified					
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The					
Post town		Company's Registered Office' in the address					
County/Region		This information will appear on the public record					
Postcode		public record					
Country							

Annual Return
(For returns made up to a date on or after 1 October 2011)

Corporate secretary

C1	Corporate secretary's details ⁰	
N/A Corporate body/firm	Please use this section to list all the corporate secretaries of the company	● Corporate secretary appointments You cannot use this form to appoint a corporate secretary To do this, please complete form AP04 and
name		submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only	
C3	EEA companies ®	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	© EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered ●		This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)
Registration number		Directive (00/151/22C/
C4	Non-EEA companies	• • •
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		
If applicable, the registration number		

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(For returns made up to a date on or after 1 October 2011)

Director

D1	Director's details [©]						
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments You cannot use this form to appoint a director To do this, please					
Title*		complete form APO1 and submit it together with this annual return					
Full forename(s)	HARVEY DERTENSHAW	Corporate details					
Surname	AINLEY	Please use Section E1-E4 to enter corporate director details.					
Former name(s)		Director details All details must agree with those previously notified to Companies					
Country/State of residence	ENGLAND	House If you have made changes since the last annual return and have not notified us, please					
Nationality	BRETISH	complete form CH01					
Date of birth	1211 1018 1119616	◆ Former name(s) Please provide any previous names					
Business occupation (if any)	DIRECTOR	which have been used for business purposes during the period of this return. Marined women do not need to give former names unless previously used for business purposes					
D2	Director's service address •						
Building name/number	STONEY (ROFT	Service address If you have previously notified					
Street	MATCHURCH HILL	Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the					
Post town	PANG BOUR NE	address.					
County/Region	BERKSHIRE	This information will appear on the public record					
Postcode	RGB 7NT						
Country	ENGLAND						

Annual Return (For returns made up to a date on or after 1 October 2011)

Director

D1	Director's details •	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments You cannot use this form to appoint a director To do this, please
Title*		complete form APO1 and submit it together with this annual return
Full forename(s)	PATRICIA GERALDINE	Corporate details
Surname	DUNION	Please use Section E1-E4 to enter corporate director details
Former name(s) ②		Director details All details must agree with those previously notified to Companies
Country/State of residence	ENGLAND	House If you have made changes since the last annual return and have not notified us, please
Nationality	DRITISH	complete form CH01
Date of birth	10 5 0 8 11 9 6 11	Former name(s)Please provide any previous names
Business occupation (if any)	DIRECTOR	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address •	
Building name/number		Service address If you have previously notified
Street	28 FRAMINGHAM ROAD	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town	SALE	Company's Registered Office' in the address
County/Region	CHESHIRE	This information will appear on the public record
Postcode	M33 35 H	F
Country	ENGLANO	

Annual Return (For returns made up to a date on or **after 1 October 2011**)

Corporate director

E1	Corporate director's details •						
N/A	Please use this section to list all the corporate director's of the company	Corporate director appointments You cannot use this form to appoint a corporate director To do this,					
Corporate body/firm name		please complete form APO2 and submit it together with this annual return					
Building name/number		Corporate director details All details must agree with those					
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete					
Post town		form CH02 This information will appear on the					
County/Region	<u> </u>	public record					
Postcode							
Country							
E2	Location of the registry of the corporate body or firm						
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only						
E3	EEA companies •						
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk					
Where the company/ firm is registered ●	This is the regis						
Registration number		Directive (68/151/EEC)					
E4	Non-EEA companies						
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	● Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in					
Legal form of the corporate body or firm		that register					
Governing law							
If applicable, where the company/firm is registered •							
If applicable, the registration number							

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Part 3	Statement of capital o							
	Does your compan → Yes Cor → No Go	This should reflect the company's capital status at the made up date of this annual return						
F1	Share capital i	n pound sterling	(£)					
Please complete the ta If all your issued capita			eld in pound sterling and then go to Section F4					
Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share ②	Amount (if any) unpaid on each share •	Number of shares		Aggregate nominal value 4		
OROJNA	R /	*1	Nil			£ 100		
						£		
						£		
						£		
			Totals	100-	_	£ 100 —		
F2	Share capital ii	n other currencie:	s					
Please complete the ta Please complete a sep			d in other currencies	,				
Currency				_				
Class of shares (E g Ordinary/Preference etc)		Amount paid up on each share •	Amount (if any) unpaid on each share	Number of shares €		Aggregate nominal value 9		
				1				
		<u> </u>	Total	5	0	0		
Currency								
Class of shares (E.g. Ordinary/Preference etc.)		Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares		Aggregate nominal value 🗨		
			Total	s	0	0		
F3	Totals							
	Please give the to issued share capit	Total aggregate nominal value Please list total aggregate values in						
Total number of shares	different currencies separately For example £100 + €100 + \$10 etc.							
Total aggregate nominal value 9	≠ 10	00-						
 Including both the noming share premium Total number of issued states 	·	Number of shares issured nominal value of each	n share Ple	ntinuation Pag ease use a Staten ge if necessary		pital continuation		

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F4	Stateme	Statement of capital (Voting rights)						
	Please gr of share	ve the prescrib shown in the s	ped particulars of i tatement of capit	rights attach al share tab	ned to shares for e les in Sections F1	ach class and F2		
Class of share	<u> </u>	OR	DINARY					
Voting rights								
		ONE	VOTE	PER	SHARE			
Class of share								
Voting rights						· · · · · · · · · · · · · · · · · · ·		
Class of share								
Voting rights								
Class of share								
Voting rights								

AR01 Annual Return (For returns made up to a date on or after 1 October 2011) Shareholders Part 4 Does your company have share capital? → Yes go to Section G1 'Companies with share capital' → No Go to Part 5 (Signature) G1 Companies with share capital Were any of the company's shares admitted to trading on a market at any **Question 1** A market is one established under time during this return period? Please tick the appropriate box below • the rules of a UK recognised investment exchange or any other No go to Section G2 'Past and present shareholders' regulated markets in or outside of Yes go to Question 2. the UK, or any other market outside of the UK. The current UK recognized **Ouestion 2** Please only refer to Question 2 below if you have answered 'Yes' to investment exchanges and regulated Question 1 If you answered 'No', please go to Section G2 'Past and present markets can be found at shareholders' www.fsa.gov.uk/register/exchanges.do ODTR5 refers to the Vote Holder and Did the company, throughout the return period, have any shares admitted to Issuer Notification Rules contained trading on a relevant market and was it, throughout the return period, an issuer in Chapter 5 of the Disclosure and to which DTR5 applies? Please tick the appropriate box below • Transparency Rules source book issued by the Financial Services Authority Notification is required go to Section G4 'Shareholders who hold at least 5% of any class when the percentage acquisition of of shares of the company as at the made up date of the return' a shareholder in the company has go to Part 5 'Signature' reached a certain threshold (starting at 3%) G2 List of past and present shareholders • The company is required to provide a full list of past and present shareholders This section only applies to if one was not included with either of the last two returns. Please tick the companies answering 'No' in appropriate box below Section G1 There were no shareholder changes in this period. Go to Part 5 (Signature) A full list of shareholders is enclosed A list of shareholder changes is enclosed How is the list of shareholders enclosed. Please tick the appropriate box below The list of shareholders is enclosed on paper Go to Section G3 'List of past and present shareholders' The list of shareholders is enclosed in another format. Go to Part 5 (Signature)

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(For returns made up to a date on or after 1 October 2011)

G3

List of past and present shareholders •

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

 Please fist the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

			İ	
		Shares or stock currently held	Shares or stock transferr	ed (if appropriate)
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
HEALTH AND SIREICAL HOLDING LAD.	OROGARY	100		28'5 10.
				1 1
				1 1
3				1 1
				1 1
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				1 1
				1 1
	<u> </u>			1 1
		Fundament		

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(For returns made up to a date on or after 1 October 2011)

G4

Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders
Please use a 'Shareholders who hold
at least 5% of any class of share(s)
of the company as at the made up
date of this return' continuation
page if necessary

Shares or stock currently held Number of shares or Class of share Shareholder's name Shareholder's address amount of stock

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(For returns made up to a date on or after 1 October 2011)

Signature Part 5 This must be completed by all companies **⊙** Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please I am signing this form on behalf of the company delete 'director' and insert details of which organ of the SE the person Signature Signature signing has membership. X X Person authorised Under either section 270 or 274 of the Companies Act 2006 This form may be signed by Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor

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Presenter information	Important information
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record	Please note that all information on this form will appear on the public record.
Visible to searchers of the public record	£ How to pay
Contact name Company name	A fee of £40 is payable to Companies House in respect of an Annual Return
	Make cheques or postal orders payable to 'Companies House'
Address	₩ Where to send
Post town	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below
County/Region Postcode Country	For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff
DX Yelephone	For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,
We may return forms completed incorrectly or with information missing Please make sure you have remembered the following That if the made up date of the return is any earlier	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post) For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1
than 1 October 2011, you must complete the appropriate form AR01 The company name and number match the information held on the public Register You have completed your principal business activity ou have not used this form to make changes to the registered office address. You have not used this form to make changes to secretary and director details You have fully completed the Statement of capital (if applicable)	Further information For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk This form is available in an alternative format. Please visit the
☐ You have signed the form ☐ You have enclosed the correct fee	forms page on the website at www.companieshouse.gov.uk